

TRUTH about Oct 7.,

Richard Sanders w/ Peter Osborne

<240403> YT



lovepeace

HUMAN RIGHTS WATCH

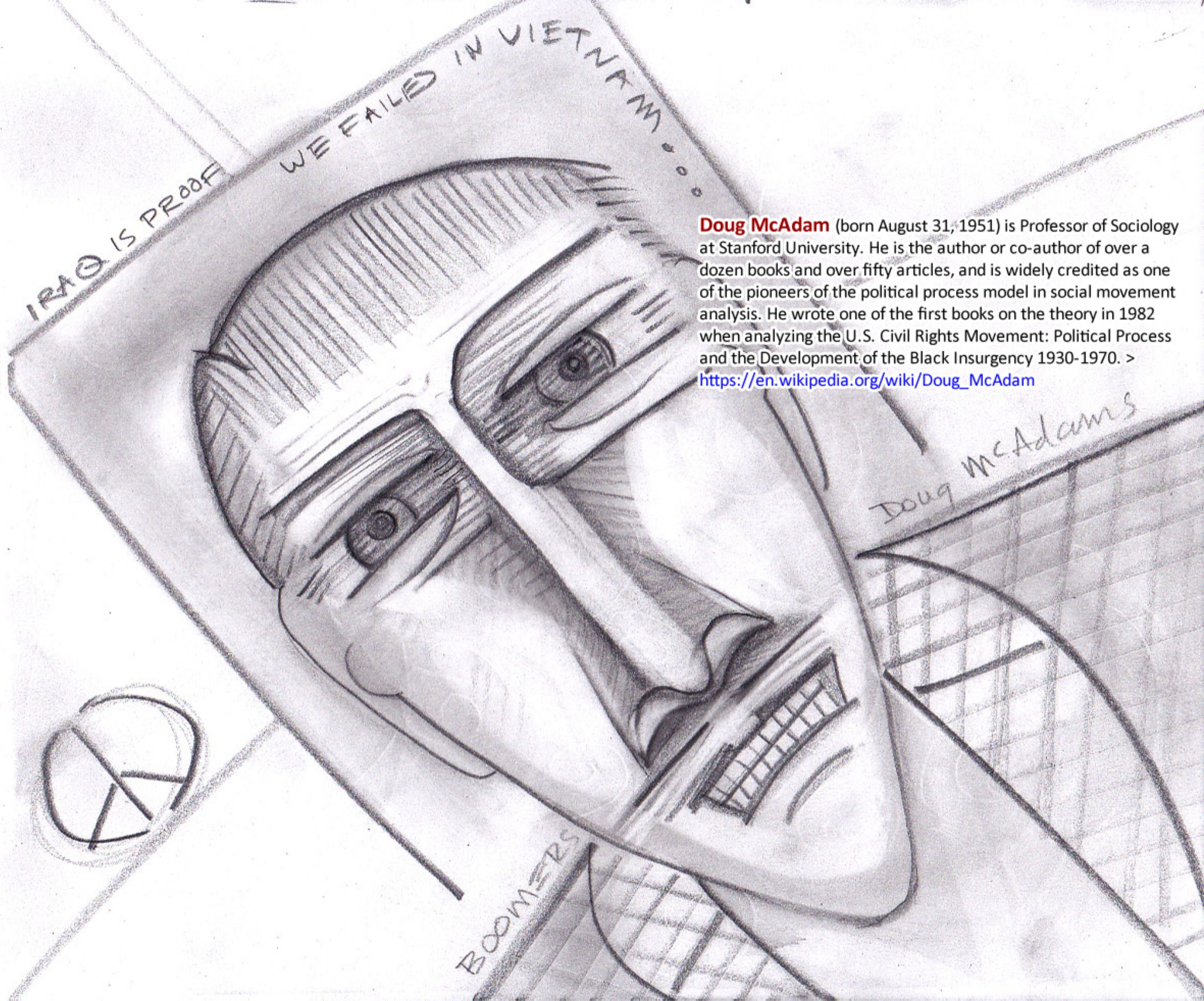


For the cause:

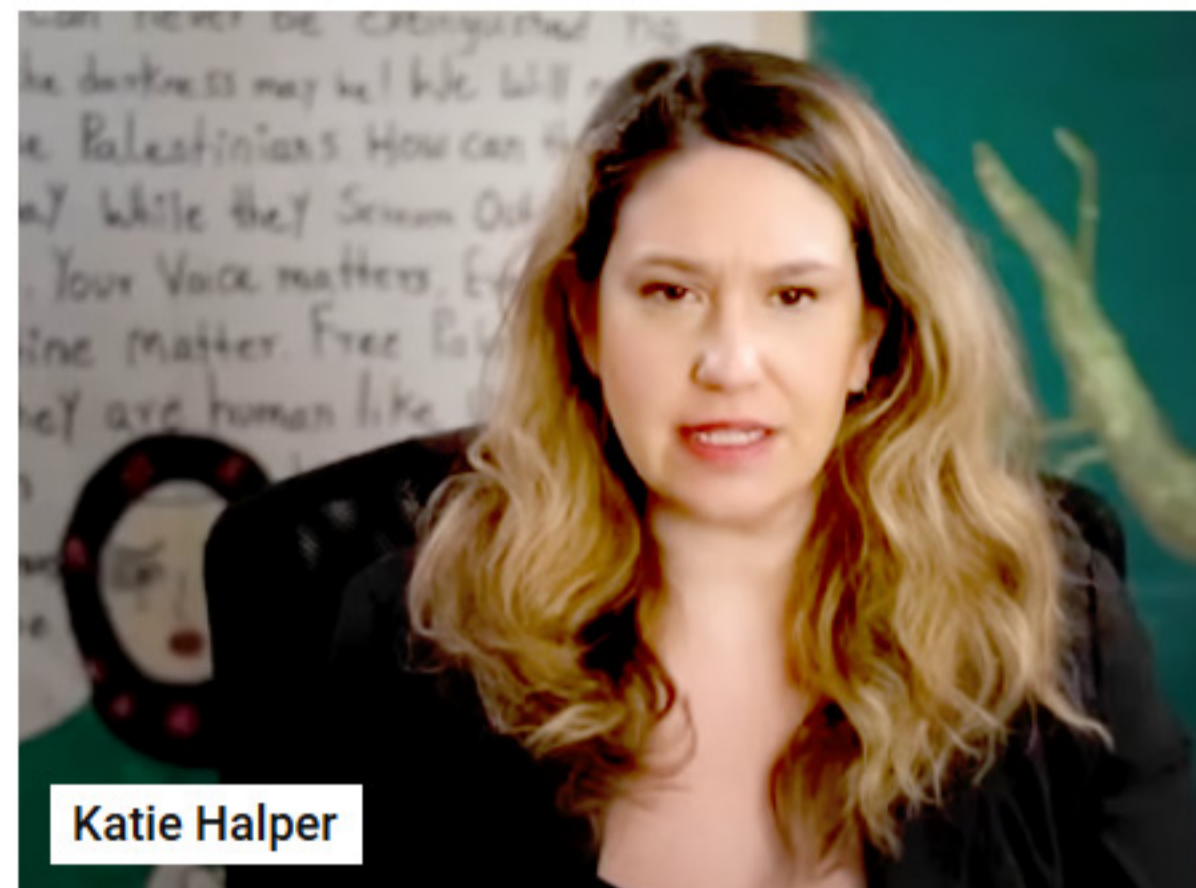
The harder thing is to live on, knowing the truth.
The softer thing is to die in the wilderness, unnoticed.
The unspeakable thing is to set yourself on fire, . . .
without leaving a note.

{The Algebra of Genocide > <https://chrishedges.substack.com/p/the-algebra-of-genocide> :: A talk at the benefit Iftar on April 6th to establish the Palestine Center for Public Policy. [Iftar is the fast-breaking evening meal of Muslims in Ramadan at the time of adhan (call to prayer) of the Maghrib prayer.]

The Self-Immolations of Climate Activists Exposes The Need For An American Reckoning > <https://weirdcatastrophe.substack.com/p/the-self-immolations-of-climate-activists> :: As our social contract lies in tatters, our community bonds are further rended, and ruling elites do nothing but hasten the ecological holocaust, acts of self-destruction are only going to increase.}



Doug McAdam (born August 31, 1951) is Professor of Sociology at Stanford University. He is the author or co-author of over a dozen books and over fifty articles, and is widely credited as one of the pioneers of the political process model in social movement analysis. He wrote one of the first books on the theory in 1982 when analyzing the U.S. Civil Rights Movement: *Political Process and the Development of the Black Insurgency 1930-1970*. > https://en.wikipedia.org/wiki/Doug_McAdam



Susan Sarandon: "The Zionist Narrative Is Being Challenged"

 **Katie Halper**
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101,152 views Apr 29, 2024
 Susan Sarandon finds hope in the protests movement of students at Columbia university, speaks to how the mainstream media uses clickbait to push an anti-Palestine agenda, and explains that her activism is not fearless.

Colombia made this mistake they just overreacted they could have just let it sit and it would have got much less PR and now they've got the teachers quitting they' I know that they have a niece at Barnard I know that the kids that came to do the tours because that's what's going on so all these kids that were accepted at Colombia refus to do the tours and they're sitting with with the protesters the kids that were hired to give the tours or refusing to give the tours you know it's gone all the way down and it's so inspiring and so hopeful you know I'm really excited for the potential of what's going on now it seems like what you've observed is very different from what some of the media reports have been can you talk about that disconnect between um what they're describing as kind of like scary hateful protests versus is what you're actually seeing and experiencing at these encampments well I think that the uh Pro Zionist narrative is being challenged in a very very serious way and so it's very important for the mouthpieces of power which are the CNN msnbc's New York Times to do as much as they can to sell a a narrative that is you know I was on uh when I went to Columbia they had my name when they were report on it they had my name and then something about threaten students with a chainsaw which then related to someone else in an article but made it seem if you're just looking at clickbait that somehow I was raging with chainsaw at Columbia now

that's a really extreme example but you have just the passive and uh and aggressive voices in The New York Times which lots of Studies have been done to show how many times the active voice was used to describe what was going on to Israelis and this uh you know this false narrative which about how uh Jewish kids on campus are being terrified because they see protests when you have uh students in Gaza or even students at Columbia who were sprayed and had to be hospitalized and and what's so horrifying about that is that the charge of anti-Semitism is real and it should be leveled in some cases and now it's just being thrown around so that it's it's losing its power which is very dangerous and I think the other thing that the the news has done is to constantly reinforce this idea that all zionists are Jewish that all Jewish are zionists right and uh it's been very important and very difficult to change that narrative I mean I needed to really get my head on straight and I was educated by all the Jewish protesters that are at these gatherings to make it very clear that every Jewish person no matter if they had relatives in the Holocaust whether or not they you know went through a Jewish upbringing does not identify does not claim to be a Zionist and in fact there's just as many if not more Christian zionists that is not a religious so that in itself has has been reinforced by the media uh constantly and and when you hear when the leak memos come out that the BBC and and all of these have said you know always say Hamas do not say Palestinian do never or do not say Gaza always say War do you know anything they can do to make it seem like it's a a a justifiable war with a huge Army that's in the same measure as the as the pal as the uh as the Zionist forces um and and this reiteration of the only democracy there in in the Middle East and all of these tropes that been

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CONTEMPLATE

POST-REAGAN
CAPITALIST CONTROL
BAIL OUT ECONOMIES

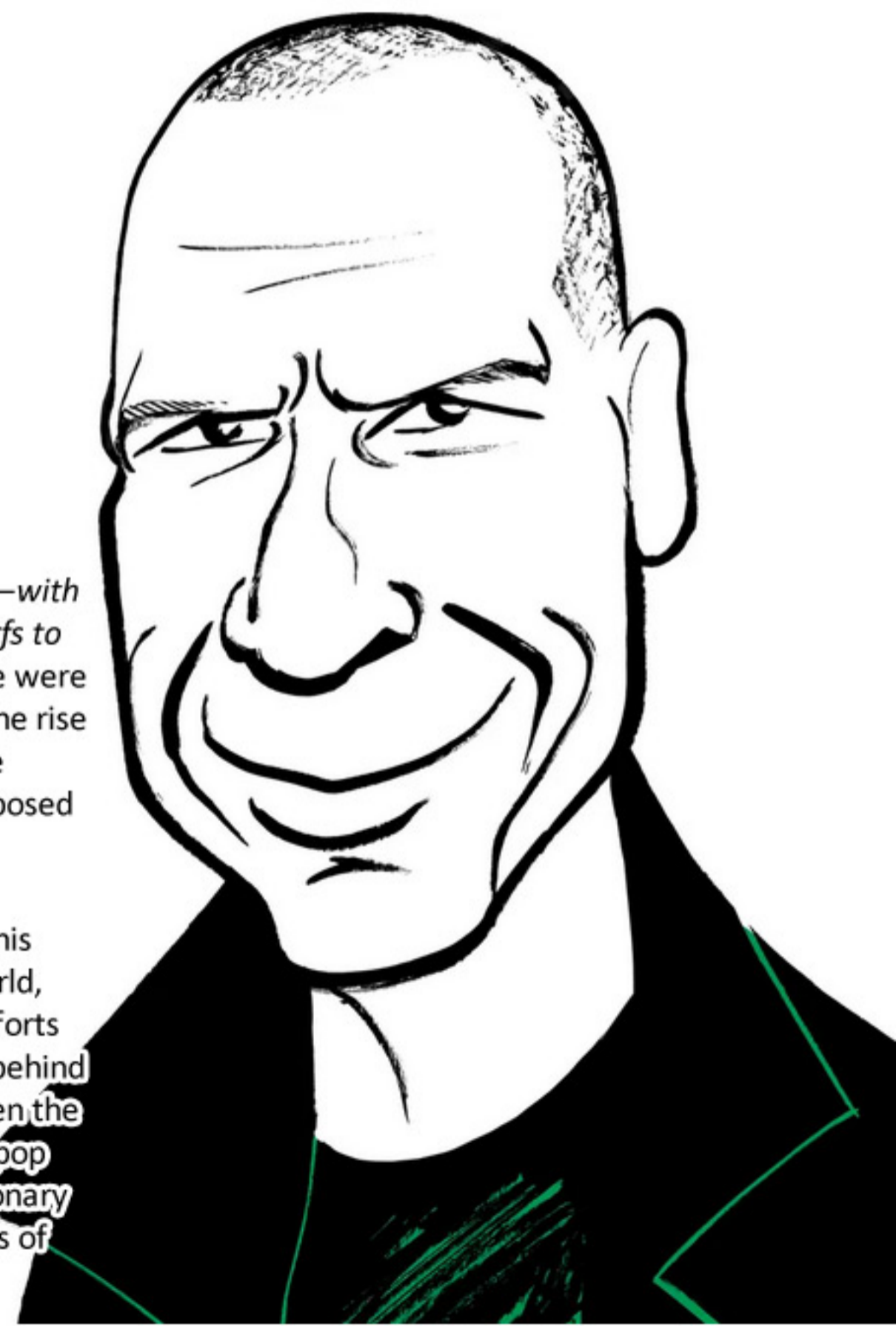
VISITING DIGNITARY

HAS CAPITALISM BEEN REPLACED BY “TECHNOFEUDALISM”?

The former Greek finance minister Yanis Varoufakis argues in his new book that Big Tech has turned us into digital serfs. One solution? A “Star Trek”-based economy.

By Sheelah Kolhatkar

March 25, 2024



IN FULL Yanis Varoufakis welcomes us to the age of Technofeudalism | Full interview

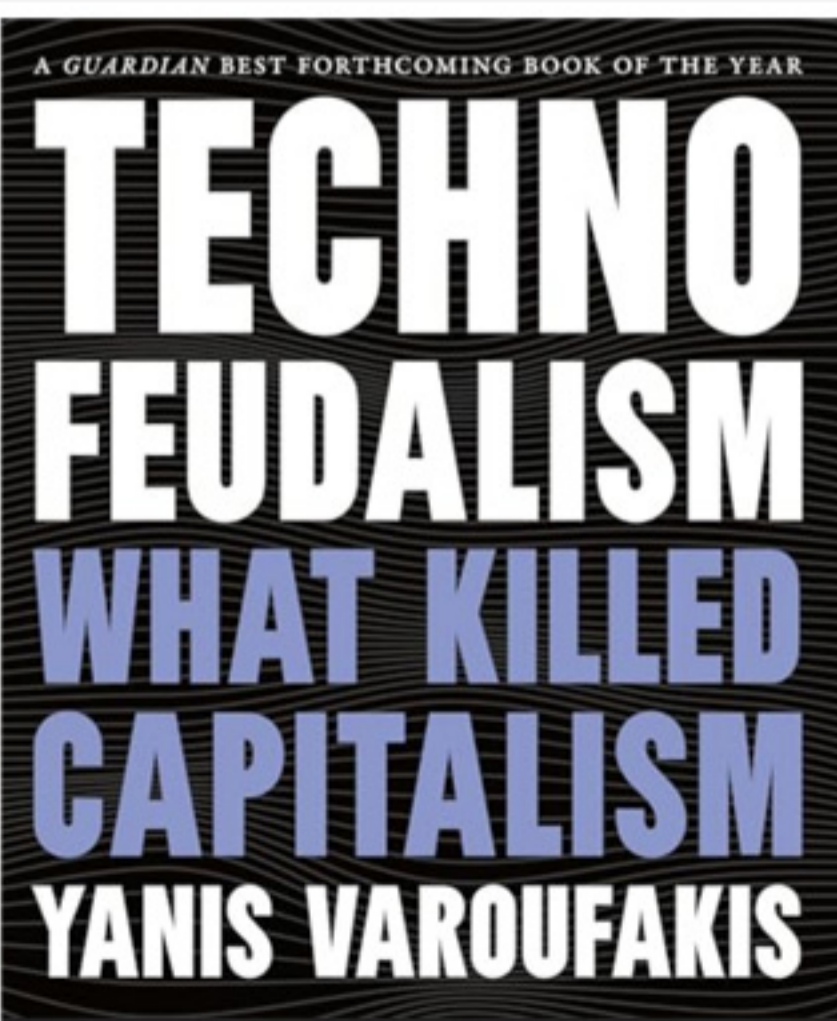


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74,948 views Mar 19, 2024 #capitalism #economics #yanisvaroufakis

Yanis Varoufakis outlines the features of the new economic phase we have entered.



Big tech has replaced capitalism's twin pillars—markets and profit—with its platforms and rents. With every click and scroll, we labor like serfs to increase its power. **Welcome to technofeudalism . . .** Perhaps we were too distracted by the pandemic, or the endless financial crises, or the rise of TikTok. But under cover of them all, a new and more exploitative system has been taking hold. Insane sums of money that were supposed to re-float our economies after the crash of 2008 went to big tech instead. With it they funded the construction of their private cloud fiefdoms and privatized the internet. **Technofeudalism** says Yanis Varoufakis, is the new power that is reshaping our lives and the world, and is the greatest current threat to the liberal individual, to our efforts to avert climate catastrophe—and to democracy itself. It also lies behind the new geopolitical tensions, especially the New Cold War between the United States and China. Drawing on stories from Greek myth and pop culture, from Homer to Mad Men, Varoufakis explains this revolutionary transformation: how it enslaves our minds, how it rewrites the rules of global power, and, ultimately, what it will take overthrow it.

WHY SO MANY YOUNG JEWS ARE TURNING ON ISRAEL

SIMONE ZIMMERMAN

240425 YJ



Campus protests over the Gaza war

New York police have cleared Hamilton Hall and the encampment at Columbia University

MAY 1, 2024 · 4:40 AM ET

By Ayana Archie



Using a tactical vehicle, New York City police enter an upper floor of Hamilton Hall on the Columbia University campus in New York, Tuesday, April 30, 2024, after the building was taken over by protesters earlier in the day.

Craig Ruttle/AP

New York police arrested dozens of people on two campuses Tuesday night after officers cleared out a Columbia University building occupied by protesters. At Columbia, New York police used a massive armored vehicle to push a bridge into a window of Hamilton Hall, the building demonstrators began occupying the previous night. Officers then streamed over the bridge into a window — quickly re-taking the building. Elsewhere in New York City, police made dozens of arrests at The City College of New York, less than a mile from Columbia. A large number of students were hauled away. Early Tuesday evening, a large crowd of demonstrators marched from Columbia University to The City College of New York, a school within the City University of New York system. CUNY public safety handled the initial response, arresting 25 individuals, it said.

The police action in New York came as the continuing student protests exposed the raw emotions across the country's campuses. In Los Angeles, local news outlets showed clashes between rival protests groups on the UCLA campus that began Tuesday night and spilled into early Wednesday morning. In a post on the social media platform X, formerly called Twitter, Los Angeles Mayor Karen Bass condemned the violence at UCLA. In Oregon, Portland State University closed its campus Tuesday after protesters took over a library building. At Brown University, however, students agreed to end their protest encampment. They took that step after the school said it would hold a vote later this year on possible divestment from Israel.

Columbia says occupation was led by people unaffiliated with university: Columbia officials, meanwhile, said the protesters' occupation of Hamilton Hall was led by outside agitators. Early Tuesday morning, protesters hid in Hamilton Hall until it closed and let other protesters in. There were two security guards present, who Columbia President Minouche Shafik said the school released from the building. "We believe that while the group who broke into the building includes students, it is led by individuals who are not affiliated with the University," she wrote in a letter requesting the New York Police Department's assistance. Protesters then chained the doors, used furniture as barricades and used rope to have people outside the building transfer supplies to them, tactics Rebecca Weiner, NYPD's deputy commissioner of intelligence and counterterrorism, said were taught to other participants. Some of the protesters have been on the New York Police Department's radar for years, Weiner said at a press conference Tuesday. "I've been saying for days, if not weeks now, that we should have been a peaceful protest," New York City Mayor Eric Adams said. "It has basically been co-opted by professional outside agitators. We were extremely cautious about releasing our intel/information because our goal was to ensure the safety of our students, the faculty, and without any destruction of property." Adams said he would not let the occupation turn into a "violent spectacle that serves no purpose," and urged parents to contact their children to get them to disperse. "Maybe some of the students involved don't understand what they are involved in," he said. "We urge those and everyone else violating Columbia's order to leave the area and leave the area now."

Those who entered Hamilton Hall will be charged with burglary in the third degree, criminal mischief and trespassing, while participants who were outside the building will be charged with trespassing and disorderly conduct, NYPD said. Police initially were present near the university, but did not yet intervene until Shafik's letter, and asked for them to stay until at least May 17. "The events on campus last night have left us no choice," Shafik said Tuesday. "With the support of the University's Trustees, I have determined that the building occupation, the encampments, and related disruptions pose a clear and present danger to persons, property, and the substantial functioning of the University and require the use of emergency authority to protect persons and property."

NYPD Commissioner Edward Caban said the department has been in contact with Columbia since protesters set up an encampment in support of Palestinians earlier this month. "The right to protest and speak your mind is critical to our democracy, and the NYPD's job is to protect that right, but we will never tolerate violence, property damage or disruption of emergency services," he said.

Campus protests over the Gaza war

Protestors double down at University of Texas-Austin. And so do police

APRIL 30, 2024 · 4:49 PM ET



Sergio Martínez-Beltrán

NPR's Juana Summers talks with Sergio Martínez-Beltrán, who is reporting from the University of Texas at Austin, where over 100 pro-Palestinian activists have been arrested.

JUANA SUMMERS, HOST: College students across the country continue to hold pro-Palestinian protests on their campuses. And some of their demonstrations, particularly those happening in private universities, have been met with heavy police presence. But in Texas, over 100 pro-Palestinian activists have been arrested at one of the state's largest public universities. NPR's Sergio Martinez-Beltran joins us from the campus of the University of Texas at Austin. Hi there.

SERGIO MARTINEZ-BELTRAN, BYLINE: Hi.

SUMMERS: Catch us up, if you can, on what's happening there at UT Austin. What have protesters there been demanding?

MARTINEZ-BELTRAN: So what's happening at the University of Texas at Austin is very, very similar to what's happening in campuses across the country. Pro-Palestinian activists, most of them students, have been demonstrating against the Israel-Hamas conflict. Students have been calling for their universities to divest from business manufacturing weapons for Israel. And in Austin, students started their protest on Wednesday. And yesterday things got really tense. A group of activists erected a few tents, and that led to mass arrests. Students tried to block the vans transporting the arrestees, and police responded by deploying some chemical sprays and even flash bangs. And let me tell you that didn't deter students. The crowd grew. And now it seems like the movement has transformed a bit. I talked to Laith (ph). He's graduating in a few weeks. He didn't want to give his last name out of fear of getting doxxed, but he says more people continue to show up because of the police response. LAITH: So now this protest is not just about Palestine. It's about the failure of the university to protect students.

MARTINEZ-BELTRAN: There have been some counter-protests by pro-Israel students, although they have been smaller. Ben Sherman, the president of Longhorn Students for Israel, has been leading them. BEN SHERMAN: They are proud of Israel, and they're proud of their people. So for us, how can we create a safe space for people to gather?

MARTINEZ-BELTRAN: But for a lot of folks on campus, life continues as usual. It's finals week, which means students are focused on the exams. I've also seen students taking their graduation photos just steps away from where people are protesting.

SUMMERS: And at this point, Sergio, what has been the response from university administration? As we've been discussing, this is a public university. So what about students' rights to protest there?

MARTINEZ-BELTRAN: Right. UT Austin has said they respect the students' right to protest and their First Amendment rights, but they have said they will not tolerate any disruption. The university has been passing around flyers to protesters that established the rules for them to protest. They say students can peacefully protest, but, again, they cannot make loud sounds that interfere with learning. That's how UT Austin puts it. Students who get arrested could be charged with disorderly conduct and criminal trespass, although it's important to note that all charges were dropped for those arrested last week. At some point, UT Austin said those arrested were going to be banned from campus. But then they changed their tune a few times, and now they say that students are not going to be restricted but that bans could happen after final exams are over. Some faculty members publicly disagree with the university using police. They say they're worried about the precedent they set for public universities across the country.

SUMMERS: OK. And what about Texas Governor Greg Abbott? Has he responded to these protests? MARTINEZ-BELTRAN: Yes, and he's been pushing for protesters to get arrested. Actually, last month, Abbott asked universities to review their free speech policies and adopt appropriate punishments for antisemitic speech and acts.

SUMMERS: You're there on campus. Is there a sense that these protests will continue? MARTINEZ-BELTRAN: Definitely. I mean, today there's an event called Palestine 101 on campus hosted by a group that has been suspended. And that's the thing, right? Students are energized. They have continued to show up despite the arrests and the response from the police. And that's what we continue to hear from students across the country. Even though it's the last few weeks of college, they're going to continue to protest. You can look at Columbia University - right? - in New York, where protesters were given a deadline yesterday to disperse, and they're still there.

Naomi Klein: Exodus from Zionism

Guar Khan: 24/04/24





Westways summer 2024



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Along for the ride in Bogotá's extraordinary Ciclovia

By Jim Benning

October 18, 2023



A sign redirects cars along the cycling route. Photo by Jim Benning

"Do you realize up to 2 million people are out on the streets, in a country like this that's famous for violence?" my lunch companion said with a wry grin a few days later. "It's amazing."

I'd sat down with Jaime Ortiz Mariño, the urban planner, architect, and Bogotá native credited with creating the city's first Ciclovia in December 1974. Although he'd long since turned over the event's operations to others, Ortiz Mariño remained in awe of its enduring success.

that you have no free will,

if you are ~~one~~ ~~of~~ ~~the~~ ~~lucky~~ ~~ones~~,
containing the ~~back~~
of the ~~lucky~~ ~~ones~~.

Robert Sapolsky
Determined!
240305 Y.T.

Third parties will affect the 2024 campaigns, but election laws written by Democrats and Republicans will prevent them from winning

Published: April 30, 2024 8:33am EDT

Barry C. Burden, *University of Wisconsin-Madison*

A theory outlined by French scholar and jurist Maurice Duverger says that **a system where a single person who gets the most votes wins office** – as is the case with most prominent elections in the U.S. – will tend to foster two big parties. The effect of what’s known as “**Duverger’s law**” often scares away minor-party supporters when the major-party race becomes competitive. Those minor-party supporters want to avoid spoiling the election by tilting it to the party they like least.



Independent presidential candidate Robert F. Kennedy Jr. speaks on March 30, 2024, in Los Angeles.

Michael Levum!
240417 4T
Rethinking Biology





MORNING EDITION

Florida's 6-week abortion ban is now in effect, curbing access across the South

WUSF NEWS



ELECTIONS

Judges block Louisiana's congressional map. A Supreme Court appeal is likely



ELECTIONS

NPR poll: Democrats fear fascism, and Republicans worry about a lack of values



Stefan Jeremiah/AP

EDUCATION

How some faculty members are defending student protesters, in actions and in words

The protests sweeping college campuses don't just involve students. Professors are increasingly pushing back against university administrations they see as infringing on students' free speech rights.

POLITICS

Trump may get another chance to be president. He's planning an aggressive second term

In a new interview with TIME Magazine, Trump promises to prosecute President Biden, unleash the National Guard on immigrants and says it's "irrelevant" if he's comfortable criminalizing abortions.



Wilfredo Lee/AP



Leo Correa/Pool/AFP via Getty Images

ELECTIONS

Republicans in Congress are trying to reshape election maps by excluding noncitizens

There's growing support from Republicans in Congress for excluding non-U.S. citizens from a special census count that the 14th Amendment says must include the "whole number of persons in each state."

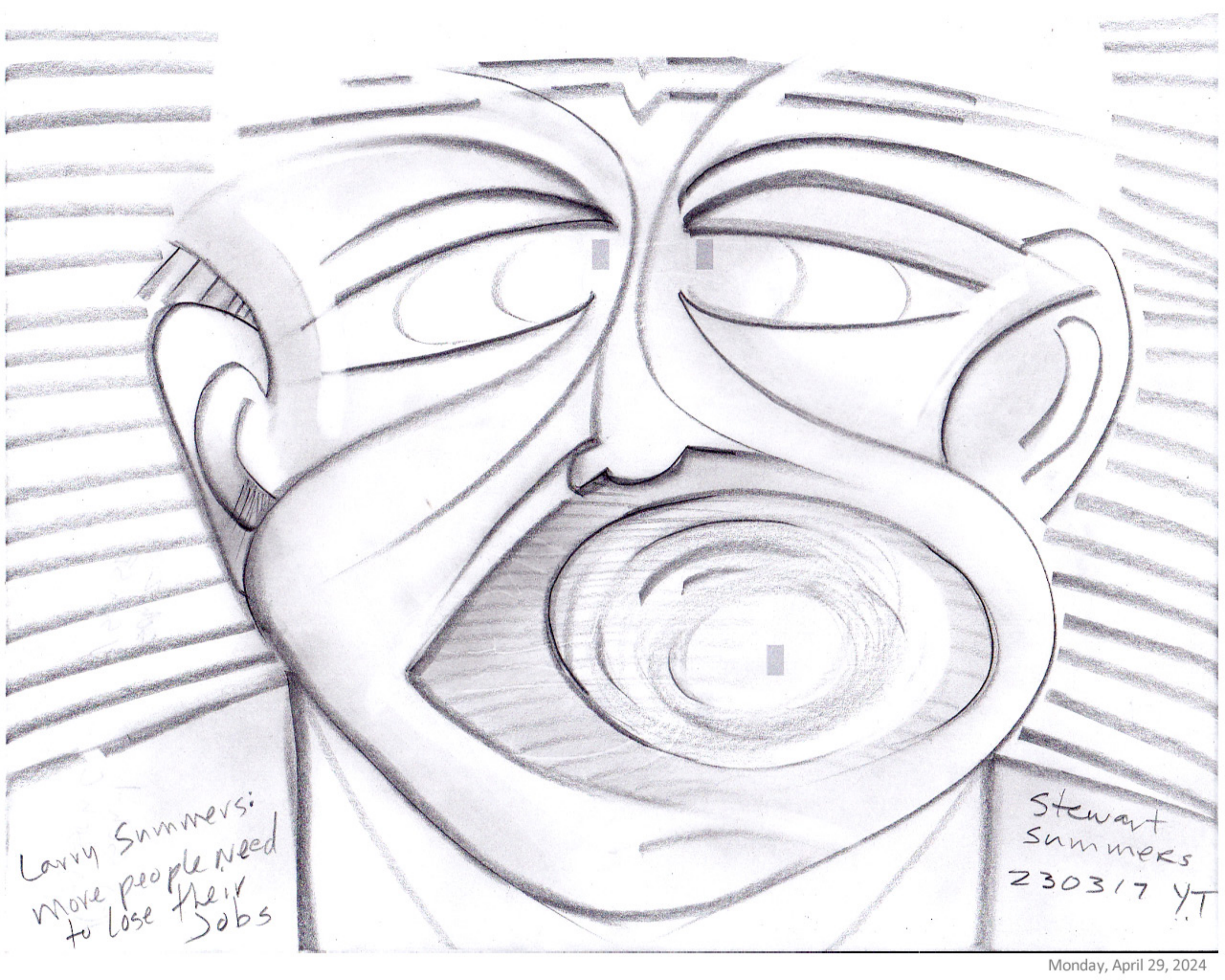


Mariam Zuhaib/AP

MIDDLE EAST

Israel will invade Gaza's Rafah 'with or without' a hostage deal, Netanyahu says

Prime Minister Benjamin Netanyahu made the vow Tuesday amid the negotiations mediated by Egypt that seek to reach a cease-fire deal that could see the release of some or all of the remaining hostages.



Larry Summers:
Move people need
to lose their
jobs

Stewart
Summers
230317 Y.T.

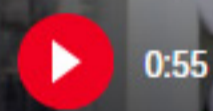


Workers and activists across Europe and Asia hold May Day rallies to call for greater labor rights

Workers, activists and others across Europe and Asia are marking May Day with rallies and marches to call for better working conditions and greater labor rights.



Marijuana to be reclassified in a historic shift, AP sources say

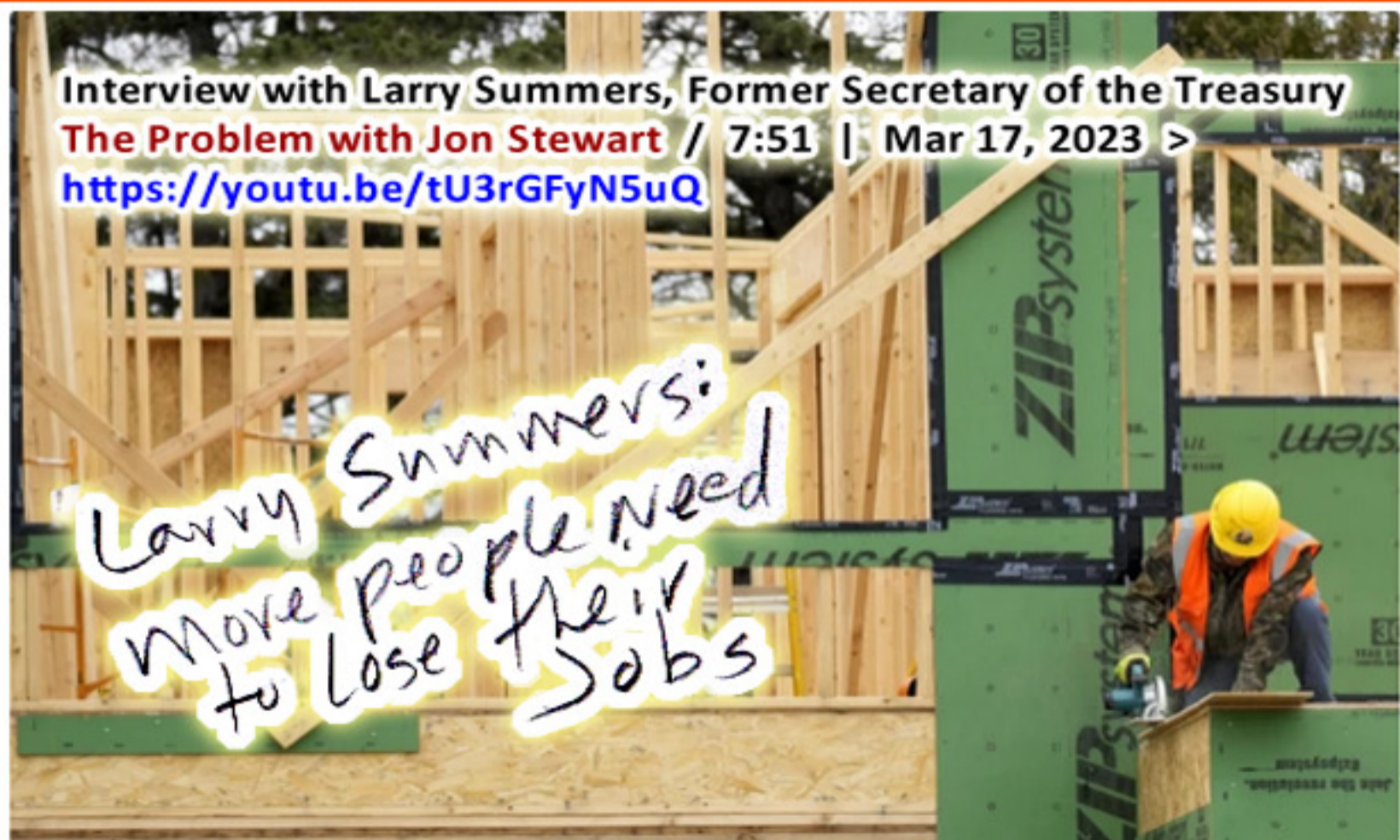


Politicians and dog experts are criticizing South Dakota Gov. **Kristi Noem** after she wrote in a new book about **killing a rambunctious puppy**. The story — and the vilification she received on social media — has some wondering whether she’s still a viable potential running mate for presumptive Republican presidential candidate Donald Trump. Experts who work with hunting dogs like Noem’s said she should have trained — not killed — the pup.



Vietnam War ends with fall of Saigon

On April 30, 1975, the Vietnam War ended as the South Vietnamese capital of Saigon fell to Communist forces.



Interview with Larry Summers, Former Secretary of the Treasury
The Problem with Jon Stewart / 7:51 | Mar 17, 2023 >
<https://youtu.be/tU3rGFyN5uQ>

Workers’ paychecks grew faster in the first quarter, a possible concern for the Fed

Pay and benefits for America’s workers grew more quickly in the first three months of this year, a trend that could contribute to higher inflation and raise concerns about the future path of price increases at the Federal Reserve.

<https://apnews.com/article/pay-income-economy-inflation-42fff23c6d2ae49ad56e990aea558b4a>



How US antitrust laws helped build — and now threaten — Google’s and Apple’s tech empires



Amazon reports strong 1Q results driven by its cloud-computing unit and Prime Video ad dollars



Starbucks lowers guidance, promises new drinks and deals after customer traffic fell in weak Q2



G7 nations commit to phasing out coal by 2035 but give Japan some flexibility



Selman Rushdie

"knife"

Freedom of Expression
24 04 22 Y7
w/ Jan Stewart

DANGER
RATTLESNAKE
TERRITORY
BE ON GUARD





When the one who is supposed to be in control is out of control, yet still holds the gavel. You're giving your will power and your prefrontal cortex too much credit when it comes to consciousness. It's a team effort, and it's not your team. You're a spectator choosing to pick a side, mostly for the 'thrill of victory, and the agony of defeat' entertainment value. You just rent space for a short while. What we typically refer to as consciousness is the pre-frontal cortex mashing up your memories, your sensory experience, your ability to reason, the whole complex of your emotional spiritual genetic happening, focusing all that on a particular aspect. "I'm conscious of my dark side's tendency for gallows humor, especially during these troubling times." Simply observing, noting patterns, associations, similarities and differences, and yes making judgments. Naturally so. The nature of the beast. When you want to change a habit, it's useful to be alert of all the parts that need to be changed, to be conscious while you make the change. Pay attention. It's the awareness that makes the difference. Once the habit is established, you need not to be as focused, your body knows what to do. What we call muscle memory, whether you're prefrontal cortex is paying attention or not. Muscle memory instinctually can act faster than cognitive processing. It becomes what we call second nature. And second nature is malleable, teachable. All the knowing that you know of, all the experiences that you've had, all the memories are a product of you being in this body. Full body intelligence. A good portion of which happens faster than you can even recognize what you're looking at.

To borrow the language of Robert Sapolsky talking about being 'Determined: Life without Free Will' . . . your amygdala: fear, anxiety, aggression, will activate in 60 to 70 thousandths of a second, before you were even consciously aware of what you're looking at, is very hardwired as to dividing the world into 'us' and 'thems'. You have to know who you can trust and who you need to be on high alert. But we are also totally malleable as to who counts as an 'us' and who counts as us as a 'them'. When we look at faces of familiar people, popular people, whether it activates anxiety parts of the brain, disgust parts of the brain, social affiliation parts, we have this whole world where a 'them' could be an honorary 'us' if they are popular enough of a celebrity. All of that, your brain being modulated within seconds of that.

It's said, you don't know what you have until it's gone. True enough, especially noticeable when you're growing old. When you start to lose certain functions, or watch them diminishing, you begin to see more clearly and appreciate what you have left, what it does. Where your autopilot is steering you in the wrong direction. When your being played, being taken advantage of, prey for scammers. **Be cautioned there are blind spots. The Kansas City Chiefs are not your team. Columbia University is not your school. They belong to the machine, of which you are but a cog.** Know your place and where you are in it at all times. Keep up. Running on instinct is running on the firmware you were born with. It might need to be updated. Your traditionally prehistoric thoughts and instincts may not apply now. If you were fortunate enough that your parents could afford custom software, you're one of the lucky ones. You may get the strict conforming education to be one of the operators of the machine. You won't have to eek a living being exposed to the elements. You'll get a cubicle all your own. And if you're extremely lucky, you'll get a corner office with windows all around and a great vista expanse to oversee the progress you're making in herding more and more sheep. Good shepherd that you are, the echo chamber group think speech is now third nature to you. ABC, CBS, CNN, MSNBC, FOX, NYT, WaPo. Agitprop: the party line that the social section of your well-formed hippocampus knows not to cross. Still, if you cut through the stereotypes, you can gain insight in how others do it differently. Here in the pinnacle of the western empire we're trained to be rugged individualists, though naturally we ardently long to belong. We all harbor a bit of the badass rebel without a cause. Mostly we only fully conform under the duress of extreme global threats, like world war two. A collective culture like India appears to be very conformist society to outsiders. Namaste. Thing is, there's a zillion different sects and cults that the adherents are loyally, reverently conforming to, fracturing the ease of the fabric of the larger society. Tribalism does that. Ideally you want all your horses pulling together in the same direction to get the fields plowed. Digital technology is helping India with that, yet simultaneously creating its own have/have not divide, When you create a great divide in the consensual reality, in shared beliefs, our-ism versus their-is, any-ism versus no-ism, anti-ism versus whocares-ism, . . . the body politic becomes extremely awkward, stumbles, gets grumpy, nasty. Making it not so easy to tend to the crop. That is, it tends towards incrementally becoming all the more extreme, chaotic. Leaving the fields open to weeds. Provocateurs. Outside agitators, troublemakers. Not consciously so, defacto so. Going down that path eventually you'll have to decide to redefine the word: weeds to include or exclude — who we are, who's us, who's them, who's in, who's out. Expel the migrants, the illegal aliens. As a people you're going to need to know these things faster than your individual amygdala can kick in. By default. On sight at the speed of light. In a trigger happy glance. Which in the hands of activists and advertisers becomes a forum for euphemistically raising consciousness and in turn, turning a profit. But it's not really 'raising', is it? It's propaganda forming, shaping a fictional collective identity. Revisiting what it means to be one of the neo-good guys — Zuckerberg, Bezos, Musk, Larry Page and Sergey Brin . . . , opening the door for Donald Trump and a cohort of loyalty conforming opportunist sycophants, acting kiss ass obsequiously toward anyone important. Raising, elevating only as long as the value of what's being consciously sold to you aligns with the me and mine of the strong man. A worn and tattered age old story. But here we go again. And by 'we', I mean the ruling class, those sitting in the seats of power. Power rules. All other invective fictions are support cast for the next revolution for those seeking to get out of their cubicles, get outside, stretch the legs, take a pee on the old oak tree. Tie a yellow ribbon, conscious of your prodigal daughters, become single mothers, from the rape of war during the culture clashes. [. . .]



Historic Gaza Protests
@ Columbia U.
Spreads
Nation Wide

Democracy
Now!
240422

Jude Taha
MAHMOOD MAMLANI

Columbia University protests look increasingly like those in 1968 as police storm campuses nationwide

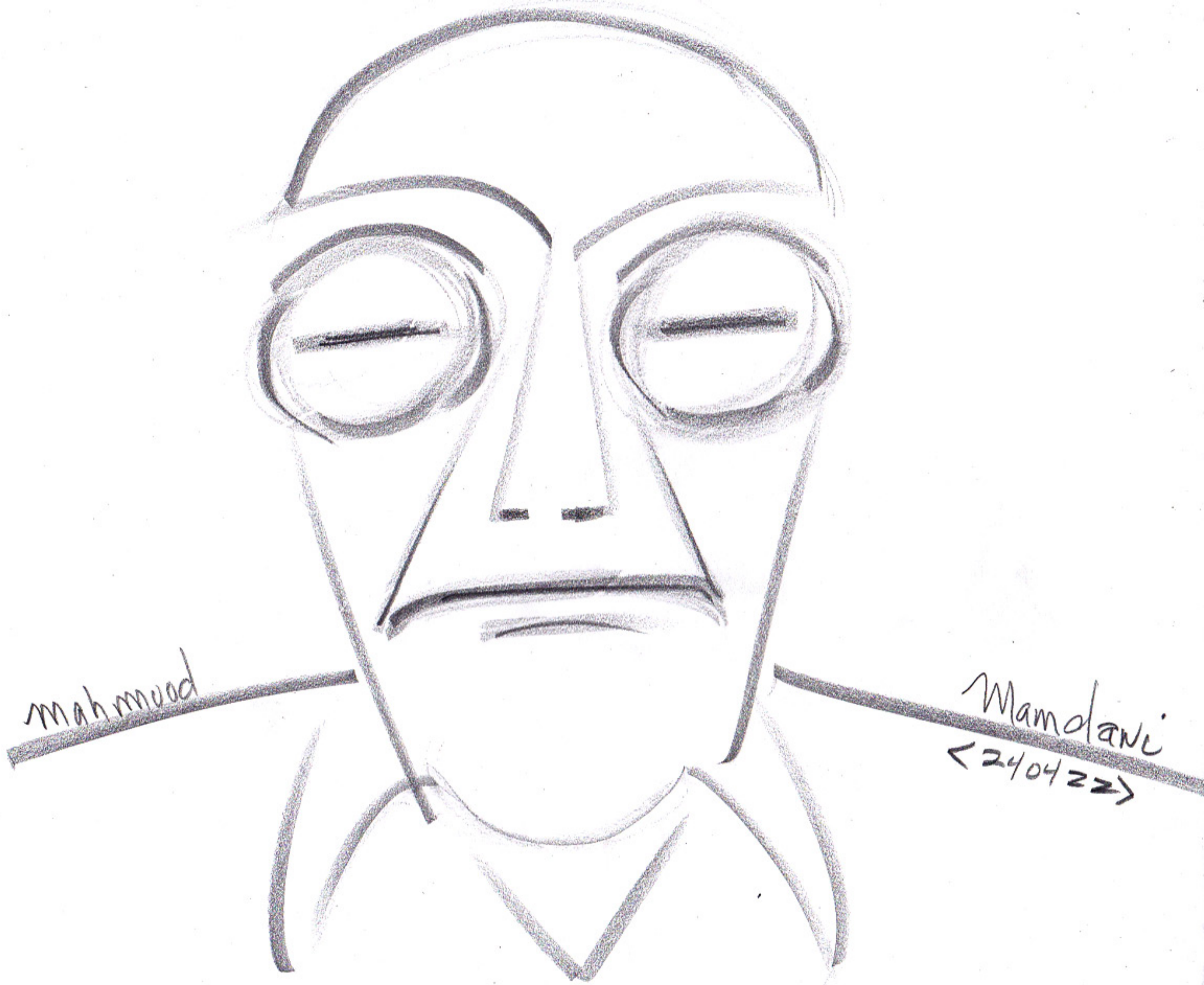
Published: May 2, 2024 8:30am EDT

Stefan M. Bradley, Amherst College

Columbia University has become the epicenter of student protests over the war in Gaza. In the following Q&A, Stefan Bradley, a history professor at Amherst College and author of the 2009 book "Harlem vs. Columbia University: Black Student Power in the Late 1960s," touches on the similarities and differences between the protests of the 1960s and now.



The police have regularly been called in to squelch student protests over the past century. Michael M. Santiago / Getty Images



What is the crossover between Christian Zionist and white nationalist?

End Times Antisemitism

Christian Zionism, Christian Nationalism, and the Threat to Democracy



Western Wall and Dome of the Rock. (Credit: Sander Crombach/Unsplash).
[Steven Gardiner](#) | July 9, 2020



Secretary of State Mike Pompeo visits Israel during the COVID-19 pandemic. Pictured here standing six feet from Israeli Prime Minister Benjamin Netanyahu on May 13, 2020. (Credit: U.S. Embassy Jerusalem/ Flickr).

Christian Zionist > https://en.m.wikipedia.org/wiki/Christian_Zionism
Tens of millions of Americans belong to Evangelical churches that strongly support Israel for religious reasons and there are tens of millions more Christians who identify as Christian Zionists outside the United States.

What is Christian nationalism & why it raises concerns about threats to democracy
| Feb 1, 2024 > <https://www.pbs.org/newshour/show/what-is-christian-nationalism-and-why-it-raises-concerns-about-threats-to-democracy>

Christian Zionism *“claims the authority of religion in formulating a no-compromise position with respect to sharing land with the Palestinian people.” It feeds anti-Semitism and Islamophobia, and “poses a challenge to the democratic process itself.”*

Steven Gardiner’s 2020 article for Political Research Associates, *“End-Times Anti-Semitism: Christian Zionism, Christian Nationalism, and the Threat to Democracy.”* Gardiner serves as PRA’s research director and has been studying the Christian Right for decades. > <https://politicalresearch.org/2020/07/09/end-times-antisemitism>

Yes, the Christian Right supports Israel. They see the establishment of the modern State of Israel as fulfillment of prophecies they believe to be necessary to the Second Coming of Jesus. They want to see the Temple rebuilt and for Israel to expand to control all of the territory described in Scripture. They believe a tiny minority of living Jews will, in the End Times, convert to Christianity and the rest will be damned to hell for their disbelief. They are, on those grounds, no friends of Jews.

We see explicitly Christian Zionist organizations and megachurch pastors working with high administration officials such as Mike Pompeo, to justify expanding support for a right-wing, authoritarian Israeli government as the fulfillment of prophecy.

Today, President Trump’s administration is staffed by Christian Zionists at the highest levels, including Vice President Mike Pence and Secretary of State Mike Pompeo.[6] And adherents of the belief system form a key component of Trump’s electoral base. Up to 81 percent of White evangelicals voted for him in the 2016 elections.[7] Of that number only a slim majority, about 53 percent, unequivocally supported his recognition, in 2019, of Jerusalem as Israel’s capital, but it would never be a make-or-break issue for doubters.[8] For full-throttle Christian Zionists, however, the embassy move prompted comparisons of Trump to Cyrus the Great, the Persian king celebrated as a friend of the Jewish people for his decision to allow those in exile to return to Jerusalem and rebuild the Temple.[

.....



What can be said for Mystic and Poet: . . . AND I am both, having societally died a young man, reborn the Dancing Sun. A historical mystery, still unknown to the mainstream. Here the cosmic yearnings persist, the empirical validation immeasurable.

Can we do a double blind test for love?



lovepeace

What is the crossover between Christian Zionist and white nationalist?



Christian Zionism, Christian Nationalism, and the Threat to Democracy

by Steven Gardiner | December 1, 2023

<https://convergencemag.com/articles/christian-zionism-christian-nationalism-and-the-threat-to-democracy/>

A month into the Israel-Hamas war, Evangelicals aren't just helping fight anti-semitism at home – they're hosting fundraisers and sending volunteers and supplies to the Jewish state

By Cathryn J. Prince | 12 November 2023

> <https://www.timesofisrael.com/a-sizeable-us-demographic-many-evangelicals-are-sending-money-and-manpower-to-israel/>

A sizeable US demographic, many Evangelicals are sending money and manpower to Israel

The Christian Right and the Shaping of American Policies in Israel/Palestine



Harvard Divinity School

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This panel, featuring speakers Greg Khalil, James Zogby, and Melani McAlister, examined the multiple intersections and convergences of political ideologies and religious beliefs and their implications for US policies in Isreal/Palestine.

The New Christian Right's relations with Israel and with the American Jews: the mid-1970s onward

by Mokhtar BEN BARKA >

<https://journals.openedition.org/erea/2753>

The aim of this article is to show that the relationship between the New Christian Right and Jews is complicated and even controversial. Adherents of the New Christian Right are known to be staunch supporters of Israel. Their love for the State of Israel stems from biblical teachings asserting that God blesses those who bless the Jews and curses those who curse the Jews (Genesis, 12:3). Yet the evangelical view of Israel and of Jews is a source of considerable debate within the Jewish community. Many Jews have reservations about teaming up with evangelicals: they suspect their motives and resent their interpretation of Bible prophecies suggesting that Jews will have to accept Christ after his Second Coming. In the meantime, evangelicals target them for evangelism.

In 1818, President John Adams wrote, "I really wish the Jews again in Judea an independent nation", and believed that they would gradually become Unitarian Christians.

In 1844, George Bush, a professor of Hebrew at New York University and the cousin of an ancestor of the Presidents Bush, published a book titled *The Valley of Vision; or, The Dry Bones of Israel Revived*. In it he denounced "the thralldom and oppression which has so long ground them (the Jews) to the dust," and called for "elevating" the Jews "to a rank of honorable repute among the nations of the earth" by allowing restoring the Jews to the land of Israel where the bulk would be converted to Christianity. This, according to Bush, would benefit not only the Jews, but all of mankind, forming a "link of communication" between humanity and God. "It will blaze in notoriety ...". "It will flash a splendid demonstration upon all kindreds and tongues of the truth."





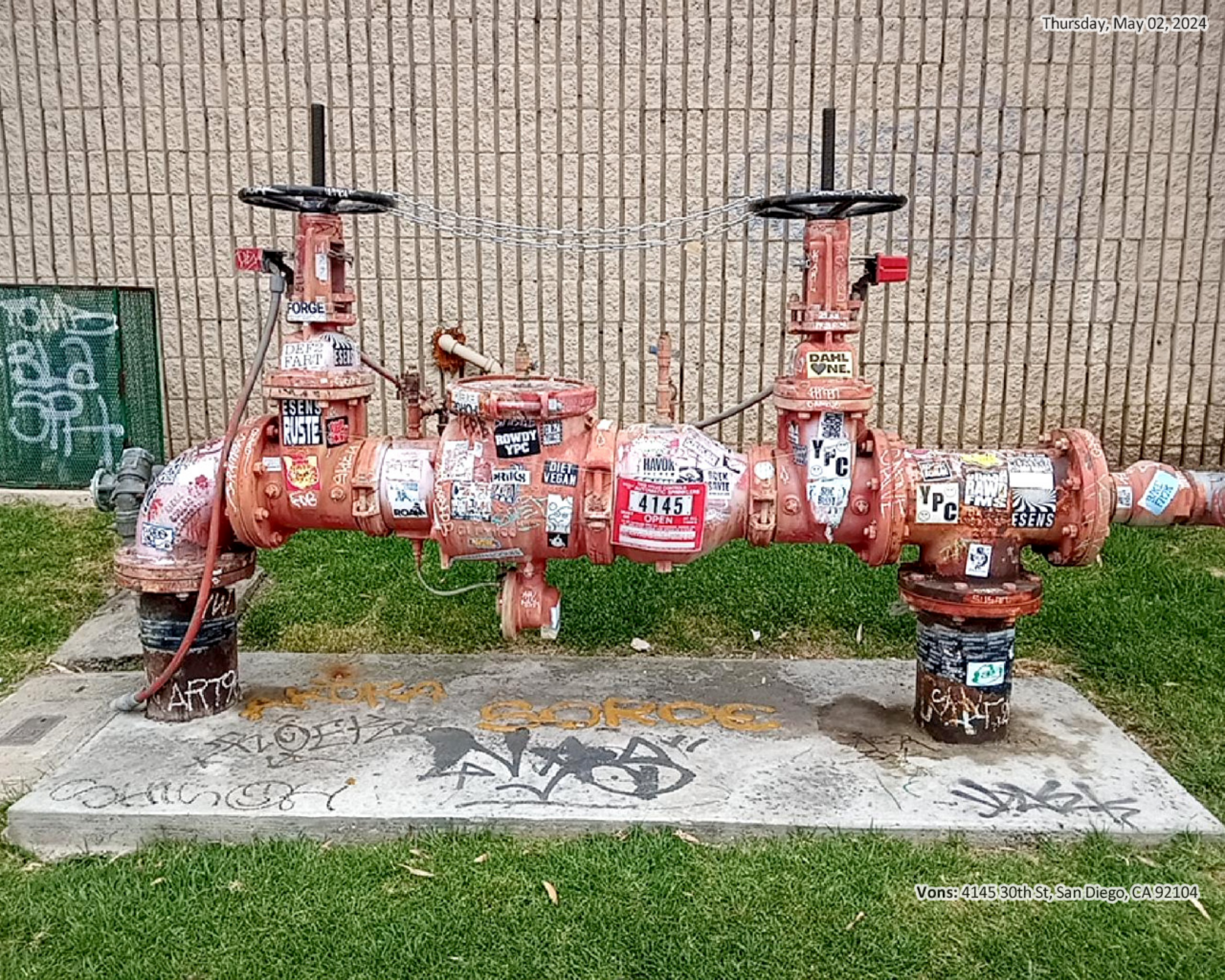
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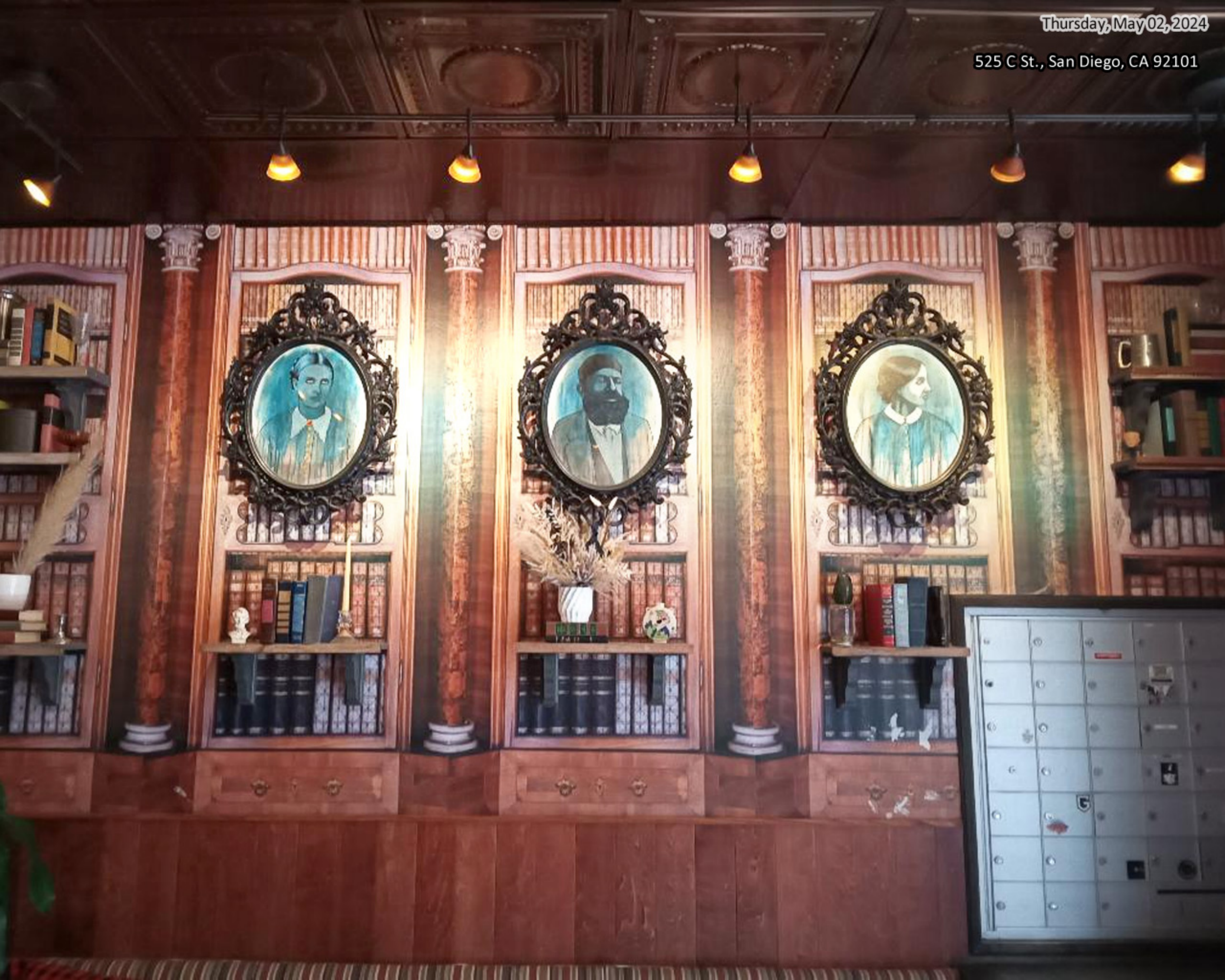








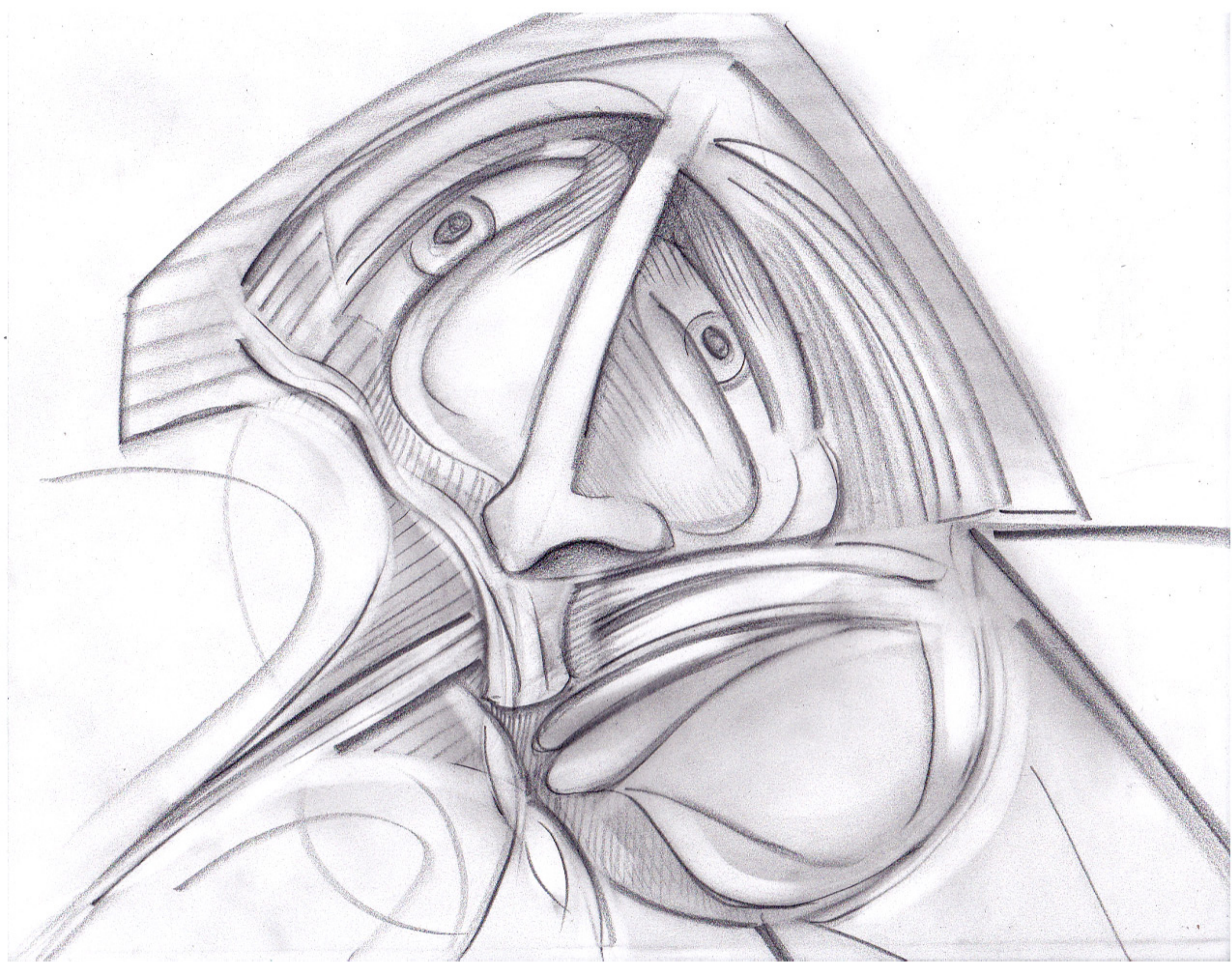
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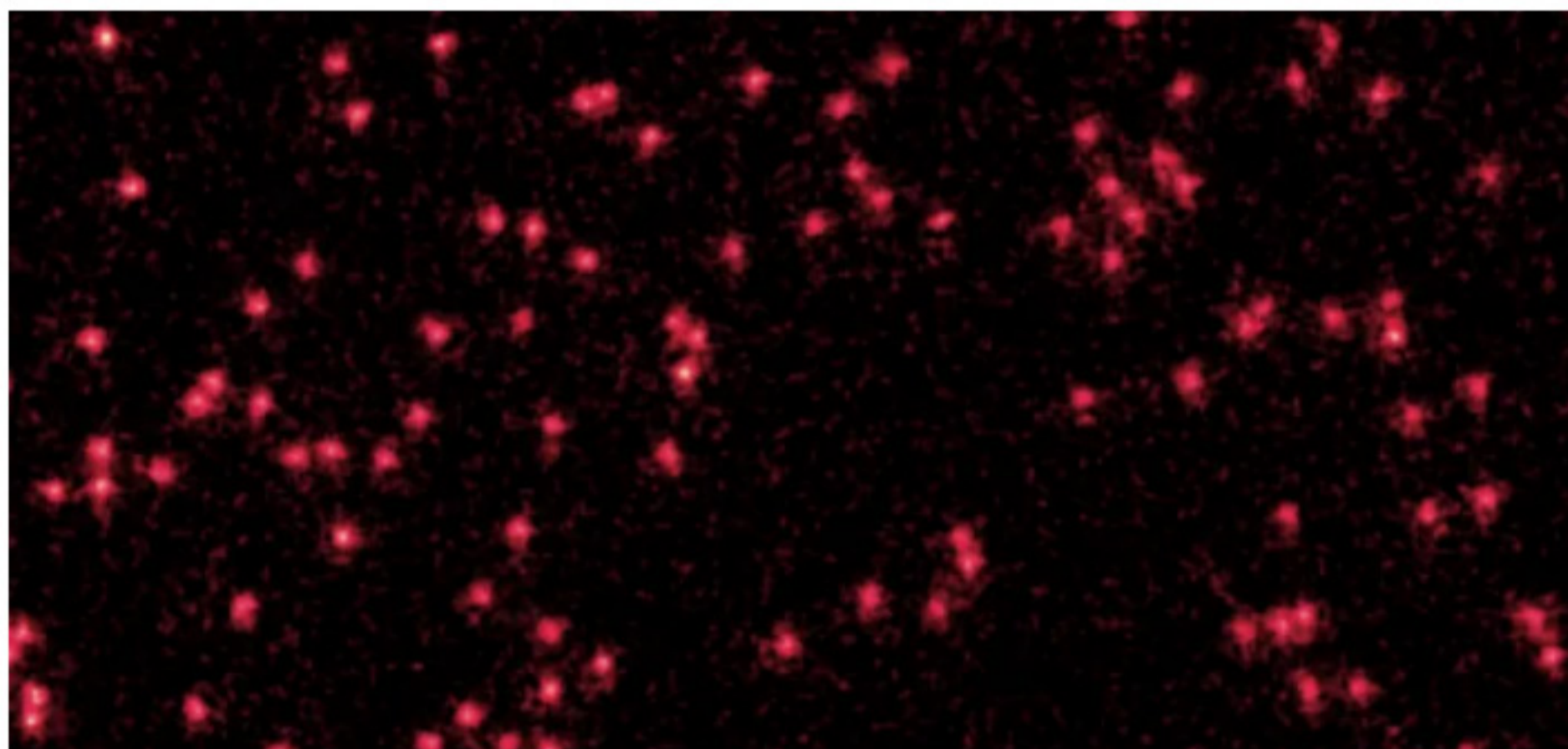


[Physics & Mathematics](#) > [Quantum Physics](#)

Stunning image shows atoms transforming into quantum waves — just as Schrödinger predicted

News By [Ben Turner](#) published 2 days ago

A new imaging technique, which captured frozen lithium atoms transforming into quantum waves, could be used to probe some of the most poorly understood aspects of the quantum world.



The image shows Lithium atoms cooled to near absolute zero appearing as red dots on the image. By combining several of these images, the authors were able to observe atoms behaving like waves. (Image credit: Verstraten et al.)

For the first time ever, physicists have captured a clear image of individual atoms behaving like a wave.

The image shows sharp red dots of fluorescing atoms transforming into fuzzy blobs of wave packets and is a stunning demonstration of the idea that atoms exist as both particles and waves — one of the cornerstones of quantum mechanics.

The scientists who invented the imaging technique published their findings on the preprint server arXiv, so their research has not yet been peer reviewed.

"The wave nature of matter remains one of the most striking aspects of quantum mechanics," the researchers wrote in the paper. They add that their new technique could be used to image more complex systems, giving insights into some fundamental questions in physics.

First proposed by the French physicist Louis de Broglie in 1924 and expanded upon by Erwin Schrödinger two years later, wave particle duality states that all quantum-sized objects, and therefore all matter, exists as both particles and waves at the same time.

Schrödinger's famous equation is typically interpreted by physicists as stating that atoms exist as packets of wave-like probability in space, which are then collapsed into discrete particles upon observation. While bafflingly counterintuitive, this bizarre property of the quantum world has been witnessed in numerous experiments.





What students protesting Israel's Gaza siege want — and how their demands on divestment fit into the BDS movement

Mira Sucharov, Carleton University

A wave of protests expressing solidarity with the Palestinian people is spreading across college and university campuses. There were more than 400 such demonstrations by the end of April 2024 just in the U.S., with many more in Canada and other countries. The specific demands vary from place to place. What unites them is a call for schools to use their financial leverage and other kinds of influence to apply pressure on Israel. The protesters are demanding divestment, meaning the sale of financial assets either related to Israeli companies or shares in other corporations perceived to assist the Israeli military. In addition, many protests include calls for the disclosure of those financial ties. They also feature demands for colleges and universities to distance themselves from Israel by ending study-abroad programs and academic exchanges. The demands are mostly a response to Israel's bombings and other military operations in Gaza that followed the Oct. 7, 2024, Hamas attack on Israel. They also stem from broader concerns around Israel's long-running blockade of Gaza and half-century of military occupation of the West Bank and Gaza. Both of those concerns have been behind the boycott, divestment and sanctions movement for nearly 20 years. I have spent decades teaching and researching Israeli-Palestinian relations and the global politics surrounding these issues. Along the way, I've learned that the discourse around the activism related to this Middle Eastern conflict is at least as relevant as the direct effects of the activism itself.

Modest success stories

The protests on college campuses in the spring of 2024, including those with prolonged encampments, have had, at best, modest success.

For example, Brown University protesters managed to persuade the administration to hold a vote on divesting from companies connected to the Israeli military. In return, the protesters agreed to dismantle their encampment.

Portland State University administrators agreed to pause its relationship with Boeing, which is a military contractor as well as a civilian aircraft manufacturer.

Perhaps most importantly, though, the protests have helped place Palestinian human rights demands squarely in the public eye.

Nationalism starts with Napoleon.



NATIONAL

<https://www.brennancenter.org/our-work/analysis-opinion/government-has-long-history-controlling-women-one-never-ended>

Pregnant women in Missouri can't get divorced. Critics say it fuels domestic violence

MAY 3, 2024

By Katia Riddle

The state's law requires women seeking divorce to disclose whether they're pregnant — and state judges won't finalize divorces during a pregnancy. Texas and Arkansas have similar laws on the books.

Christina Cherry works for Synergy Services, a Kansas City, Mo., organization that works with survivors of domestic violence. She says Missouri's law enables a form of abuse called reproductive coercion, where **"the abusive partner utilizes pregnancy and children as a way to control their partner."** After hearing stories about survivors unable to leave marriages, state Rep. Ashley Aune introduced House Bill 2402. It would allow pregnant women to finalize divorce in Missouri. Missouri isn't the only place struggling with this issue in a post-Roe world. "We're seeing lots more people citing reproductive coercion, sexual coercion, reproductive abuse or pregnancy coercion as part of their experience," says Marium Durrani, vice president of policy for the National Domestic Violence Hotline. Her organization reports a nearly 100% increase in hotline calls across the U.S. in the year after the Supreme Court ended the federal right to abortion. "I mean, we are getting calls that are very explicitly like 'I am pregnant.' 'I am trying to escape.' 'I cannot get resources where I am or in my state or my locality,'" Durrani says. In Missouri, it's not clear whether Aune's legislation will pass, despite international media attention. "I don't honestly feel very hopeful," says Aune, who notes that passing any kind of legislation is difficult for Democrats in Missouri's Republican-dominated statehouse.



The Government Has a Long History of Controlling Women—One That Never Ended

Texas's S.B. 8 and the public statements made by its architects show just how much worse it could get.
By Elizabeth Hira, November 9, 2021

"Women can 'control their reproductive lives' without access to abortion; they can do so by refraining from sexual intercourse."

This stunning statement was written in a "friend-of-the-court" brief submitted to the Supreme Court in July by Texas Right to Life and signed by Jonathan Mitchell, one of the architects of Texas law S.B. 8. And it makes crystal clear that outlawing abortion isn't the only end game. Control over women is. It is imperative that we pass laws that actively affirm fundamental equality—such that women have control over both our reproduction and our lives—otherwise we remain perpetually vulnerable.



Sarah Paine post WW2 23/004 YTB

Whistleblower Joshua Dean, who raised concerns about Boeing jets, dies at 45

UPDATED MAY 2, 2024 · 3:47 PM ET ⓘ

HEARD ON MORNING EDITION

By Bill Chappell, Joel Rose



Joshua Dean, who died on Tuesday, had gone public with his concerns about defects and quality-control problems at Spirit AeroSystems, a major supplier of parts for Boeing. Here, a Spirit AeroSystems logo is seen on a 737 fuselage sent to Boeing's factory in Renton, Wash., in January.

"The doctor said he'd never seen anything like it before in his life. His lungs were just totally ... gummed up, and like a mesh over them."

Virginia Green says she has asked for an autopsy to determine exactly what killed her son. Results will likely take months, she said. It was a stunning turn of events for Dean and his family. Green says he was very healthy — someone who went to the gym, ran nearly every day and was very careful about his diet.

"We're not sure what he died of," she said. "We know that he had a bunch of viruses. But you know, we don't know if somebody did something to him, or did he just get real sick."

Grand Strategy:



zllys

Informal waste workers like Nguyen can help solve a problem that plagues formal operations: Getting their hands on enough waste to make recycling cost-effective. They don't wait for people to bring it to them. In Vietnam, for instance, waste workers fan out to people's homes and collect waste that can be salvaged from bins at street corners. Others, like Nguyen, have established networks to acquire discarded electronics. "We source used items from everywhere — anyone who sells, I buy," he said. Formal recycling companies typically have certifications for dismantling and recycle electronic devices using sophisticated machinery. They also take more precautions for the health risks of e-waste, which can include toxic components. Only about 1% of the demand for 17 of those key minerals is met through recycling, according to the U.N. report. Bel, of the U.N.'s International Telecommunication Union, said he had no data on how much of those minerals are recovered via informal recycling.

E-waste is overflowing landfills. At one sprawling Vietnam market, workers recycle some of it

The world is producing more electronic waste than ever.



BY ANIRUDDHA GHOSAL AND JAE C. HONG

Updated 7:09 PM PDT, May 2, 2024

TECHNO CAPITALISM: BITE SIZE



Loretta Napoleoni - Block chain

29/04/19
YT

AP PHOTOGRAPHY

For one day, workers ruled the world's biggest streets. Thousands strong marched Wednesday to mark May Day, the first day of the month when workers' rights are celebrated in demonstrations around the globe. From Seoul to Paris, Istanbul to Berlin, they drew attention to stagnant wages and the high cost of living as they took aim at their governments. In some cases, their governments returned fire.



Workers rule the streets on May Day



AP Sports Week in Pictures



Ferrying voting machines to mountains and tropical areas in Indian elections is a Herculean task





penetrating

triggered



The Chris Hedges Report



My show on The Real News has been canceled because of my critiques of the Democratic Party and Joe Biden

CHRIS HEDGES
MAY 02, 2024

I was just informed by Max Alvarez, the Editor-in-Chief at The Real News, that they will no longer run my show. The reason for the cancellation, he said, is that my critiques of Biden, especially for the genocide in Gaza, jeopardizes his nonprofit status. My last show with Dennis Kucinich, who is running as an independent for Congress in Ohio, was removed from the site.

I will resurrect the show on an independent platform, although it may take me a few weeks to get this set up.

1,073 Likes · 108 Restacks

1,073 332 108

The presidential election in November looks set to pit Donald Trump, who will most likely dismantle what is left of our decayed democracy, against **Joe Biden, who is a full partner in the genocide of the Palestinians in Gaza.** Not, for most of us, a palatable choice. The two ruling parties, who have foisted these candidates on the public, have at the same time conspired with their corporate sponsors to block third parties and independents, along with mavericks such as Bernie Sanders, from running viable campaigns. The only groups that consistently win in our elections are the militarists, corporations and the billionaire class, who, of course, fund and stage manage the electoral farce. On all of the major issues – endless war, trade deals, deindustrialization, government surveillance, the steady decline of social services including a for-profit health care system that allows corporations to prey on the sick, the bloated prison population and militarized police – there is little daylight between the two ruling parties. How can we reclaim our democracy and provide real and meaningful political alternatives? Are we forever condemned to the diminishing returns offered by the least-worst option?

Cindy Yost 14 hrs ago
God bless you, Chris. You're fighting the good fight!
LIKE (185) REPLY SHARE

Carole H 14 hrs ago
When they cancel you, it's because you are doing good work. Good luck, Chris.
LIKE (178) REPLY SHARE

330 more comments...

REESE : RW SWANSON - SOUTHERN
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Relational Home

I don't want to be alone

An orangutan in the wild applied medicinal plant to heal his own injury, biologists say

It is "the first known case of active wound treatment in a wild animal with a medical plant," biologist Isabelle Laumer told NPR. She says the orangutan, called Rakus, is now thriving.

MAY 3, 2024

By Bill Chappell

When a wild orangutan in Indonesia suffered a painful wound to his cheek, he did something that stunned researchers: He chewed plant leaves known to have pain-relieving and healing properties, rubbed the juice on the open wound — and then used the leaves as a poultice to cover his injury. "This case represents the first known case of active wound treatment in a wild animal with a medical plant," biologist Isabelle Laumer, the first author of a paper about the revelation, told NPR. She says she was "very excited" about the orangutan's seeming innovation, which was documented at the Suaq Balimbing research site in the Gunung Leuser National Park in northwest Sumatra, where some 150 orangutans live in a protected rainforest. The orangutan is named Rakus. Laumer says he might have picked up the large wound in a fight with a rival male. A few days later, he was seen using a plant to treat his injury. The wound then healed, seemingly without any infection.



Researchers in a rainforest in Indonesia spotted an injury on the face of a male orangutan they named Rakus. They were stunned to watch him treat his wound with a medicinal plant.

Armas/Suaq Project

What happened?



Around a month after applying medicine to his wound, Rakus has fully healed, with only a slightly noticeable scar. This photo was taken roughly two months after the injury was first spotted.

Safruddin/Suaq Project



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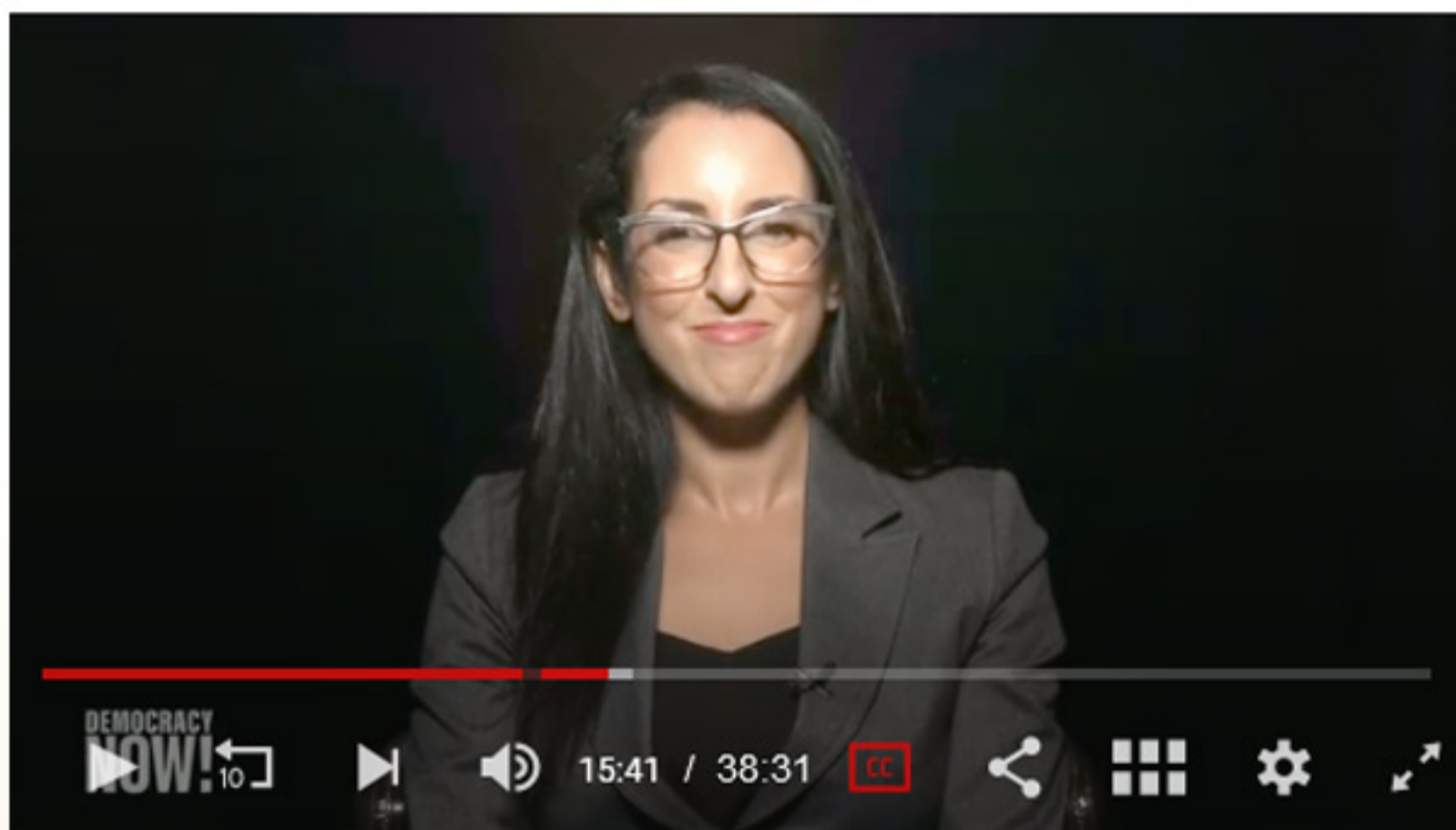
THERE IS NO BROKEN



≡ MENU

“This Militaristic Approach Has Been a Failure”: Meet Hala Rharrit, First U.S. Diplomat to Quit over Gaza

STORY MAY 03, 2024



Democracy Now! speaks with **Hala Rharrit**, the first State Department diplomat to publicly resign over the Biden administration’s policies backing Israel’s assault and siege of the Gaza Strip. Rharrit is an 18-year career diplomat who served as the Arabic-language spokesperson for the State Department in the region. **“I could no longer be a part of the State Department and promote this policy. It’s an inhumane policy. It’s a failed policy that is helping neither Palestinians, neither Israelis,”** Rharrit says. “We are not authorized to send military equipment, weapons to countries that commit human rights abuses. ICJ has determined plausible genocide, yet we are still sending billions upon billions of not just defensive weaponry, but offensive weaponry. It is tantamount to a violation of domestic law. Many diplomats know it. Many diplomats are scared to say it.” She adds, “I read the talking points that we were supposed to promote on Arab media. A lot of them were dehumanizing to Palestinians.” Rharrit also discusses how “corruption” in government allows for arms sales to continue. “I could not help but be concerned about the influence of special interest groups, of lobbying groups on our foreign policy and, as well, on Congress — on the people that decide whether or not some of those shipments of arms get sent. The bottom line is that our politicians should not be profiting from war. And unfortunately, we have some institutionalized corruption that enables that,” she says.

Hala Rharrit is an American diplomat, political advisor and former Arabic-language spokesperson of the US State Department. She was also the Dubai Regional Media Hub's deputy director. Hala Rharrit joined the State Department in 2006 as a political and human rights officer. She was also the Dubai Regional Media Hub's deputy director. She served as the Political and Economic Section Chief at U.S. Consulate Durban, South Africa. She served as the spokesperson for the Middle East and North Africa since August 2022.

In April 2024, She resigned after 18 years of service in opposition to the Joe Biden administration's policy on the Gaza Strip.

Related Story

STORY Feb 05, 2024

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Hello Human Ep 86





Juan González, Veteran of '68 Columbia Strike, Condemns University Leaders' Silence on Gaza Slaughter

STORY MAY 01, 2024



Tuesday's raid on Columbia University came 56 years to the day that police raided Hamilton Hall, arresting 700 students protesting racism and the Vietnam War. Democracy Now! co-host **Juan González**, who was a student leader at the historic 1968 protest, says the violent crackdown on Columbia University and other campuses across the United States has refocused national attention on "an unjust war," carried out by Israel with U.S. backing. "No commencement in America will occur in the next month where the war in Gaza is not a burning issue," he says. He adds that the more diverse makeup of the protests today — led primarily by Palestinian, Muslim and Arab students — may have made school officials and police "much more willing to crack down" than when it was a mostly white protest movement.

Juan González (born October 15, 1947) is an American progressive broadcast journalist and investigative reporter. He was also a columnist for the New York Daily News from 1987 to 2016. He frequently co-hosts the radio and television program Democracy Now! with Amy Goodman. In 2015, the New York City chapter of the Society of Professional Journalists inducted González into its New York Journalism Hall of Fame, along with Max Frankel, Charlie Rose, Lesley Stahl. Since 2018, he has held the post of Professor of Professional Practice at Rutgers University-New Brunswick's School of Communication and Information.

The voices of González and Amy Goodman, from an episode of "Democracy Now", were used (uncredited) over news footage concerning Hurricane Katrina in the opening montage of New Orleans at the beginning of the action-drama film Streets of Blood (2009). He has said that a prime motivating force in his work has been, "a sense about the unjust treatment of people"

Sam Lammott

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AMY GOODMAN: This is Democracy Now!, democracynow.org. I'm Amy Goodman, with Juan González. And it's Juan we're going to turn to next. The massive police raid on Columbia University last night came 56 years to the day after a similar raid by police quashing an occupation, or attempting to, of Hamilton Hall by students protesting racism and the Vietnam War. A week into the historic 1968 student strike, on April 30th, New York City police stormed the campus. Hundreds of students were injured, 700 arrested. The campus newspaper the Columbia Spectator's headline read, in part, "Violent Solution Follows Failure at Negotiations." Juan, you were there. Juan González, you were a leader of the Columbia revolt. You were one of the founders of the New York chapter of Young Lords. Yesterday we played archival clips of you and the other students taking over Hamilton Hall. What were your thoughts as you watched what happened with the student takeover and then the police raid?

Associated Press

JUAN GONZÁLEZ: Well, Amy, I think the similarities are really amazing in terms of the persistence of these students, the issues around which they were fighting, this opposition to a genocidal war occurring in Gaza.

DEMOCRACY
NOW!

Thank you for your support following the cancellation of my show on The Real News.



The Chris Hedges Report

From: chrishedges@substack.com

To: danlandrum



Sat, May 4 at 10:54 AM



The Chris Hedges Report

Thank you for your support following the cancellation of my show on The Real News.

CHRIS HEDGES

MAY 4



I write and broadcast for you. I see myself in you. I refuse to dumb down anything to reach a wider audience. I do not try to be entertaining. I assume, like me, you love books and the world of ideas, the nuances and complexities that make up the human condition. I assume you care about the truth. I assume you seek to create a world that is just, a world where our primary concern is for the vulnerable and the oppressed, a world where exploitation, including of the planet and animals, is a sin. I assume you refuse to march to the cant of the crowd. I assume you are willing to sacrifice for what is right, even at the cost of your comfort and career.

Bless you all.

- Thank you for your support following the cancellation of my show on The Real News.



The Chris Hedges Report

From: chrishedges@substack.com

To: danlandrum



Sat, May 4 at 10:54 AM



The Chris Hedges Report

Thank you for your support following the cancellation of my show on The Real News.

CHRIS HEDGES

MAY 4



As A.J. Liebling said, **“Freedom of the press is limited to those who own one.”**

I am fortunate in having Substack, but most important, I am fortunate in the support of all of you. Without you, I could not do my work.

I will resurrect my show on an independent platform, although it will take a few weeks to set up.

You make all this possible. Thank you.

I have received hundreds of messages of support, including over 400 on Substack alone, since my show was canceled by The Real News. More than 100 of you became paid subscribers. I cannot answer you all individually, but each message, each new subscription, means I can go on. I write and broadcast for you. I see myself in you. I refuse to dumb down anything to reach a wider audience. I do not try to be entertaining. I assume, like me, you love books and the world of ideas, the nuances and complexities that make up the human condition. I assume you care about the truth. I assume you seek to create a world that is just, a world where our primary concern is for the vulnerable and the oppressed, a world where exploitation, including of the planet and animals, is a sin. I assume you refuse to march to the cant of the crowd. I assume you are willing to sacrifice for what is right, even at the cost of your comfort and career. Bless you all.

There is less and less space for dissent. The courageous students in our universities show us this. There is less and less room to write the truth. I have clashed with institutions before, most notably The New York Times, where I was pushed out for denouncing the invasion of Iraq, and Truthdig, where, after I organized a strike of all but two of the staff to protest the ousting of Truthdig editor Bob Scheer by the site's wealthy publisher, the strikers were fired. This act of defiance meant a nearly 50 percent drop in my income. The principal funder of The Real News, T.M. Scruggs, once demanded Bob Scheer delete from Scheerpost a column I wrote defending the writer Alice Walker from charges of antisemitism. When Bob refused, Scruggs said he would no longer support Scheerpost, of which he was a major donor. His animus towards me, also apparently driven by my critiques of the Democratic Party and support for third party candidates, did not go away once RT, where I hosted a show, was shut down, my six years of archives were disappeared from YouTube, and I arranged to move to The Real News. Although Max Alvarez at The Real News insists that the reason for canceling the show was that it jeopardized his nonprofit status, I find it hard to believe that Scruggs' hostility towards me did not play a significant factor in his decision. Scruggs, according to Alvarez, has made it clear that if The Real News does anything, in his eyes, that contributes to the election of Donald Trump, he will pull the funding. This is an inverted way of saying, support Joe Biden and the Democrats. That such a stance is anathema to journalism is obvious. I did not endorse Dennis Kucinich in the last show I did on The Real News, but he is running for Congress in Ohio as an independent, and is critical of the two ruling parties. I did not violate guidelines for nonprofits. Nevertheless, the episode with Kucinich was removed from the site, and immediately afterwards my program was terminated. The model of wealthy people and corporations owning and funding news organizations does not work. The wealthy patrons who own sites such as Salon or Truthdig, or control sites such as The Real News, or the corporations that own news outlets such as CNN and MSNBC, too often interfere in ways that cripple honest inquiry and reporting.



Dear Robert Sapolsky,

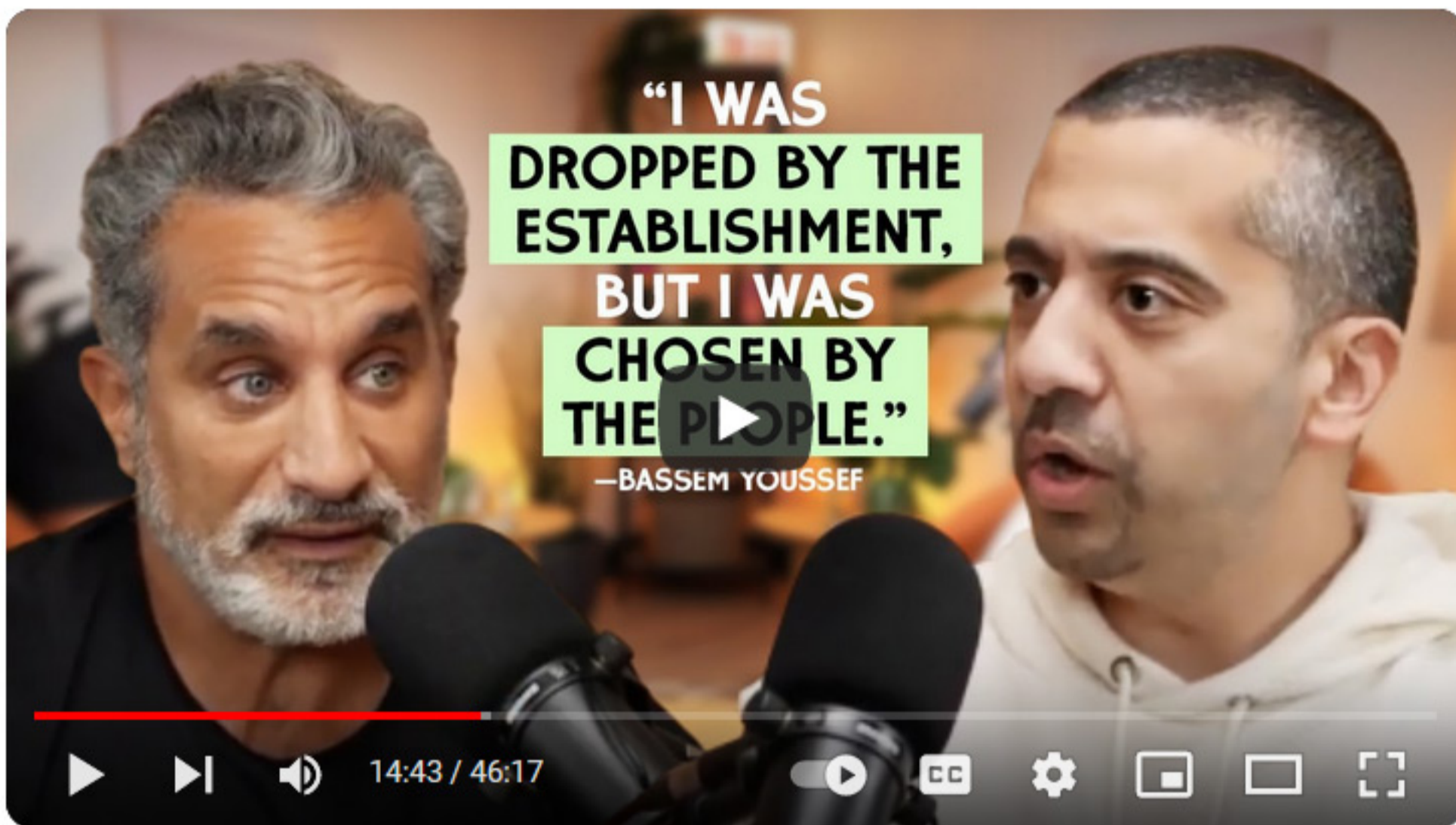
RE: **Determined:** *Life without Free Will*

Given "the sum of the biology over which we had no control and its interactions with environment over which we had no control" predicts our personal spiritual socio-evolutionary development, whether we are aware of it or not . . . can you speak to how this thought intersects the **co-evolutionary** Buddhist concept of **dependent arising**, that all things (dharma, phenomena, principles) arise in dependence upon other things?

Please, come through and deliver. **I'm depending on you for my personal evolution!**



lovepeace



Bassem Youssef and Mehdi Hasan on Gaza: "If you're going to kill me, I'm allowed to scream."

Zeteo 233K subscribers **Subscribe** 39K likes Share

569,637 views Apr 30, 2024 [We're Not Kidding](#)

In the very first episode of the new Zeteo podcast, 'We're Not Kidding,' Mehdi Hasan and guest co-host Bassem Youssef sit down and talk about what their brown parents make of their career choices, becoming famous for the right reasons, Bassem versus Piers Morgan, pushing back against the media's coverage of Gaza, and Mehdi's new hoodie.

'We're Not Kidding' will air twice a month, with Mehdi, Bassem, and a cast of rotating guest co-hosts from the worlds of comedy, entertainment, and the media. Funny people taking on serious topics.



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 Gita Wirjawan ✓
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 Chris Williamson ✓
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Hope Hicks takes the stand, describes the 'meltdown' after...
 MSNBC ✓
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 New



VICENT BEVINS

no legs to stand on

o HARSH IS THE NAME
of REALITY

any revolution needs an accountable
representation to speak it into fruition



4:22 > I have been going back into history and coming across new texts that help me understand how we have come to this moment of horror. And it is a moment of horror for all of us, it is a moment of horror, obviously, particularly, for Palestinians under the onslaught and around the world, but there's a particular kind of horror also for Jewish people, I think, who are trying to understand how we, as a people who have experienced genocide, could be, in the case of the Israeli government, inflicting it, and in the case of many Jewish people around the world, justifying it, making apologies for it, denying it .

'Unshocked': Naomi Klein vs the "ideological shackles of Zionism"


Zeteo
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 5.6K



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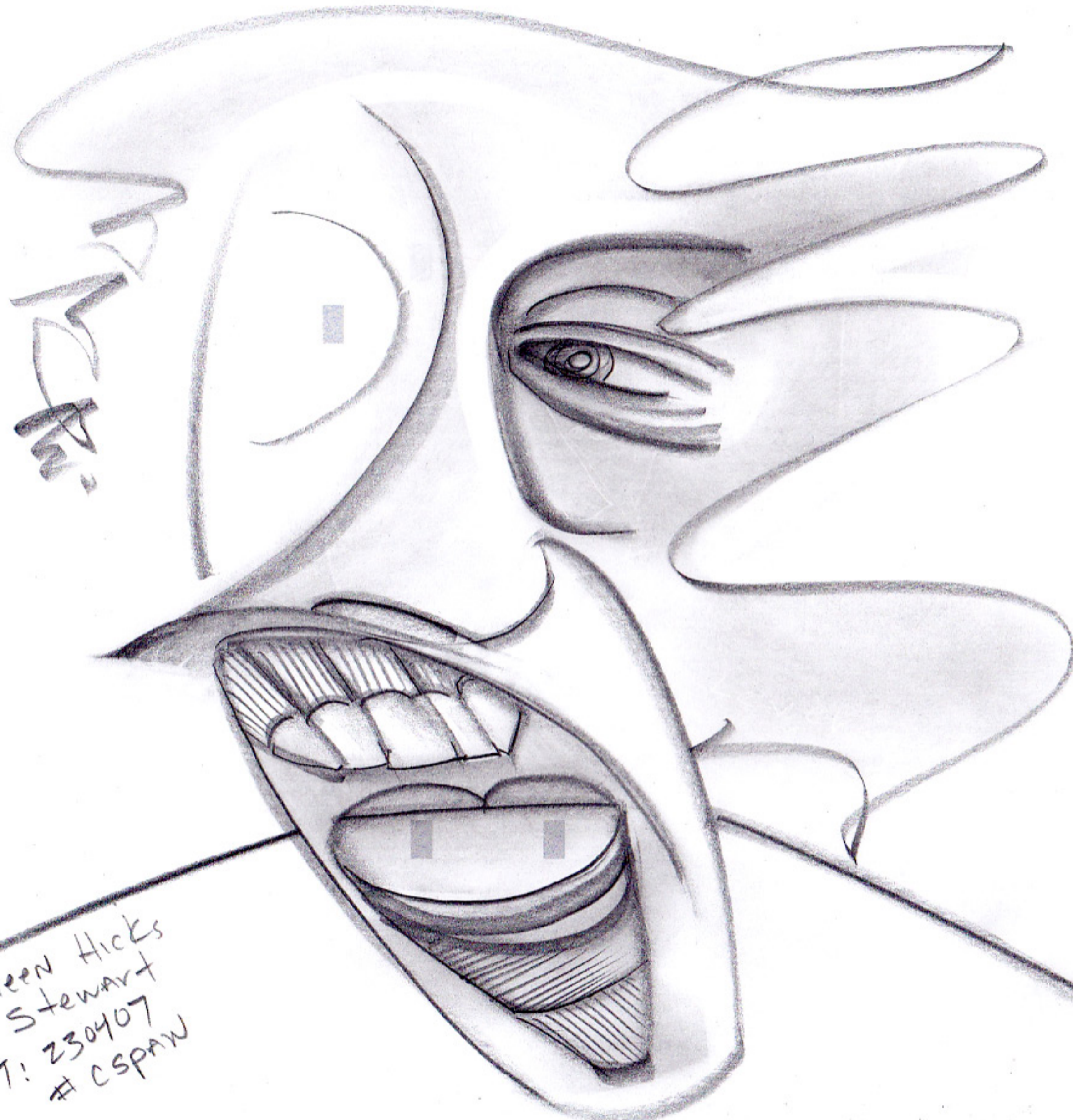


63,374 views May 2, 2024

In a conversation with Mehdi for her new contributor segment at Zeteo, called "Unshocked," Jewish activist, academic, and author Naomi Klein calls for an "exodus from the ideological shackles of Zionism." Naomi also reacts to Israeli PM Benjamin Netanyahu comparing student protesters at Columbia University to Nazis, telling Mehdi that when it comes to Netanyahu, "there is nobody more adept at exploiting Jewish trauma, historical trauma, and turning it into a political weapon for his own advantage." Mehdi also opens up to Naomi about why he decided to boycott the White House Correspondents Dinner. "I can't call out what Israel is doing to Palestinian journalists with American-made bombs and then go to a fun, comedy-type dinner with the President of the United States — who's not just responsible for that, but is also not even acknowledging it," Mehdi told Naomi.

In 2007, Naomi wrote "The Shock Doctrine," a book that explains what happens when a national crisis throws citizens into a state of shock and how the powerful exploit those moments. Although it may be one her most popular books, Naomi tells Mehdi that she dreams of a day where the Shock Doctrine will no longer be relevant, where people can stay grounded even in times of chaos. Look out for "Unshocked" with Naomi Klein every month, where Naomi and Mehdi will provide deeper analysis on current events, religion, politics, ideology, and more.





ART

Kathleen Hicks
Jon Stewart
YT: 230407
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Fareed Zakaria with Malcolm Gladwell: Age of Revolutions

92NY The 92nd Street Y, New York ✓
330K subscribers

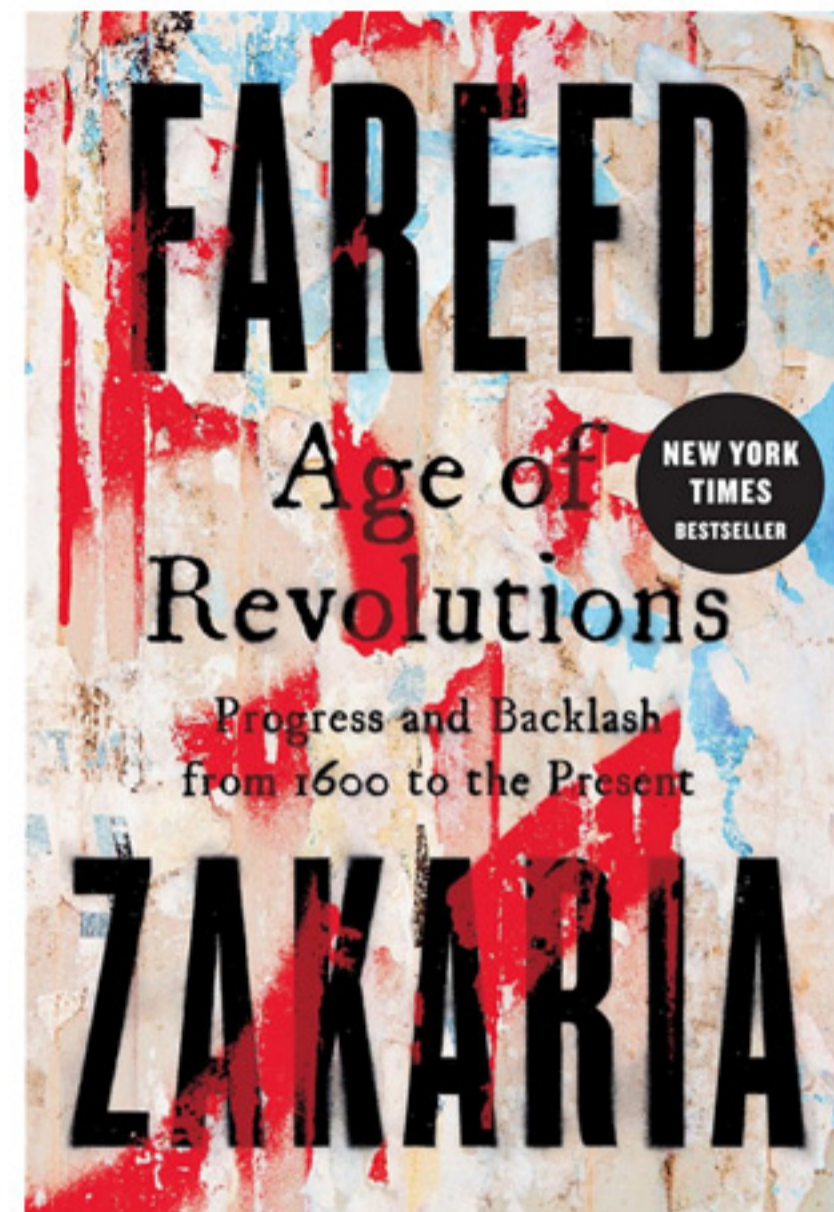
91,720 views Apr 17, 2024 92NY

Fareed Zakaria and Malcolm Gladwell discuss Fareed's new book, *The Age of Revolutions*, which investigates three historic eras that have shattered and shaped humanity and hold profound lessons for today. These include the economic revolution in the Netherlands in the 17th century, the political revolution in France in the 18th Century, and the Industrial Revolution in Britain in the 19th Century. Against these paradigm-shifting historical eras, Zakaria describes our current situation, unpacking the four revolutions we are living through now in globalization, technology, identity, and geopolitics.

Recorded March 26, 2024, at The 92nd Street Y, New York.

The CNN host and best-selling author explores the revolutions—past and present—that define the polarized and unstable age in which we live.

Populist rage, ideological fracture, economic and technological shocks, war, and an international system studded with catastrophic risk—the early decades of the twenty-first century may be the most revolutionary period in modern history. But it is not the first. Humans have lived, and thrived, through more than one great realignment. What are these revolutions, and how can they help us to understand our fraught world?



Alongside these paradigm-shifting historical events, Zakaria probes four present-day revolutions: globalization, technology, identity, and geopolitics. For all their benefits, the globalization and technology revolutions have produced profound disruptions and pervasive anxiety and our identity. And increasingly, identity is the battlefield on which the twenty-first century's polarized politics are fought. All this is set against a geopolitical revolution as great as the one that catapulted the United States to world power in the late nineteenth century. Now we are entering a world in which the US is no longer the dominant power. As we find ourselves at the nexus of four seismic revolutions, we can easily imagine a dark future. But Zakaria proves that pessimism is premature. If we act wisely, the liberal international order can be revived and populism relegated to the ash heap of history.

As few public intellectuals can, Zakaria combines intellectual range, deep historical insight, and uncanny prescience to once again reframe and illuminate our turbulent present. His bold, compelling arguments make this book essential reading in our age of revolutions.



DANIEL MACKLER



Gabor Maté and Yanis Varoufakis | HOW TO HEAL FROM THIS TOXIC CULTURE | Podcast 4

Eye Of The Storm Podcast
17.5K subscribers

70,435 views May 1, 2024

This podcast is released alongside the acclaimed new docuseries 'In The Eye Of The Storm – The Political Odyssey Of Yanis Varoufakis'. Watch it here: <http://www.eyeofthestorm.info>

Dr. Gabor Maté is a renowned speaker and bestselling author, highly sought after for his expertise on a range of topics including addiction, stress and childhood development. To find out more, go to: <https://drgabormate.com/about/>

Yanis Varoufakis is an economist, politician, author and the former finance minister of Greece. To find out more, go to: <https://www.yanisvaroufakis.eu/>

Raoul Martinez is a philosopher, author and filmmaker. To find out more, go to: <http://www.creatingfreedom.info>



Dr. Gabor Maté: The Myth of Normal & The Power of Connection |...

Wholehearted
1.2M views • 1 year ago



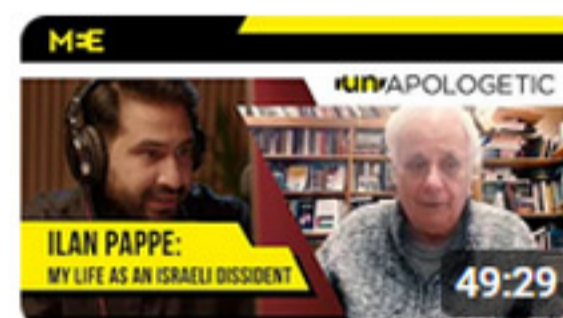
Naomi Klein and Yanis Varoufakis | THE WRONG LESSON FROM...

Eye Of The Storm Podcast
105K views • 2 weeks ago



"The Myth of Normal": Dr. Gabor Maté on Trauma, Illness and Healin...

Democracy Now! ✓
402K views • 1 year ago



Ilan Pappé - how he became an Israeli dissident and on why Zionis...

Middle East Eye ✓
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#292: Unstressable with Gabor Maté and Mo Gawdat - Palestine,...

Mo Gawdat
39K views • 4 weeks ago



John Mearsheimer: What's Behind Biden's Blank Check Support for...

Gita Wirjawan ✓
570K views • 1 month ago



Meet Hala Rharrit, First U.S. Diplomat to Quit over Gaza

Democracy Now! ✓
239K views • 2 days ago

New



WRONG HAIR 1960s
50961



Looking to persuade someone? Start with respect. dusanpetkovic/iStock via Getty Images Plus

As humans, we all want self-respect – and keeping that in mind might be the missing ingredient when you try to change someone’s mind

Published: May 3, 2024 8:13am EDT

Colin Marshall, University of Washington

Why is persuasion so hard, even when you have facts on your side? As a philosopher, I’m especially interested in persuasion – not just how to convince someone, but how to do it ethically, without manipulation. I’ve found that one of the deepest insights comes from the German philosopher Immanuel Kant, a focus of my research, who was born 300 years ago: April 22, 1724. In his final book on ethics, “The Doctrine of Virtue,” Kant writes that each of us has a certain duty when we try to correct others’ beliefs. If we think they’re mistaken, we shouldn’t dismiss them as “absurdities” or “poor judgment,” he says, but must suppose that their views “contain some truth.” What Kant is describing might sound like humility – just recognizing that other people often know things we don’t. But it goes beyond that. This moral duty to find truth in others’ mistakes is based on helping the other person “preserve his respect for his own understanding,” Kant claims. In other words, even when we encounter obviously false points of view, morality calls on us to help the person we’re talking to maintain their self-respect – to find something reasonable in their views. This advice can come across as patronizing, as though we were supposed to treat other adults like children with fragile egos. But I think Kant is onto something important here, and contemporary psychology can help us see it.

Moral maturity

Persuasion, in other words, takes a lot of juggling: In addition to making strong persuasive arguments, a persuader also has to avoid threatening the other person’s need for self-respect.

Actual juggling would be a lot easier if we could slow down the objects. That’s why juggling on the Moon would be about twice as easy as on Earth, thanks to the Moon’s lower gravity.

When it comes to persuasion, though, we can slow things down by pacing the conversation, opening up time to learn something from the other person in return. This signals that you take them seriously – and that can bolster their self-esteem.

To be ethical, this openness to learning must be sincere. But that’s not hard: On most topics, each of us have limited experience. For example, perhaps Donald Trump or Joe Biden validated some of your cousin’s frustrations about their local government, in ways you couldn’t have guessed.

This approach has an important benefit to you as well: helping you preserve your own self-respect. After all, approaching others with humility shows moral maturity. Recognizing others’ need for self-respect can not only help you persuade someone, but persuade in ways you can feel proud of.



No, I really don't to hear your 'quick idea' – not until I have some food in me, anyway. Jose Luis Pelaez/Stone via Getty Images



~~LZ2~~
MC

COMFORM

NOGALES, Ariz. — **It's easy to walk south from the U.S. into Mexico.** What's hard is going the other way. A team of NPR journalists experienced that for ourselves, on a bright day in March when we passed easily through a legal port of entry that separates Nogales, Arizona, from Nogales, Sonora. [. . .] Our team started back along the road north. We bought a pink frozen paleta, a popsicle, from a man pushing a cart on a busy road. As we approached the Nogales port of entry, officers with U.S. Customs and Border Protection asked us if we were U.S. citizens. When we said we were, they waved us through without asking to see identification.



MORNING EDITION

Is it easy for migrants to enter the U.S.? We went to the border to find out



THE AMERICAS

Bodies found in Mexico identified as missing American and Australian surfers



NATIONAL

U of Mississippi opens probe over hostile protest that involved racist taunts



New EVs aren't cheap. At least, not in the United States. In other parts of the world, bargain electric vehicles from China abound, but a **27.5% tariff** has kept those cars out of the United States. Arvind Srinivasan, who recently shopped around for an EV under \$25,000, feels conflicted about that. "As a consumer, yeah, I would buy a Chinese EV, probably without question," he says. "But as a person who cares about the country, in that view, I feel like, no, we should either tariff or ban them." Even higher tariffs and outright bans are both real possibilities. That's because cheap Chinese EVs could be devastating to a key sector of the U.S. economy: auto manufacturing. And the Biden administration's climate strategy, which would benefit from cheaper EVs, also prioritizes U.S. jobs.



BUSINESS

China makes cheap electric vehicles. Why can't American shoppers buy them?



NATIONAL

'I did not feel like a human': Brittney Griner tells NPR about detention in Russia



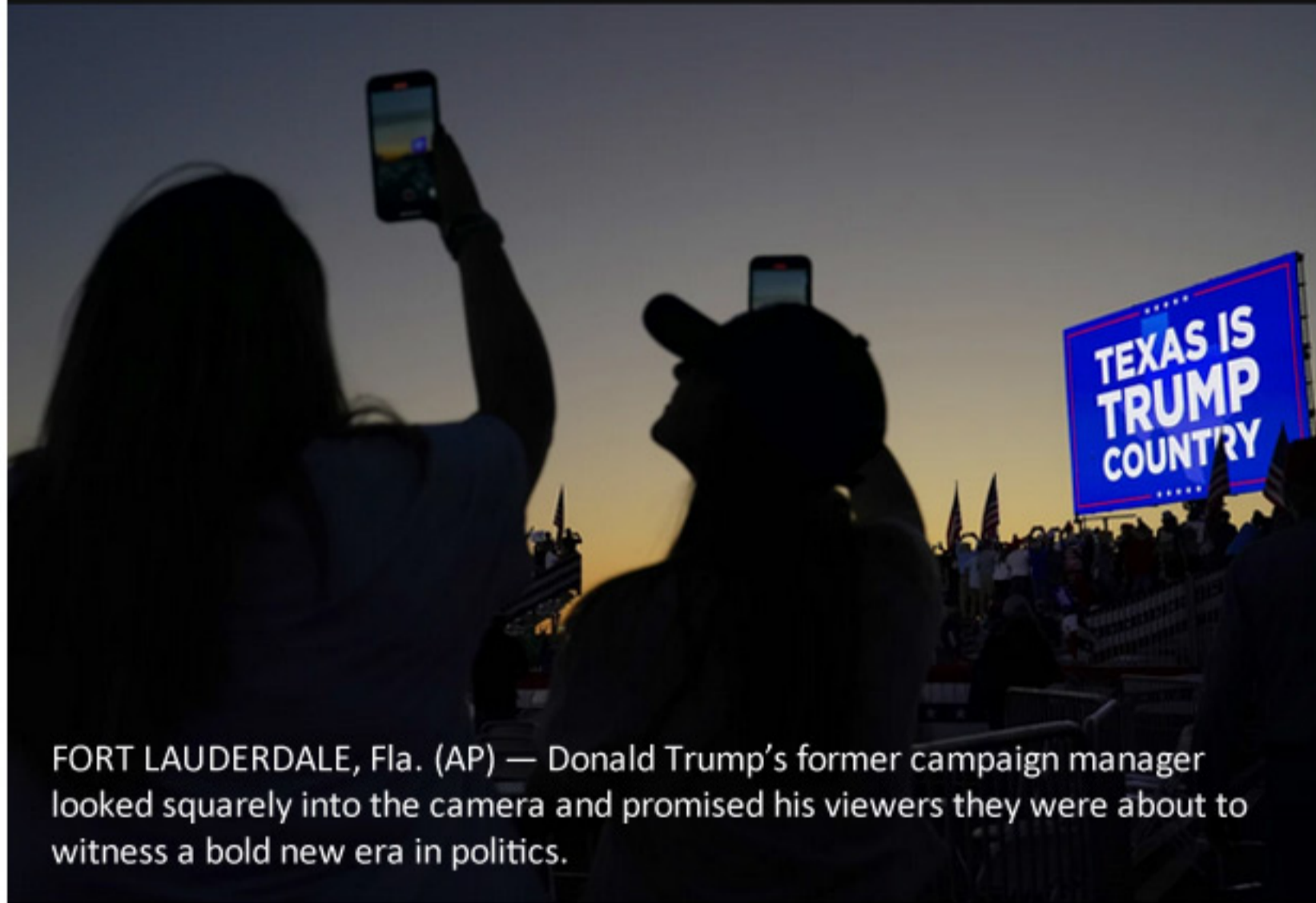
NATIONAL

After a serious car accident, a man pulled over — and continued to help for days



LEAVE OR DIE

Brad Parscale helped Trump win in 2016 using Facebook ads. Now he's back, and an AI evangelist



FORT LAUDERDALE, Fla. (AP) — Donald Trump's former campaign manager looked squarely into the camera and promised his viewers they were about to witness a bold new era in politics.

FILE - People hold their cellphones as they wait for the plane carrying former President Donald Trump to take off after a campaign rally at Waco Regional Airport Saturday, March 25, 2023, in Waco, Texas. (AP Photo/Nathan Howard, File)

Parscale, the digital campaign operative who helped engineer Trump's 2016 presidential victory, vows that his new, AI-powered platform will dramatically overhaul not just polling, but campaigning. His AI-powered tools, he has boasted, will outperform big tech companies and usher in a wave of conservative victories worldwide.

It's not the first time Parscale has proclaimed that new technologies will boost right-wing campaigns. He was the digital guru who teamed up with scandal-plagued Cambridge Analytica and helped propel Trump to the White House eight years ago. In 2020, he had a public blowup then a private falling out with his old boss after the Capitol riot. Now he's back, playing an under-the-radar role to help Trump, the presumptive GOP nominee, in his race against Democratic President Joe Biden.

Nervous about falling behind the GOP, Democrats are wrestling with how to use AI



The recent developments in supercharged generative AI, have provided candidates and consultants with the ability to generate text and images, clone human voices and create video at unprecedented volume and speed.

1 of 5 | FILE - President Joe Biden speaks during a Hanukkah reception in the East Room of the White House in Washington, Monday, Dec. 11, 2023. The White House announced new rules in March 2024 for how the federal government should use artificial intelligence, building off an executive order to create a set of standards in AI development. (Doug Mills/The New York Times via AP, Pool, File)

WASHINGTON (AP) — President Joe Biden's campaign and Democratic candidates are in a fevered race with Republicans over who can best exploit the potential of artificial intelligence, a technology that could transform American elections — and perhaps threaten democracy itself. Still smarting from being outmaneuvered on social media by Donald Trump and his allies in 2016, Democratic strategists said they are nevertheless treading carefully in embracing tools that trouble experts in disinformation. So far, Democrats said they are primarily using AI to help them find and motivate voters and better identify and overcome deceptive content. "Candidates and strategists are still trying to figure out how to use AI in their work. People know it can save them time — the most valuable resource a campaign has," said Betsy Hoover, director of digital organizing for President Barack Obama's 2012 campaign and co-founder of the progressive venture capital firm Higher Ground Labs. "But they see the risk of misinformation and have been intentional about where and how they use it in their work."

220322

Ayman Nijim • Katherine Gallagher

CENTER for Constitutional Rights

DEFENSE for children PALESTINE

CHRIS HEDGES

SHOULD BIDEN BE TIRED for GENOCIDE CRIMES

<YT>

add "me" but 7

Russia announces nuclear weapon drills after angry exchange with senior Western officials



FILF - In this photo released by the Russian Defense Ministry on March 19, 2024, a Russian tank fires at troops from a position near the border with Ukraine in Russia's Belgorod region. (Russian Defense Press Service via AP, File)

Russia plans to hold drills simulating the use of battlefield nuclear weapons, the Defense Ministry announced Monday, days after the Kremlin reacted angrily to comments by senior Western officials about the war in Ukraine and Moscow warned that tensions with the West are deepening.

The drills are in response to “provocative statements and threats of certain Western officials regarding the Russian Federation,” the Defense Ministry said in a statement.

It was the first time that Russia has publicly announced drills involving tactical nuclear weapons, though its strategic nuclear forces regularly hold exercises. Tactical nuclear weapons include air bombs, warheads for short-range missiles and artillery munitions and are meant for use on a battlefield. They are less powerful than the massive warheads that arm intercontinental ballistic missiles and are intended to obliterate entire cities.

The Russian announcement appeared to be a warning to Ukraine’s Western allies about becoming more deeply involved in the more than two-year war. Some of Ukraine’s Western partners have previously expressed concern about stoking the conflict amid fears it could spill beyond Ukraine into a war between NATO and Russia.

French President Emmanuel Macron repeated last week that he doesn’t exclude sending troops to Ukraine, and U.K. Foreign Secretary David Cameron said Kyiv’s forces will be able to use British long-range weapons to strike targets inside Russia. Some other NATO countries providing weapons to Kyiv have balked at that possibility.

The Kremlin branded those comments as dangerous, heightening tension between Russia and NATO. The war already has placed significant strain on relations between Moscow and the West.

Kremlin spokesman Dmitry Peskov on Monday said Macron’s recent statement and other remarks by British and U.S. officials had prompted the nuclear drills.

“It’s a new round of escalation,” Peskov said, referring to what the Kremlin regarded as provocative statements. “It’s unprecedented and requires special attention and special measures,” Peskov told reporters.

Dmitry Medvedev, the deputy head of Russia’s Security Council that’s chaired by President Vladimir Putin, said in his typically hawkish fashion that the comments by Macron and Cameron risked pushing the nuclear-armed world toward a “global catastrophe.”

It wasn’t the first time Europe’s military support for Ukraine has irked Russian authorities and prompted nuclear saber-rattling. In March last year, after the U.K. government’s decision to provide Ukraine with armor-piercing shells containing depleted uranium, Putin announced that he intends to deploy tactical nuclear weapons on the territory of Belarus.

The ministry said the exercise is intended to “increase the readiness of non-strategic nuclear forces to fulfill combat tasks” and will be held on Putin’s orders. The maneuvers will involve missile units of the Southern Military District along with the air force and the navy, it said.

Western officials have blamed Russia for threatening a wider war through provocative acts. NATO countries said last week they are deeply concerned by a campaign of hybrid activities on the military alliance’s soil, accusing Russia of being behind them and saying they represent a threat to their security. Peskov dismissed those claims as “new unfounded accusations leveled at our country.”

MY PRONOUNS ARE US/WE!

WHAT IS ITS CANDOR?

CHEEK to CHEEK

NORM CHOMSKY PASSES the Torch to the Last Generation - 4/24/17





The Kentucky Derby is one of the most fashionable sporting events. See the splendor

LOUISVILLE, Ky. (AP) — A Kentucky Derby look isn't complete without headwear. Hats or fascinators for women. Hats for men, and not only traditional ones. People create their own statement pieces involving the Twin Spires, horses and even the starting gate at Churchill Downs, which is celebrating the 150th running of the famous race.



SPORTS

AP PHOTOS: The Kentucky Derby is one of the most fashionable sporting events. See the splendor

The Kentucky Derby is one of the most fashionable sporting events. See the splendor



Race fans arrive at Churchill Downs before the 150th running of the Kentucky Derby horse race Saturday, May 4, 2024, in Louisville, Ky. (AP Photo/Charlie Riedel)



Best of 7.
Only one winner.
Get glue! **Fragments.**
Increments.
Intervals. Segments.
Snapshots. Shards.
Pieces of the whole.
Pieces. The whole.
The whole plus
another whole.
A couple.
Two couples.
Dinner for four.
Five on five – half
court, 5 on 5 – full
court press. Teams.
Teams competing.
Game. Game on. First
quarter. Second half.
Overtime.
Championship series.
Legacy. History.
Prehistory.
The Big bang.
Stardust. Galaxy.
Solar systems.
Planets. Moons.
Moon dust.
Molecules. Plasma.
Electrons. Neutrino
and Quarks.
Elementary mist.
Two mists.
Missing you.
Where is dead?



lovepeace



A man pours water on his daughter on a hot summer day in Manila, Philippines on Friday, April 26, 2024.

A woman drinks water from a public tap near the River Ganges on a hot summer day in Prayagraj, India,



Women sip cool drinks as little girls wait for their turn at a roadside stall in Kolkata, India



THE WORST MISTAKE HUMANS EVER MADE:

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Africa

Russian troops enter base housing US military in Niger, US official says

By Phil Stewart and Idrees Ali

May 3, 2024 9:12 AM PDT · Updated 3 days ago



Feedback

[2/3] Nigeriens gather in a street to protest against the U.S. military presence, in Niamey, Niger April 13, 2024.

REUTERS/Mahamadou Hamidou/File Photo

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WASHINGTON, May 2 (Reuters) - Russian military personnel have entered an air base in Niger that is hosting U.S. troops, a senior U.S. defense official told Reuters, a move that follows a decision by Niger's junta to expel U.S. forces. The military officers ruling the West African nation have told the U.S. to withdraw its nearly 1,000 military personnel from the country, which until a coup last year had been a key partner for Washington's fight against insurgents who have killed thousands of people and displaced millions more.

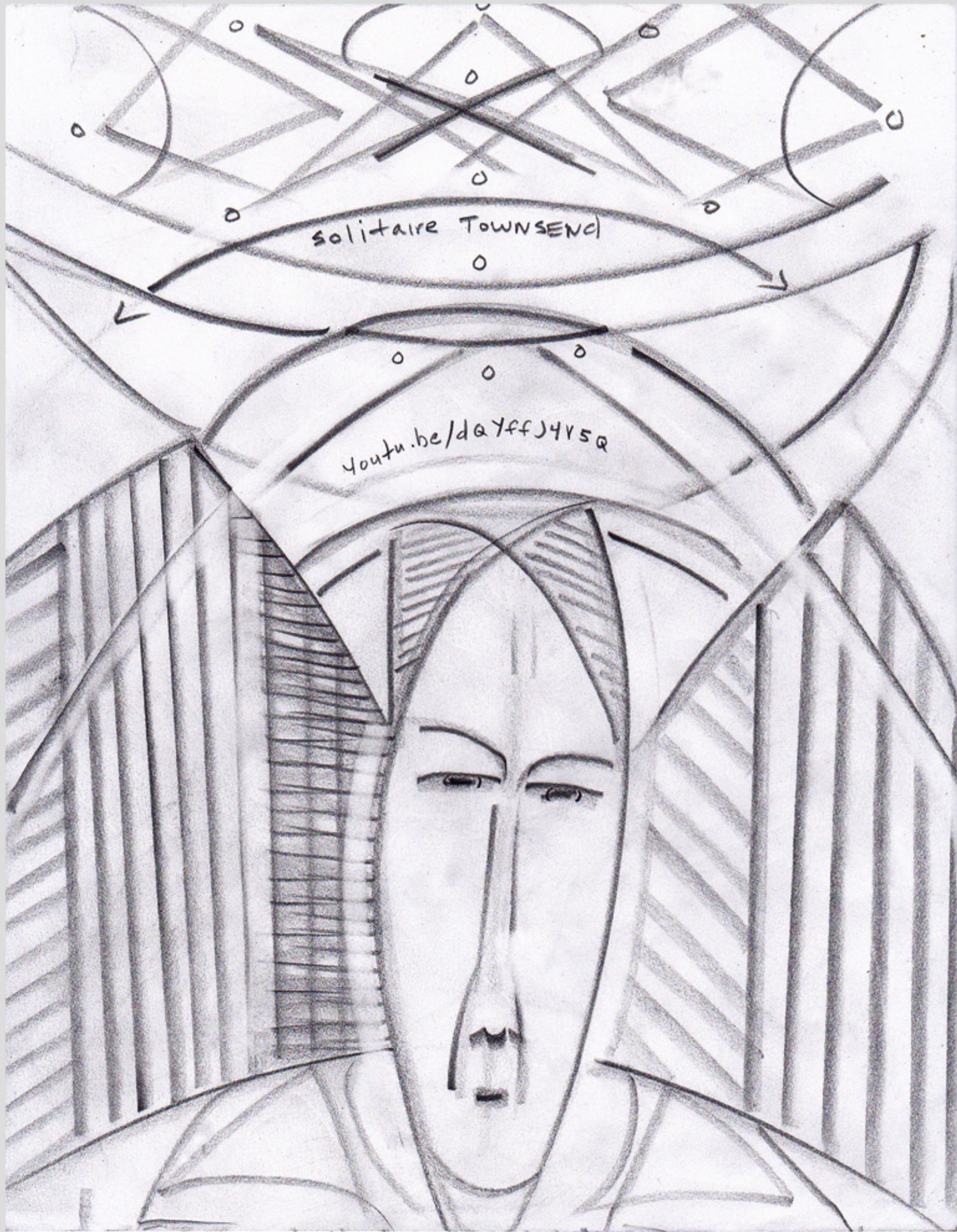
A senior U.S. defense official, speaking on condition of anonymity, said Russian forces were not mingling with U.S. troops but were using a separate hangar at Airbase 101, which is next to Diori Hamani International Airport in Niamey, Niger's capital.

The move by Russia's military, which Reuters was the first to report, puts U.S. and Russian troops in close proximity at a time when the nations' military and diplomatic rivalry is increasingly acrimonious over the conflict in Ukraine. It also raises questions about the fate of U.S. installations in the country following a withdrawal.

"(The situation) is not great but in the short-term manageable," the official said. Asked about the Reuters report, U.S. Defense Secretary Lloyd Austin played down any risk to American troops or the chance that Russian troops might get close to U.S. military hardware.

"The Russians are in a separate compound and don't have access to U.S. forces or access to our equipment," Austin told a press conference in Honolulu. "I'm always focused on the safety and protection of our troops ... But right now, I don't see a significant issue here in terms of our force protection."

The Nigerien and Russian embassies in Washington did not immediately respond to a request for comment.



solitaire TOWNSEND

youtu.be/dq7ffJ4V5Q



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Maintenance

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1268 El Rey Ave El Cajon, CA 92021
<https://www.ethicalcommunity.org/marquezlopezlandscapeandmaintenance>
619-647-1997

Maintenance Requests

[Request Maintenance](#)

- Sprinklers** **TECHNICIAN CONTACTED**

None of the back sprinkler heads are working properly. They don't lift up and the water is puddling on the walkway and then seeping into the screened in shed. Also, the front lawn is saturated and the water runs off onto the sidewalk. Both the front and back lawns are being watered too frequently. A schedule of twice a week during the rainy season is sufficient. Please adjust the schedule to twice a week now. The schedule can be adjusted to three times a week when it gets hot.

Requested by Carol S. Landrum on 04/30/24
Maintenance Request #16630-1
A technician was contacted for this request on 05/01/2024.

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Give 100% to everything you do.. except donating blood!

Home > Columns > Rollin' on the River > "Whatever you do, always give 100%. Unless you're donating blood" — Bill...

Columns Rollin' on the River

"Whatever you do, always give 100%. Unless you're donating blood" — Bill Murray

By Mark Taylor - January 19, 2024



WHATEVER YOU DO, ALWAYS GIVE 100%.
UNLESS YOU'RE DONATING BLOOD.

-BILL MURRAY





Obituary of Graham Maurice Leslie Gladwell

Graham Gladwell died on Saturday, March 11, 2017 at St. Mary's General Hospital in Kitchener. He was the husband of Joyce Gladwell, father of Graham Jr., Geoffrey and Malcolm, father-in-law to Beverly Suderman-Gladwell, grandfather to Nathan and Maria, and mentor and inspiration to countless others. He was an expert in three things: the Bible (which he read every morning), mathematics, and gardening. On pretty much everything else, he was open to suggestion. He was a great friend to small children and dogs. He was generous and unpretentious and had a highly-developed sense of the absurd. He loved to take long walks and saw in nature a reflection of God's glory.

Graham Gladwell was born in Otford, Kent, England on February 21, 1934, the second child of Basil and Doris Gladwell. He graduated first in mathematics at University College London in 1954 at the age of twenty and later received a Ph.D. and a D.Sc. from the same institution.

He taught at the University of West Indies, the Massachusetts Institute of Technology, Southampton University, and in the Engineering Department of the University of Waterloo from 1969 until his retirement. He was a fellow of the Royal Society of Canada, the American Academy of Mechanics, the Institute of Mathematics and its Applications, and the recipient of a lifetime achievement medal from the Canadian Congress of Applied Mechanics. He was the author of five books about inverse problems, the theory of elasticity and the theory of vibration, all of which were entirely incomprehensible to anyone outside of his rarified corner of academia. He was also the author of countless works of doggerel (some of which were published in local newspapers), a prose poem that will be read at his memorial, a beautiful feminist hymn (a "Her" as he put it), and an essay to his auto mechanic written in the voice of his car after the dealership repeatedly failed to fix the car's problems. (The dealership returned the essay with a grade of A minus). Even in his final days, he brought humor and joy to all those he encountered. He would have been amused by the fact that the date of his death was a rare sequence of three prime numbers: the 11th day of the 3rd month of the 2017th year.

Malcolm Gladwell: Full Exclusive Interview - No Small Endeavor



<https://youtu.be/qesQyGQ0NBQ>

(Lee C. Camp) 24:44 > . . . very interesting because on Sunday night we're going to talk about the fact that you say that you're trying to do work in which you help us become less judgmental.

(Malcolm Gladwell) 24:58 > I'm not, this is not judgmental. I'm just calling out the facts as I see them.





Malcolm Gladwell: Full Exclusive Interview - No Small Endeavor



No Small Endeavor

3.38K subscribers

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11,015 views Mar 7, 2024 [No Small Endeavor with Lee C. Camp](#)

You may think you know Malcolm Gladwell.

He is, after all, a New York Times bestselling author of "Outliers," "The Tipping Point," "Blink," and other books. He's the host of the wildly popular podcast "Revisionist History." His work is heralded and his opinion asked by many folks on a wide array of issues. But what makes him so different that he has become one of the most successful journalists of our day?

In this episode, Malcolm tells a host of stories - from receiving endorsement from his mother to cut class, to attending a Mennonite barn-raising with his mathematician father, to spending three days a week in Freudian therapy as a young adult - all which help explain how he became the wildly curious and unpinnable person that he is, bent on getting to the bottom of things.

Lee C. Camp: I am an Alabamian by birth, raised in the tail end of the Appalachians in the north eastern quadrant of the state, full of long-leaf pines and red-clay dirt and rolling hills. After leaving home I completed an undergraduate degree in Computer Science at Lipscomb University (B.A., 1989) in Nashville, Tennessee, where I fell in love with the wonderful woman named Laura who became my wife. We made our way out west where I did seminary at Abilene Christian University (M.A., M.Div., 1993), and Laura did an M.B.A. There we learned to love the flat dry desert, the ubiquitous mesquite trees, and the good people of west Texas. Following a six month sojourn in Kenya working with street-kids and a vocational school, we made our way to the mid-west and made a home in South Bend, Indiana where I did graduate studies at Notre Dame in Moral Theology / Christian Ethics (M.A., Ph.D., 1999): there the Alabama boy who had deeply distrusted Notre Dame as a child (because they always beat Bear Bryant) learned to love Domers and Touchdown Jesus and Notre Dame football, and cold, snowy winter days cooped up in Hesburgh Library, long, dark days good for studying, with summer and fall days so crystal clear and beautiful that it made one simply grateful to be alive.

I've been teaching full-time at Lipscomb University since 1999, a community I love and for which I am deeply grateful, full of many dear friends and outstanding colleagues. Laura and I have three sons whom we love, of course, more than words can tell, and have been grateful to raise them in Nashville. Since 2013, I've been flying sailplanes for my primary hobby. It makes me giddy.

I'd love to come speak to your university, corporation, or gathering. For more information, visit [here](#).

I'd also be delighted to have you come join in the No Small Endeavor community, either online or for a live event in Nashville. Sign up for our community below.

Last, I'd be delighted to have you as a conversation partner, either through published books, the blog, or our email list.

The clock is ticking to fix Social Security as retirees face automatic cut in 9 years

MAY 6, 2024 · 7:06 PM ET



Scott Horsley



Social Security's finances have improved slightly in the last year. But benefits are still facing an automatic cut in less than a decade unless Congress takes steps to prop up the program.

Kevin Dietsch/Getty Images

The report from Social Security trustees predicts the retirement program's trust fund will be exhausted in November of 2033. At that point, benefits would automatically be cut by 21%, unless lawmakers adopt changes before then.

Queen of S. M.
Granny Annie
will live on



COPS GOT 'EM,
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TWO MEN
ARRESTED
IN PELLET
GUN DEATH
OF WOMAN

PROSECUTOR: BEEN TEXTED
'I'M GOING HOBBO HUNTING'

CHARGED

'I'M GOING HOBBO HUNTING WITH A PELLET GUN'



ANNIE

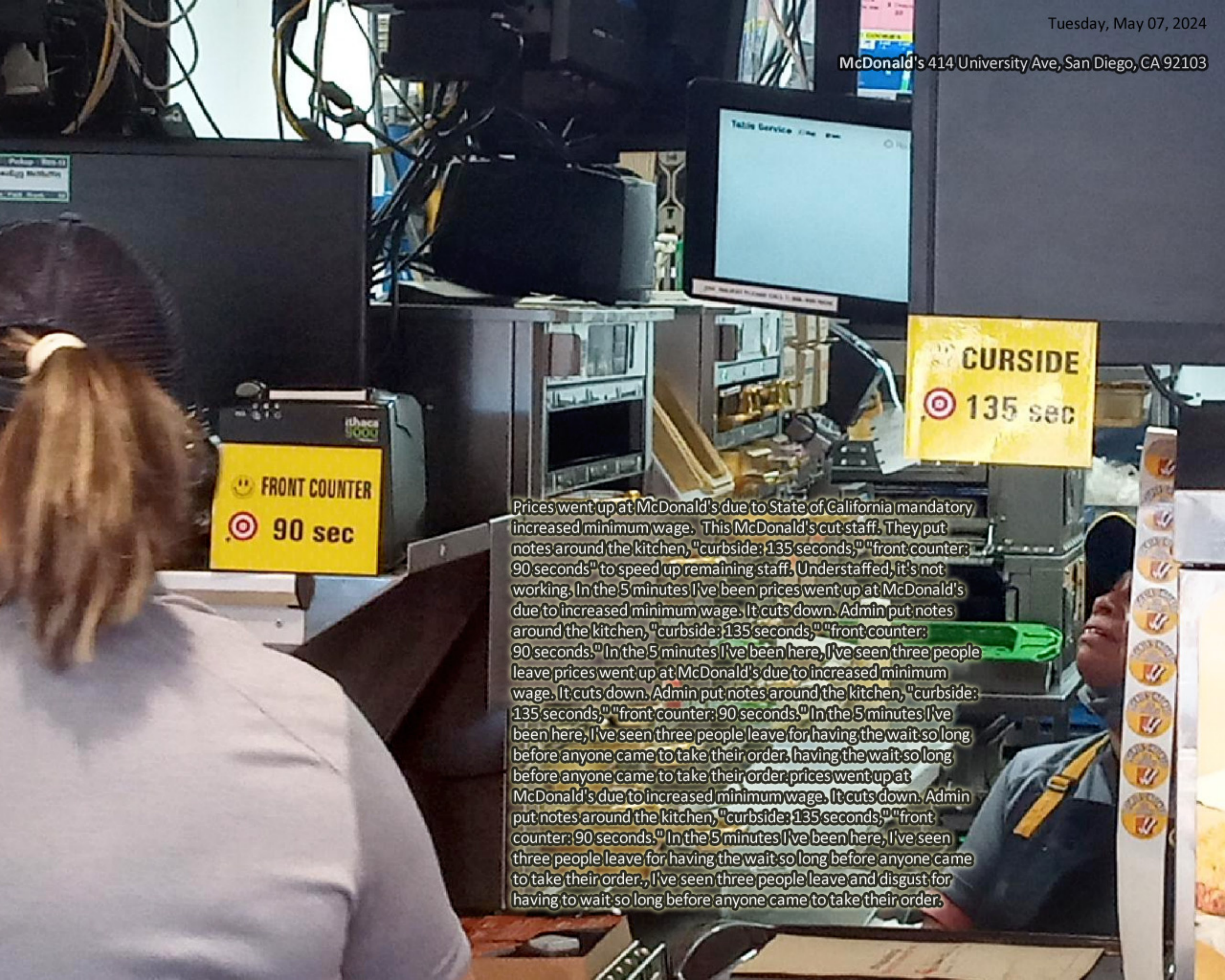


DIOR



Café Terrace





Prices went up at McDonald's due to State of California mandatory increased minimum wage. This McDonald's cut staff. They put notes around the kitchen, "curbside: 135 seconds," "front counter: 90 seconds" to speed up remaining staff. Understaffed, it's not working. In the 5 minutes I've been here, I've seen three people leave prices went up at McDonald's due to increased minimum wage. It cuts down. Admin put notes around the kitchen, "curbside: 135 seconds," "front counter: 90 seconds." In the 5 minutes I've been here, I've seen three people leave for having the wait so long before anyone came to take their order. having the wait so long before anyone came to take their order. prices went up at McDonald's due to increased minimum wage. It cuts down. Admin put notes around the kitchen, "curbside: 135 seconds," "front counter: 90 seconds." In the 5 minutes I've been here, I've seen three people leave and disgust for having to wait so long before anyone came to take their order.




Raz Segal
Israeli Historian



Diana Buttu
Palestinian Lawyer



'This is a Society Awash with War Criminals': Mehdi's Panel of Experts on Israel and Rafah

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Mehdi Hasan hosts Israeli Holocaust scholar Raz Segal and Palestinian lawyer Diana Buttu May 7, 2024

The Israeli military has officially begun to move into the southern Gazan city of Rafah, sending in tanks and taking control of the border crossing with Egypt. The looming full-scale invasion has already been called a “humanitarian nightmare” by the UN secretary-general.


In response to these escalations, Mehdi hosted a town hall for Zeteo paid subscribers with Israeli Holocaust scholar Raz Segal and Palestinian lawyer Diana Buttu.

Segal, who has previously called Israel’s war on Gaza a “textbook case of genocide,” explained to Mehdi why Israel’s assault on Gaza, and America’s support for it, is about so much more than those in power will ever admit.

Zeteo contributor Diana Buttu reminded viewers that Israel’s latest escalations in Rafah are, unfortunately, no surprise, stating that the invasion is what “Netanyahu always wanted.”



Naomi Klein and Yanis Varoufakis | THE WRONG LESSON FROM HISTORY | Podcast 2

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This podcast is released alongside the acclaimed new docuseries 'In The Eye Of The Storm — The Political Odyssey Of Yanis Varoufakis'. Watch it here: <http://www.eyeofthestorm.info>

Naomi Klein is an award-winning journalist and New York Times bestselling author. Her most recent book is Doppelgänger. Learn more here: <https://naomiklein.org/about-naomi/>

Yanis Varoufakis is an economist, politician, author and the former finance minister of Greece. To find out more, go to: <https://www.yanisvaroufakis.eu/>

Raoul Martinez is a philosopher, author and filmmaker. To find out more, go to: <http://www.creatingfreedom.info>



INTERVIEW: The walls are closing in on the ability to dissent, says cancelled Chris Hedges



George Galloway MP

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100,850 views May 5, 2024 #ChrisHedges #Israel #Netanyahu

It's clear nothing is going to impede the Israeli assault on Gaza. They've sold out their own hostages: Chris Hedges

now he won't thank me for putting it this way but if there is a saint walking around uh in uh Progressive politics anywhere today it's Chris Hedges uh a saintly educated calm cool and collected voice of experience on war and high politics High crimes and misdemeanors in aan America he'd be pretty near the president's desk at the White House at least he'd be at Foggy Bottom as the Secretary of State instead Chris Hedges has just been cancelled from yet another gig yet another platform but he'll never ever be cancelled from the mother of all talk shows Chris Hedges uh welcome before we get on to the the big stuff the important uh more important stuff like ceasefires War famine pestilence and disease what have they done to you now well the primary funner of the real news is a guy named TM Scruggs who told the real news that if they did anything uh in his eyes to elect Donald Trump they would lose their funding that is just an inverted way of saying support Joe Biden and the Democrats uh I have a long history with scrub drugs uh he had given money to Shear post the website run by Bob Shear I had written a colum defending the writer Alice Walker against charges that she was an anti-semite uh Scruggs demanded the colum be removed he was a major donor and then when Bob Shear refused to remove it uh he uh cut off all contributions to the site uh so the editor of the real news max Alvarez said that I was cancelled uh because I jeopardized his nonprofit status that is completely untrue uh what happened was I interviewed Dennis kusich uh former member of the House former presidential candidate Andy War candidate who is running for a house seat as an independent in Ohio I did not endorse him which would have violated uh non profits uh uh so I did not violate the rules and what happened was that that interview was removed from the site and then I my show was immediately terminated that's the problem uh with wealthy rich people or corporations uh running news sites they distort uh corrupt uh uh the truth

the news uh whether that's on MSNBC where every uh analyst discussing the police assaults on us universities for non violent protest arresting students for trespassing on their own campuses uh come from uh the police agencies or the security forces so I I got caught up in it I'll have to uh you know establish something now that is completely independent as you said I uh was pushed out of the New York Times for denouncing the war in Iraq uh when the wealthy publisher of Truth dig tried to fire the editor Bob sheerar I organized a strike among all the staff except for two of them and then we were all fired it's not a new story but the walls are really closing in there's just less and less possibility uh for legitimate criticism legitimate dissent and honest journalism well uh let us know what it is you decide to do next and we will of course do our best to direct people uh your way uh let's turn to uh the uh proximate issue of a ceasefire in Gaza you're a former head of the Middle East Bureau at the New York Times as you say before being fired uh for uh telling the truth questioning the lies uh what's your take is there a cease far coming or not it's always hard because you know I'm not in Cairo covering the negotiations but uh from a distance I think it's ex it's clear that uh nothing is going to impede the Israeli assault on Rafa ceasefire or no ceasefire uh so uh I I and I I think that if we look at all of the negotiations around the Ceasars uh Israel has been the primary impediment to despite what Anthony blinkin says about Hamas that it's been Israel that's essentially stymied any effort uh to a ceasefire because they've sold out their own hostages uh they they've in they they have decided that those hostages are expendable to pursue their campaign of genocide so if I had to take a guess I would say if there is a ceasefire it it won't last long because I think that Netanyahu and his government is very very serious about going into Rafa and all the signs are that that is sooner rather than later uh there was a major uh operation by the uh Palestinian resistance in Gaza this afternoon seems to have been a remarkably accurate strike with many deaths and casualties amongst the Israeli occupation force uh that would seem to suggest that the resistance is far from broken in Gaza is that your interpretation too not just mine but it's the interpretation of the American intelligence Community uh which estimates according to press reports uh that only a third of the resistance forces have been destroyed uh and that uh the resistance forces and in particular Hamas have a capacity to continue fighting for a few more months which I find surprising because I'm sure that the Egyptian border uh by which you know they once were able to get Munitions and weapons smuggled in through tunnels has been completely sealed off uh so uh it it looks like not only has the Netanyahu government completely failed in what are we pushing seven months now of War to wipe out War I don't shouldn't call it a war seven months of genocide to wipe out Hamas but they are remain very resilient and are able as you just point out to carry still carry out very significant attacks against the occupation forces I think we have to remember that in a modern Battlefield people can be grievously wounded wounds that in other Wars would have seen them die uh but they can be transported very quickly to uh hospitals inside Israel but the stories are that uh although the death count is not terribly high for the Israelis uh we we have thousands and thousands of Israeli soldiers who are very grievously wounded and Israel is doing all it can to essentially hide those numbers now uh even if Netanyahu wanted an end to the war and plainly he does not people like Ben gavier and uh other right-wing even more right-wing fanatic extremists are holding uh the Israeli government's feet to the fire aren't they uh for them and benir said literally in these words this afternoon we are not interested in a hostage deal we must invade Rafa now uh that means that the policies of Western governments many of which would describe themselves as liberals uh social Democrats liberals in Western Europe in North America Trudeau Biden their policy is being driven by people who were literally on the terrorist lists just a couple of years ago like benier yeah precisely I mean and these are Heirs of Mahana the uh extreme right-wing Rabbi but this shows the shift from Liberal Zionism which uh Meed out severe repression of the Palestinians just like religious sanism but it shows that shift the langu it's a it's more a shift of language uh I think the intent was always there but liberal Zionism provided a better veneer the liberal Zionist ultimately banned kahana's uh party but these people are all the heirs to Kahana uh and perhaps they speak more truthfully uh than the liberal uh zionists uh because I don't think that replacing BB Netanyahu would make any difference for the Palestinians I don't think replacing BB Netanyahu would halt uh an assault on Rafa I think that the there are arguments over uh whether nany should be prime minister especially for the security egregious security and intelligence lapses of October 7th not to mention netanyahu's uh documented corruption uh but in terms of uh the genocidal campaign we know from polls within Israel it has full throated support uh from the vast majority of uh the Israeli population and the entirety of the Israeli ruling class you know it's important we always accuse the other side of living in a bubble and they do uh but it's important we don't live in a bubble either isn't it I uh looked back at a documentary around the killings of four students in America at the Kent State University in 1970 the height of the anti-vietnam War uh campaign and they did a lot of Vox Pops in the vicinity of the campus the neighbors of the students the parents of many of the students at that University who invariably said to the camera that the Troopers should have shot more of them the Troopers should have wiped out the protesters at Kent State I mean blood curdling it was what's the attitude in your view in Middle America uh to the to us grotesque spectacle of soldiers for that's what many of them were with high powerered rifles and a beating the hell out of elderly professors and young kids

Xxxx

Wednesday, May 08, 2024

Kangaroo Paws
5333 Mission Center Rd., San Diego, CA 92108





spiny elm caterpillar

Nymphalis antiopa, known as the "**mourning cloak**" in North America and the "Camberwell beauty" in Britain, is a large butterfly native to Eurasia and North America. The immature form of this species is sometimes known as the **spiny elm caterpillar**. A powerful flier, this species is sometimes found in areas far from its usual range during migration. These butterflies have a lifespan of 11 to 12 months, one of the longest lifespans for any butterfly.



Figs are pollinated by wasps that belong to Hymenoptera, family Agaonidae. Pollination is unique because the wasp has to enter into the fig through the ostiole to access the flowers and often dies inside the fig after carrying out pollination as well as oviposition. **Fig & Fig Wasp Mutualism:** When the female flowers inside the immature fruit are ready for pollination the fig emits an enticing aroma that attracts only female wasps of the specific type for that tree. The wasp finds the fig by its scent and struggles to get inside through the small opening at the end of the fig. It is such a tight passage that the wasp usually loses its wings and pieces of antennae. It does not matter because it will never need them again. It runs around the interior of the fruit visiting many flowers, laying its eggs inside the future seeds that will nourish its progeny and also spreading the pollen collected from the previous fig where it was born. This pollen will allow all seeds to grow, not just the ones where it has deposited eggs. The ovary of some flowers is safely out of reach of the wasp, so it can't lay its eggs in them and those seeds can reach maturity. Having fulfilled her life's mission the female wasp dies inside the fig.

The eggs become grubs that grow inside the seeds. After completing their full development in a few weeks they emerge from inside the seeds. The males emerge first and start looking for females to mate with. They are smaller than the females and don't even have wings; they will never fly. After mating they, like their mother, die inside the fig that was their home all their lives. When the females emerge they are already fertilized and ready to find another fig in which to lay their eggs. At this point, the male flowers inside the fig are ripe and loaded with pollen. Before abandoning their home the females will remember to take a supply of such pollen to carry to the next fig. This incredible partnership requires a very fine tuning and synchronicity on the part of the plant and of the pollinator. It is often mentioned as a fine example of coevolution.

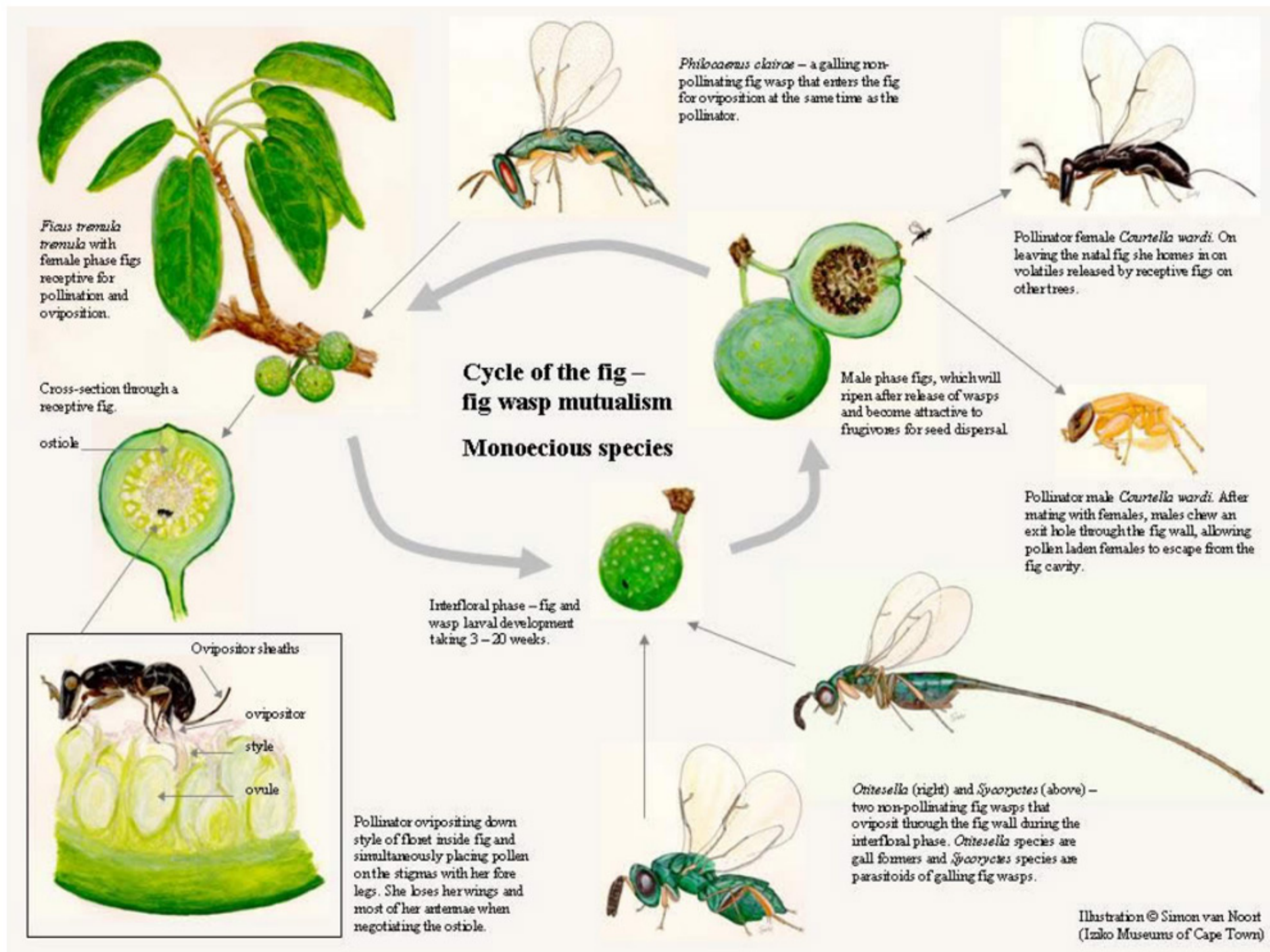


Illustration describing the cycle of the fig: fig wasp mutualism. Cycle of the fig & fig wasp mutualism.



STORY MAY 03, 2024

“This Militaristic Approach Has Been a Failure”: Meet Hala Rharrit, First U.S. Diplomat to Quit over Gaza

STORY MAY 03, 2024

“Dead on Arrival”: Doctors Back from Gaza Describe Horrific Hospital Scenes, Decimated Health System

STORY MAY 02, 2024

“People Could Have Died”: Police Raid UCLA Gaza Protest, Waited as Pro-Israel Mob Attacked Encampment

WEB EXCLUSIVE MAY 06, 2024

Lawsuit by Abu Ghraib Torture Survivors Ends in Mistrial Even as CACI’s Role Made Clear in U.S. Court

STORY MAY 07, 2024

Report from Rafah: Israel Seizes Border Crossing, Blocking Humanitarian Aid, as Ceasefire Talks Continue

STORY MAY 07, 2024

“Stop Weaponizing Antisemitism”: Police “Body-Slam” Jewish Dartmouth Prof. at Campus Gaza Protest

STORY MAY 06, 2024

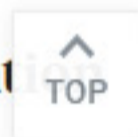
“Criminal Act”: Israel Bans Al Jazeera, Largest Int’l News Org. in Gaza, Ahead of Rafah Invasion

STORY MAY 06, 2024

“They Are Starving,” Says Doctor Back from Gaza; World Food Programme Warns North in “Full-Blown Famine”

STORY MAY 06, 2024

Revolt on Campus: Protests over Gaza Disrupt Graduation Ceremonies as Police Crack Down on Encampments



1

“People Could Have Died”: Police Raid UCLA Gaza Protest, Waited as Pro-Israel Mob Attacked Encampment

3

Former Brandeis President on Gaza Protests: Schools Must Protect Free Expression on Campus

2

“This Militaristic Approach Has Been a Failure”: Meet Hala Rharrit, First U.S. Diplomat to Quit over Gaza

4

Amnesty Int’l: Biden Must Halt Weapon Sales to Israel After U.S. Arms Used to Kill Civilians in Gaza

The Nation's Conscience

The courageous stance of students across the country in defiance of genocide is accompanied by a near total blackout of their voices. Their words are the ones we most need to hear.



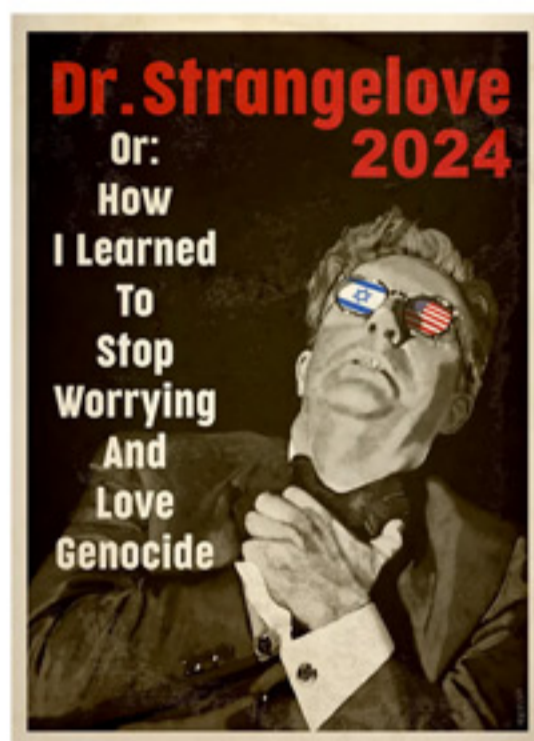
CHRIS HEDGES

MAY 08, 2024

The hunger strikers, who began their liquid-only diet on May 3, issued this statement: The Princeton Gaza Solidarity Encampment announces the initiation of a hunger strike in solidarity with the millions of Palestinians in Gaza suffering under the ongoing siege by the state of Israel. The Israeli occupation has deliberately blocked access to basic necessities to engineer a dire famine for the two million residents of Gaza. Since the announcement on October 9 by the Israeli Defense Minister prohibiting the prohibiting the entry of food, fuel and electricity into the Gaza Strip, Israel has systematically obstructed and limited access to vital aid for Palestinians in Gaza, even intentionally destroying existing cropland. On March 18, the U.N. Secretary General declared that "This is the highest number of people facing catastrophic hunger ever recorded by the integrated food security classification system." To make bread, Gazans have been forced to use animal feed as flour. To break their fasts in Ramadan, Gazans have been forced to prepare meals of grass. 97% of Gaza's water has been deemed undrinkable since October 2021 and they have been forced to drink dirty salt water to survive. The consequences of this unprecedented famine created and maintained by Israel will devastate Gaza's children for generations to come and cannot be tolerated any longer. We have begun our hunger strike to stand in solidarity with the people of Gaza. We are drawing from the tradition of Palestinian political prisoners going on salt-water-only hunger strikes in Israeli prisons since 1968. Our hunger strike is a response to the administration's refusal to engage with our demands for disassociation and divestment from Israel. We refuse to be silenced by the university administration's intimidation and repression tactics. We struggle together in solidarity with the people of Palestine. We commit our bodies to their liberation. Participants in the hunger strikes will abstain from all food or drink except water until the following demands are met:

- Meet with students to discuss demands for disclosure, divestment and a full academic and cultural boycott of Israel.
- Grant complete amnesty from all criminal and disciplinary charges for participants of the peaceful sit-in.
- Reverse all campus bans and evictions of students.

The university and the world must recognize that we refuse



to be complicit in genocide and will take every necessary action to change this reality. Our hunger strike, though small in comparison to the enduring suffering of the Palestinian people, symbolizes our unwavering commitment to justice and solidarity. University President Christopher Eisgruber met with the hunger strikers – the first meeting by school administrators with protesters since Oct. 7 – but dismissed their demands.

"This is probably the most important thing I've done here," says Areeq Hasan, a senior who is going to do a PhD in applied physics next year at Stanford, who is also part of the hunger strike. "If we're on a scale of one to 10, this is a 10. Since the start of encampment, I have tried to become a better person. We have pillars of faith. One of them is sunnah, which is prayer. That's a place where you train yourself to become a better person. It is linked to spirituality. That's something I've been emphasizing more during my time at Princeton. There's another aspect of faith. Zakat. It means charity, but you can read it more generally as justice...economic justice and social justice. I'm training myself, but to what end? This encampment is not just about trying to cultivate, to purify my heart to try to become a better person, but about trying to stand for justice and actively use these skills that I'm learning to command what I feel to be right and to forbid what I believe to be wrong, to stand up for oppressed people around the world."

Anha Khan, a Princeton student on hunger strike whose family is from Bangladesh, sits with her knees tucked up in front of her. She is wearing blue sweatpants that say Looney Tunes and has an engagement ring that every so often glints in the light. She sees in Bangladesh's history of colonialism, dispossession and genocide, the experience of Palestinians.

"So much was taken from my people," she says. "We haven't had the time or the resources to recuperate from the terrible times we've gone through. Not only did my people go through a genocide in 1971, but we were also victims of the partition that happened in 1947 and then civil disputes between West and East Pakistan throughout the forties, the fifties and the sixties. It makes me angry. If we weren't colonized by the British throughout the eighteenth, nineteenth and twentieth century, and if we weren't occupied, we would have had time to develop and create a more prosperous society. Now we're staggering because so much was taken from us. It's not fair."

The hostility of the university has radicalized the students, who see university administrators attempting to placate external pressures from wealthy donors, the weapons manufacturers and the Israel lobby, rather than deal with the internal realities of the non-violent protests and the genocide.

[. . .]

That place within your nature that speaks before there were words. That tells of all the lives and deaths, the sadnesses, exhilaration, meanness and caring for one another that brought you to this place today. All that in this instant and you want to excuse yourself, say, "Sorry" when you can no longer hold back the flood of tears? I cry for the ages, for what we meant to say when we say, "Humanity." Not merely human nature inclusive of all the humans, all sentient beings, all life, but more the shattered promise of kindness, the kind feelings humans can have for each other that lay waste in bombed out shelters and starving children as our raw animal fearfully busies itself gathering nuts and toilet paper to hide in case the day of reckoning is at hand. I think of you Rafah in Gaza, today, Thursday, May 09, 2024. I have no words. I cry. I'm so, so sorry.

{*The Nation's Conscience*, Chris Hedges | May 08, 2024} > <https://chrishedges.substack.com/p/the-nations-conscience> :: The courageous stance of students across the country in defiance of genocide is accompanied by a near total blackout of their voices. Their words are the ones we most need to hear.}

No one wants to read **Chris Hedges'** May 08, 2024 *The Nation's Conscience*. I'm sure he found no joy having to write it. But here it is, a detailed snapshot of the moment we are in. Here we are. What's next? Or is there no next. Is this just another inevitable hopeless turn on the endless cyclic tragic drama wheel of life and death, the founding wheel that never can and never will evolve? As it seems to be.

And yet, "*We commit our bodies to their liberation,*" announces The Princeton Gaza Solidarity Encampment.

.....

"When you've seen an injustice occur you should try to change it with your hands. If you can't change it with your hands then you should try to adjust it with your tongue. You should speak out about it. If you can't do that, you should at least feel the injustice in your heart."

{*Sahih Muslim 49*, as recalled by [Areeq Hasan](#), a Princeton senior who is going to do a PhD in applied physics next year at Stanford}

.....

When Hasan was in fourth grade, he remembers his mother weeping uncontrollably on the 27th night during Ramadan, an especially holy day known as The Night of Power. On this night, prayers are traditionally answered. "I have a very vivid memory of standing in prayer at night next to my mother," he says. "My mother was weeping. I'd never seen her cry so much in my life. I remember that so vividly. I asked her why she was crying. She told me that she was crying because of all of the people that were suffering around the world. And among them, I can imagine she was bringing to heart the people in Palestine. At that point in my life, I didn't understand systems of oppression. But what I did understand was that I'd never seen my mother in such pain before. I didn't want her to be in that kind of pain. My sister and I, seeing our mother in so much pain, started crying too. The emotions were so strong that night. I don't think I've ever cried like that in my life. That was the first time I had a consciousness of suffering in the world, specifically systems of oppression, though I didn't really understand the various dimensions of it until much later on. That's when my heart established a connection to the plight of the Palestinian people."

That place within your nature that speaks before there were words. That tells of all the lives and deaths, the sadnesses, exhilaration, meanness and caring for one another that brought you to this place today. All that in this instant and you want to excuse yourself, say, "Sorry" when you can no longer hold back the flood of tears? I cry for the ages, for what we meant to say when we say, "Humanity." Not merely human nature inclusive of all the humans, all sentient beings, all life, but more the shattered promise of kindness, the kind feelings humans can have for each other that lay waste in bombed out shelters and starving children as our raw animal fearfully busies itself gathering nuts and toilet paper to hide in case the day of reckoning is at hand. I think of you Rafah in Gaza, today, Thursday, May 09, 2024. I have no words. I cry. I'm so, so sorry.

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{*Sahih Muslim 49*, as recalled by [Areeq Hasan](#), a Princeton senior who is going to do a PhD in applied physics next year at Stanford}

.....

The protest movements - which have spread around the globe - are not built around the single issue of the apartheid state in Israel or its genocide against Palestinians. They are built around the awareness that the old world order, the one of settler colonialism, western imperialism and militarism used by the countries in the Global North to dominate the Global South, must end. They decry the hoarding of natural resources and wealth by industrial nations in a world of diminishing returns. These protests are built around a vision of a world of equality, dignity and independence. This vision, and the commitment to it, will make this movement not only hard to defeat, but presages a wider struggle beyond the genocide in Gaza.

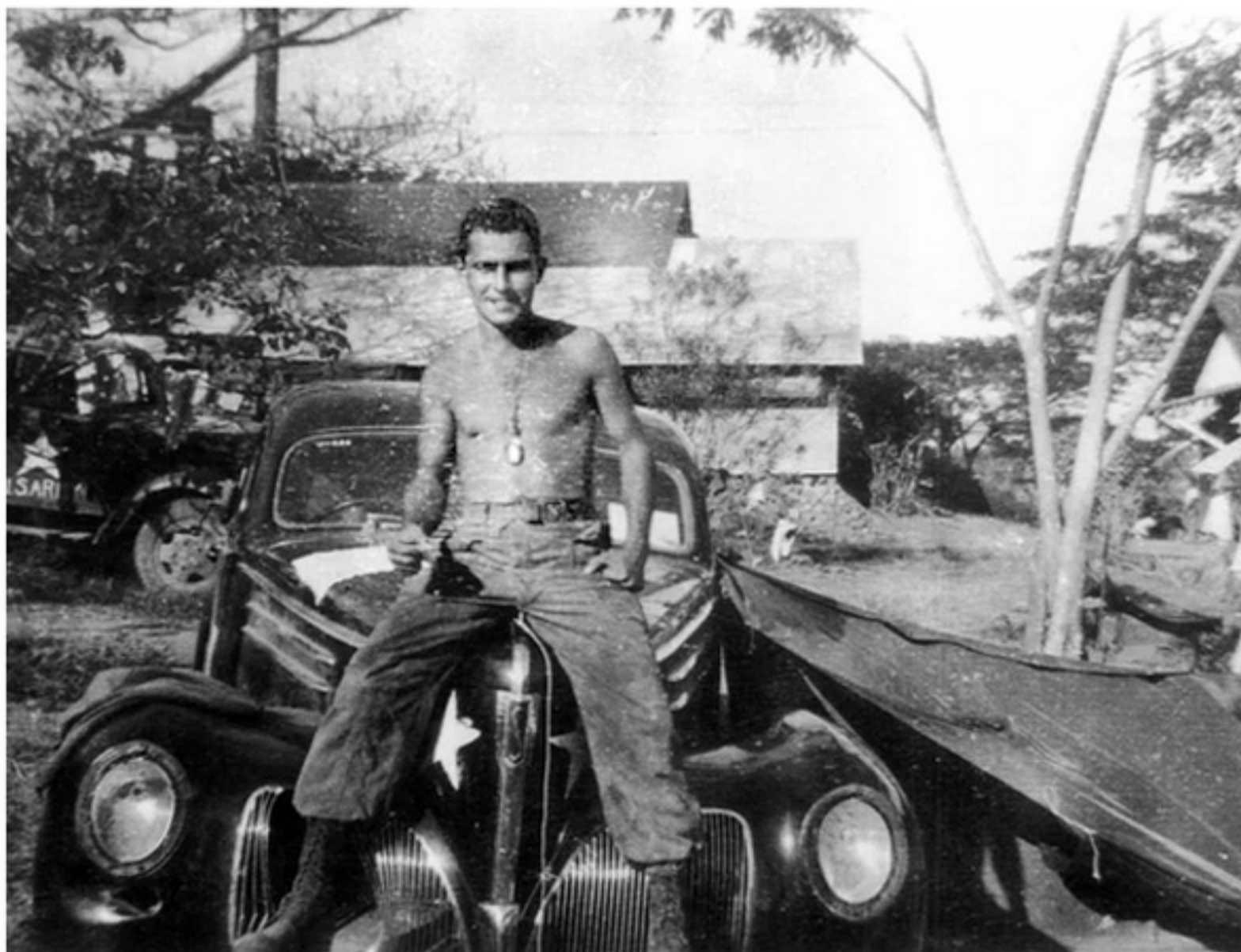
The genocide has awakened a sleeping giant. Let us pray the giant prevails.

A WWII story by The Twilight Zone's Rod Serling is published for the first time

MAY 9, 2024 · 5:00 AM ET



Elizabeth Blair



Rod Serling enlisted in the U.S. Army after graduating high school. He trained to be a paratrooper and was assigned to the 11th Airborne Division's 511th Parachute Infantry Regiment

Courtesy of Anne Serling

There's a reason Rod Serling is considered one of scripted television's most daring and incisive storytellers and much of it comes from his experiences in WWII. The Emmy and Peabody Award-winning creator of *The Twilight Zone* spent three years as a paratrooper during WWII. He was awarded a Bronze Star for his bravery and a Purple Heart for shrapnel wounds he suffered to his wrist and knee. "He saw major combat in the Philippines on the islands of Leyte and Luzon," says Nicholas Parisi, author of a biography of Serling and president of the Rod Serling Memorial Foundation, "It scarred him for the rest of his life. He saw plenty of friends die. And it really became a defining chapter in his life." Not long after he returned from the war in 1946, Serling attended Antioch College on the G.I. bill. There, in his early 20s, he penned "First Squad, First Platoon," a short story which is being published for the first time Thursday in *The Strand*. It was one of his earliest stories, starting a writing career that Serling once said helped him get the war "out of his gut."

"It was like an exercise for him to deal with the demons of war and fear," said his daughter, Jodi Serling. "And he sort of turned it into fiction, although there was a lot of truth to it."

"I knew that my father had trauma because I vividly remember hearing him wake up in the middle of the night screaming," said another daughter, Anne Serling, "and in the morning when I would ask him what happened, he told me he was dreaming that the enemy was coming at him."

With wars ongoing in the Middle East, Ukraine and elsewhere, **The Strand's managing editor Andrew Gulli said he believes the details of Serling's story are important to read right now. Gulli said Serling's "terse" prose includes the "brutality" of war, "Yet [the] characters always retain their humanity. You always felt that you were reading about people that were real, people that you could identify with."**

Serling's feelings about war came out in *The Twilight Zone*. "The Purple Testament" and "A Quality of Mercy," for example, are set in the Philippines and permeated with the same sense of dread found in "First Squad, First Platoon."

"My father said when he came home that he would never, ever again injure another living thing," said Anne Serling. But she said he also wore his paratrooper bracelet "throughout his life."

Rod Serling died June 28, 1975 following heart surgery.

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6 of 9

Protestors opposed to the war between Israel and Hamas stand before a hearing of the Senate Appropriations Committee Subcommittee on Defense with Secretary of Defense Lloyd Austin and Chairman of the Joint Chiefs of Staff Air Force Gen. CQ Brown on Capitol Hill, Wednesday, May 8, 2024, in Washington. (AP Photo/Mark Schiefelbein)

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Palestinian medics treat a girl wounded in the Israeli bombardment of the Gaza Strip at the Kuwaiti Hospital in Rafah refugee camp, southern Gaza, Tuesday, May 7, 2024. (AP Photo/Ramez Habboub)



Palestinians wounded in the Israeli bombardment are brought to a hospital in Rafah, Gaza Strip. Sunday, March 24, 2024. (AP Photo/Hatem Ali)

Russia-Ukraine war

As the war in Ukraine unfolds, here's what you need to know. Get the latest developments as Russia's attacks continue.

Published 1:22 PM PDT, January 20, 2022

Ukraine

Stay informed and read the latest breaking news and updates on Ukraine from AP News, the definitive source for independent journalism.

Published 6:35 AM PDT, January 18, 2022

Prague flash mob advocates Ukraine solution via the Estonian plan

Dozens of volunteers used flags to stage a flash mob in Prague on Sunday to perform the invasion of Ukraine by Russia and to suggest a possible solution through a so-called "Estonian plan."

Published 7:06 AM PDT, April 21, 2024



Stoltenberg: NATO countries haven't delivered what they promised to Ukraine in time

NATO countries haven't delivered what they promised to Ukraine in time, the head of NATO said on Monday, allowing Russia to press its battlefield advantage while Kyiv's depleted forces wait for Western military supplies to arrive.

Published 8:36 AM PDT, April 29, 2024



Biden signs \$95 billion war aid bill with critical assistance for Ukraine, Israel

Calling it "a good day for world peace," President Joe Biden signed into law the \$95 billion war aid measure that includes assistance for Ukraine, Israel, Taiwan and other allies, marking an end to the long, painful battle with Republicans in Congress.

Published 9:00 AM PDT, April 24, 2024



House Speaker Mike Johnson is taking complicated approach to passing aid for Ukraine and Israel

House Speaker Mike Johnson on Monday unveiled a complicated proposal for passing wartime aid for Israel, Ukraine and Taiwan. (AP produced by Javier Arciga)

Published 5:46 PM PDT, April 15, 2024



Blinken visits arms factory in France and stresses the need to send Ukraine weapons

U.S. Secretary of State Antony Blinken visited an arms factory on Tuesday with French Defense Minister Sébastien Lecornu, vowing it was "absolutely essential" to send more weapons to Ukraine.

Published 7:35 AM PDT, April 2, 2024



Aftermath of deadly Russian airstrike in Ukraine

A Russian missile strike in central Ukraine killed several people and wounded 43, including 12 children, Ukrainian officials said. (Mar 13).

Published 1:35 PM PDT, March 13, 2024



Reaction and analysis as Ukraine lowers conscription age to 25 to replenish its beleaguered troops

Ukraine lowered its draft-eligible age for men from 27 to 25 on Wednesday, reflecting the strain that more than two years of war. (Apr 03) (AP/ Srdjan Nedeljkovic)

Published 12:34 PM PDT, April 3, 2024





I'M SORRY
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I'm guessing your too wrapped up in the community you're building to be in touch with me. Ghosting my last query, must be that alien thoughts just don't fit the story your telling. We had a moment, now memories fade. No one wants to be alone, we all want to belong to something larger. My big mistake was being so passionate in telling you I'm infatuated. Couldn't contain the stoic. Spring fever. I actually enjoy this time alone with myself. Prefer it. Peace and quiet holds a central place. Sure, I can navigate a good fever pitch party from time to time, but it's nothing like wallowing in the solitude delight of licking the plate clean of the creamy sumptuous ganache whole life offers. Contributing to the main meal buffet seemed important then. Tastes change. The banter at the banquet is at a high pitch din, all excitement and 'mommy, mommy, look at me!' showing off your brightest feathers. Shallow bowl of fruitless fun. Shamefully, no one, not one person at this years "Sleeping Beauties: Reawakening Fashion" Met Gala mentioned the near pending annihilation of Gaza. Even as the brightest kids among us at our elite universities, in solidarity, are risking their futures, risking their health, their very lives on hunger strikes until their schools agree to teach peace, divest from the war machine's complicity with run amok Israel. UC Berkeley teaches the modern history of Palestine, and the Palestinian people from Ottoman Palestine to the contemporary moment. It centers the experience of being Palestinian at home and in exile. January 11, 2024 Eliana Jordan, "writer for jewishchron,dublin/chicago/london" warns us, "Harvard is running a summer programme on "settler colonialism" and "health and racism" at a Palestinian West Bank university which counts terrorists among its alumni and many of whose students have open affiliations to Hamas," says "Birzeit University in the West Bank counts terrorists among its alumni." Jordan's story is agitprop scoring points for her side, alienating the other. She highlights this 10 Oct., 2023 @BirzeitU post on X as some sort of proof of concept: "Birzeit also expresses its sincere condolences to its staff and students, who, every day of the ongoing war on the Gaza Strip, lose loved ones and relatives and calls on the world to halt this onslaught. Glory for martyrs, recovery for wounded ones, and freedom for the captives." Since this was written, Israel has destroyed many schools in Gaza and all the universities. Enroute to complete cultural annihilation.



Makes me wonder how Eliana Jordan defines "martyrs."

Does she include those tiny infants blown to smithereen by two ton U.S. made 'smart' bombs?

{Palestine and the Palestinians: A Modern History > <https://classes.berkeley.edu/content/2023-spring-history-100m-001-lec-001> | Palestine Program for Health and Human Rights Team > <https://fxb.harvard.edu/palestine-program-for-health-and-human-rights-team/> | Harvard to run course on 'settler colonialism' at Palestinian university that glorified 'martyrs' after October 7 by Eliana Jordan > <https://www.thejc.com/news/usa/harvard-to-run-course-on-settler-colonialism-at-palestinian-university-that-glorified-martyrs-after-october-7-i3pnffb9>}

.....





Monday, May 13, 2024

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Thursday, May 09, 2024

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'War Criminals and Genocide Deniers': Cornel West to Mehdi on Biden, Blinken, and Gaza



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Whether it's joining Columbia students to protest Gaza or calling for the redistribution of wealth, Democratic Socialist Dr. Cornel West has never been afraid to go against the establishment. And this year, he plans to do that in one of most controversial ways — by running as a third-party candidate.

[West 1:34] > I'm thoroughly convinced that the American Empire is in such deep depths of spiritual Decay and moral decadence I didn't see any candidates who were raising the crucial issues of Truth or Justice and love as it relates to militarism abroad and at home issues of poverty as you know I'm an abolitionist when it comes to Poverty I see so many homeless and unhoused people stepping over I live in Harlem I see it all the time we can eliminate that as well we support the militant wing the Trade union movement and most importantly we can have a leadership that takes us beyond all the lies and the revenge and the hatred that's so much now a part of American political culture where are the truth tellers? where are the Justice Seekers? and you do it in the spirit of humility though brother you understand what that means when you come out of a tradition that you recognize you have no Monopoly on truth but you are in Pursuit Of Truth and you can't stand mendacity [a tendency to lie] yeah you can't stand criminality .

[Hasan 2:37] > so let's talk about policy you're talking about abolishing poverty some big goals before we get to the campaigning side of this interview let's talk about policy what are one or two specific policies that you are advocating for here at home that you believe makes you stand out stand apart from the other candidates whether it's Joe Biden RFK Jr Donald Trump whoever

[West 2:52] > well one I think that uh I'm I'm I'm delighted to be the first American president who wants to head the American Empire in order to dismantle the American Empire. America needs to be a decent dignified Nation among nations, we don't need to dominate other nations. 800 military units abroad, 130 Special Operations in various countries we don't need to dominate The Globe. Roman, Empire Ottoman Empire, Mongolian, British they all collapsed. the American Empire the 68th Empire in the history of the species the 68th one, all Empires come and go. Hubris, military overreach, Corruption of Elites, frustration and impotence of citizens, and then the arrival of the Tyrant. We're seeing that right now. We need someone who tell the truth about America's past and its present and authorize a better future.

[Hasan 3:46] > so I'm listening to you and I'm nodding along and I'm sure a lot of our viewers are nodding along these are lofty goals they are ending American Empire abolishing poverty let's talk specifics your platform advocates for the establishment of federal public banking institutions a wealth tax billionaires increasing the national minimum wage to \$27 an hour all things that I like the sound of I would support to be fair to President Biden he did try and raise the minimum wage he did try and raise taxes on the rich but Congress even members of his own party Joe Manion kissed in cinema they blocked him how will a president Cornell West get any of that done when you don't even have a party caucus in Congress to support you get this through

[West 4:25] > well one is you can't do anything as a politician so much of American politics is legal aliz bribery normalized corruption with big lobbies and the big donors and benefactors that's true for congress we're seeing it's true for universities too right. yeah so you have to mobilize the people you have to have social motion and social movements on the outside to give politicians wiggle room on the inside because what I'm calling for is a fundamental transformation/ I'm in the legacy of Martin King and Fannie Lou Hamer who call for revolution. well, what is revolution? it's the sharing of power. it's the sharing, so just to be clear, president West would propose a bill to raise the national minimum wage, and then would hit the road, mobilize the folk, not just the trade unions, but so many of the workers who are not members of the Trade union. -- to pressure Congress into coming along -- make trade unions easier to join -- but you recognize the block that Congress is on a lot of this stuff, you're not naive about any of that -- anytime you're fighting for truth and Justice brother you you're cutting Against the Grain oh absolutely

[Hasan 5:27] > so you mentioned truth and Justice let us talk about Gaza . . .

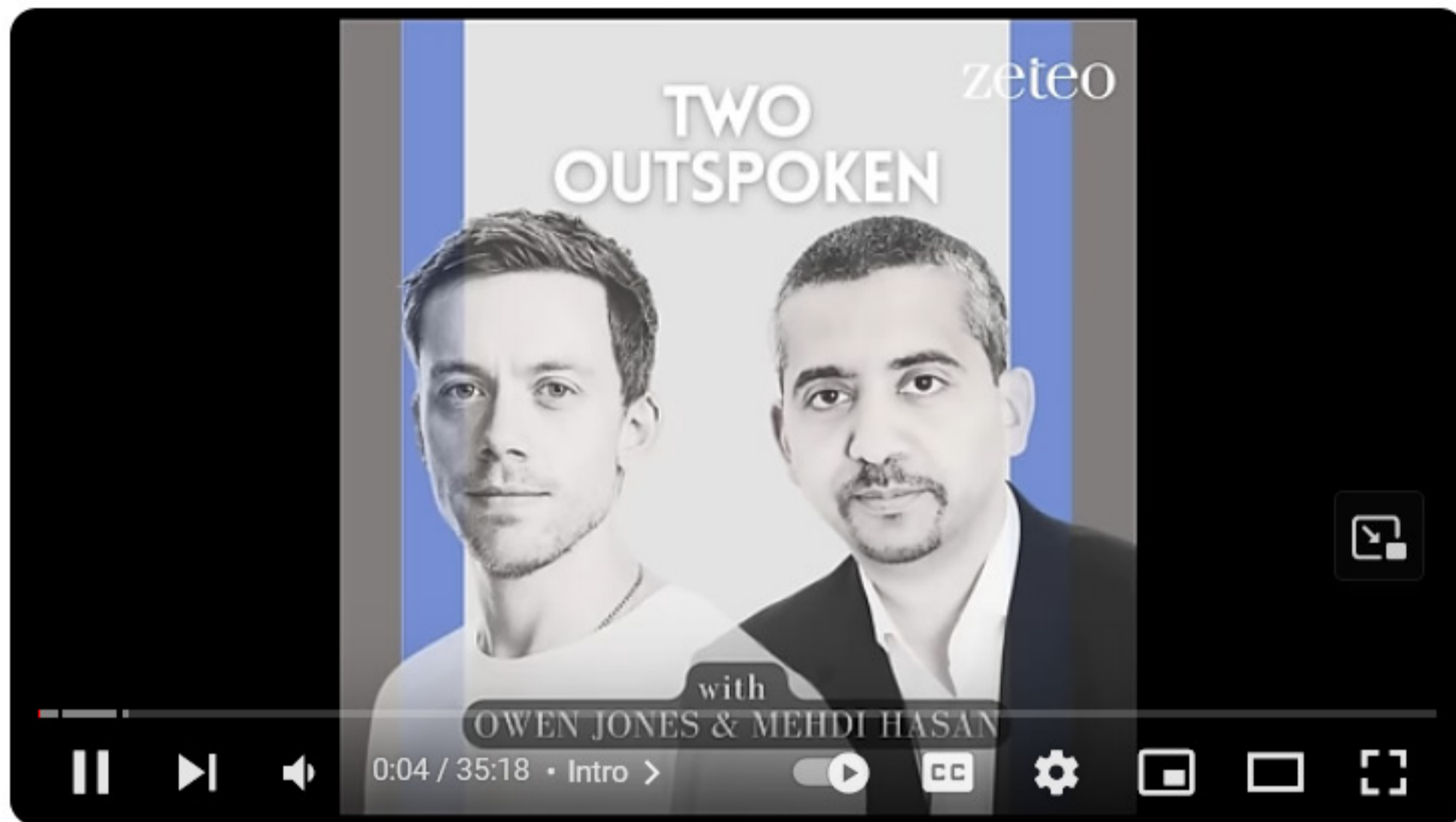
Fannie Lou Hamer (/ˈheɪmər/; née Townsend; October 6, 1917 – March 14, 1977) was an American voting and women's rights activist, community organizer, and a leader in the civil rights movement. She was the vice-chair of the Freedom Democratic Party, which she represented at the 1964 Democratic National Convention. Hamer also organized Mississippi's Freedom Summer along with the Student Nonviolent Coordinating Committee (SNCC). She was also a co-founder of the National Women's Political Caucus, an organization created to recruit, train, and support women of all races who wish to seek election to government office. Hamer began civil rights activism in 1962, continuing until her health declined nine years later. She was known for her use of spiritual hymns and quotes and her resilience in leading the civil rights movement for black women in Mississippi. She was extorted, threatened, harassed, shot at, and assaulted by racists, including members of the police, while trying to register for and exercise her right to vote. She later helped and encouraged thousands of African-Americans in Mississippi to become registered voters and helped hundreds of disenfranchised people in her area through her work in programs like the Freedom Farm Cooperative. She unsuccessfully ran for the U.S. Senate in 1964, losing to John C. Stennis, and the Mississippi State Senate in 1971. In 1970, she led legal action against the government of Sunflower County, Mississippi for continued illegal segregation. Hamer died on March 14, 1977, aged 59, in Mound Bayou, Mississippi. Her memorial service was widely attended and her eulogy was delivered by U.S. Ambassador to the United Nations Andrew Young. She was posthumously inducted into the National Women's Hall of Fame in 1993. Hamer was born as Fannie Lou Townsend on October 6, 1917, in Montgomery County, Mississippi. She was the last of the 20 children of Lou Ella and James Lee Townsend. In 1919, the Townsends moved to Ruleville, Mississippi, to work as sharecroppers on W. D. Marlow's plantation. From age six, Hamer picked cotton with her family. During the winters of 1924 through 1930, she attended the one-room school provided for the sharecroppers' children, open between picking seasons. Hamer loved reading and excelled in spelling bees and reciting poetry, but at age 12 she had to leave school to help support her aging parents. By age 13, she would pick 200–300 pounds (90 to 140 kg) of cotton daily while living with polio. Hamer continued to develop her reading and interpretation skills in Bible study at her church; in later years Lawrence Guyot admired her ability to connect "the biblical exhortations for liberation and [the struggle for civil rights] any time that she wanted to and move in and out to any frames of reference". In 1944, after the plantation owner discovered her literacy, she was selected as its time and record keeper. The following year she married Perry "Pap" Hamer, a tractor driver on the Marlow plantation, and they remained there for the next 18 years. Hamer and her husband wanted very much to start a family but in 1961, a white doctor subjected Hamer to a hysterectomy without her consent while she was undergoing surgery to remove a uterine tumor.[13] Forced sterilization was a common method of population control in Mississippi that targeted poor, African-American women. Members of the Black community called the procedure a "Mississippi appendectomy". The Hamers later raised two girls they adopted, eventually adopting two more. One, Dorothy Jean, died at age 22 of internal hemorrhaging after she was denied admission to the local hospital because of her mother's activism. Hamer became interested in the civil rights movement in the 1950s. She heard leaders of the local movement speak at annual Regional Council of Negro Leadership (RCNL) conferences, held in Mound Bayou, Mississippi. The attendees of the yearly conferences discussed black voting rights and other civil rights issues black communities in the area faced. She became a good friend of RCNL founder and head T. R. M. Howard. Hamer is credited with coining the phrase "Mississippi appendectomy" as a euphemism for the involuntary or uninformed sterilization of black women, common in the South in the 1960s.[60] She came out of an extended period in hospital for nervous exhaustion in January 1972, and was hospitalized again in January 1974 for a nervous breakdown. By June 1974, Hamer was said to be in extremely poor health.[3] Two years later she was diagnosed with and had surgery for breast cancer. Hamer died of complications from hypertension and breast cancer on March 14, 1977, aged 59, at Taborian Hospital, Mound Bayou, Mississippi.[61] She was buried in her hometown of Ruleville, Mississippi. Her tombstone is engraved with one of her famous quotes, "I am sick and tired of being sick and tired." Her primary memorial service, held at a church, was completely full. An overflow service was held at Ruleville Central High School,[63] with over 1,500 people in attendance. Andrew Young, United States Ambassador to the United Nations, spoke at the RCHS service, saying **"None of us would be where we are now had she not been there then"**.

Fannie Lou Hamer



Hamer in 1971

Born	<div>Fannie Lou Townsend</div> October 6, 1917 <div>Montgomery County, Mississippi, U.S.</div>
Died	<div>March 14, 1977 (aged 59)</div> Mound Bayou, Mississippi, U.S.
Burial place	Ruleville, Mississippi, U.S.
Organization(s)	National Women's Political Caucus Student Nonviolent Coordinating Committee National Council of Negro Women
Known for	Civil rights leader
Title	Vice chairwoman of Freedom Democratic Party; Co-founder of National Women's Political Caucus
Political party	Freedom Democratic Party
Movement	Civil rights movement Women's rights
Spouse	Perry "Pap" Hamer
Children	4
Awards	Inductee of the National Women's Hall of Fame



Is Biden the 'White Moderate' that MLK Warned Us About? | Mehdi Hasan and Owen Jones


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115,947 views May 4, 2024

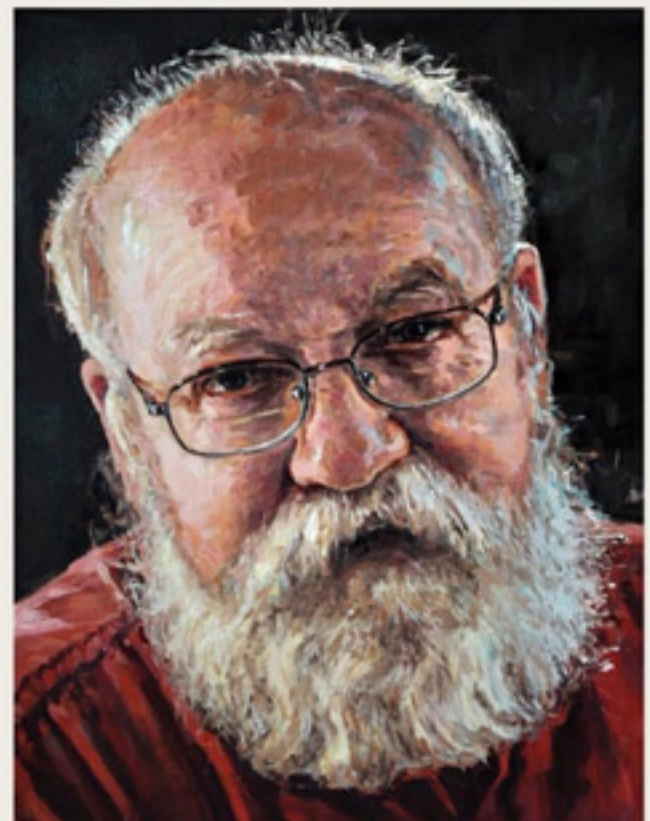
Owen and Mehdi discuss the ongoing misrepresentation of college protests in the mainstream media, the debate over genocide in Gaza, and the London mayoral elections. They discuss how college and antiwar protests have long been demonized to undermine public support for them, and how the term "genocide" is deliberately and conveniently mis-defined by supporters of Israel.

The biggest issue right now should be what's still going on in Gaza but what's actually become the biggest new story are the college protests which are spreading from the US to everyone. I want to talk to you about what's happening in the UK as well. you're obviously in London I'm in DC but I want to kick off, Owen ,just by reminding our viewers about ,you know, last time we spoke we spoke about how you were born in 1984 and I'm born in 1979, we talked a lot about age .let's go back to the to 1963, right before either of us were born, April 63. I do , I've got it right here, I want to read for those of you who are not familiar with **Dr Martin Luther King Jr's famous letter**, . . . it's Birmingham Jail in the US. His letter from a Birmingham Jail, where he says, Owen ,I'm sure you've seen the letter, **"I must confess that over the past few years ,I've been gravely disappointed with the white moderate. I've almost reached the regrettable conclusion that the negro's greatest stumbling block in his stride towards freedom is not the white citizens counselor, the Klu Klux clanner, but the white moderate who's more devoted to order than to Justice, who prefers a negative peace, which is the absence of tension, to a positive peace, which is the presence of Justice, who constantly says, 'I agree with you in the goal you seek, but I cannot agree with your methods of direct action,' who paternalistically believes he can set the timetable for another man's Freedom."**

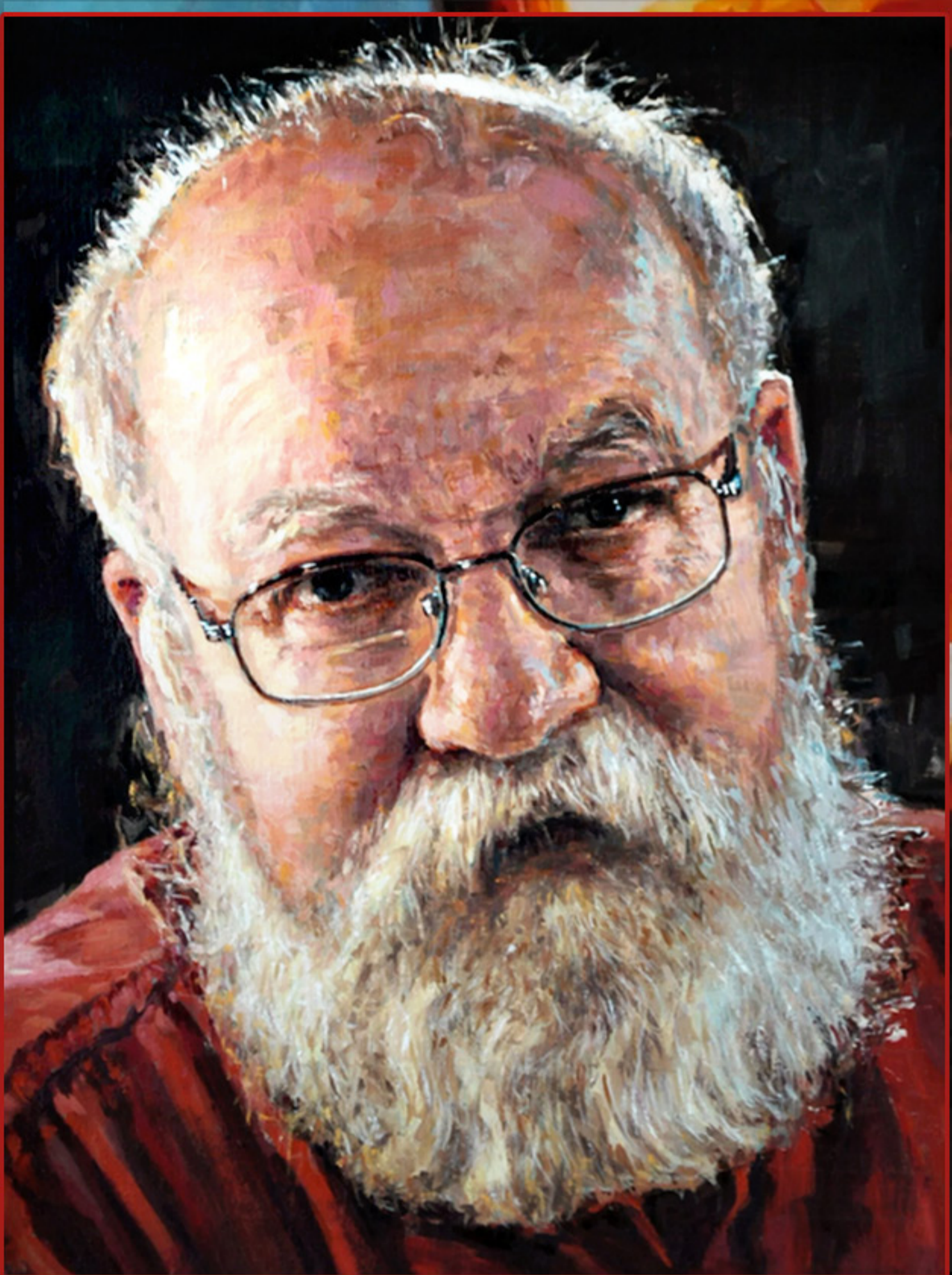




I'VE BEEN THINKING



DANIEL C. DENNETT



LUCA DEL BALDO

Paintings

Luca Del Baldo is an Italian-born painter. He currently lives and works in Como. His latest project, on which he worked for 10 years and published by the German publisher De Gruyter in 2020, is *"The Visionary Academy of Ocular Mentality / Atlas of the Iconic Turn,"* a series of 96 portraits with texts written by the people portrayed, some of the most important contemporary scholars, art critics, and philosophers.

Freethought Matters - Daniel Dennett

The famous philosopher Daniel **Dennett** is a leading figure in academia, as well as an eloquent popularizer of philosophy and ethical ideas.

soon as I could. The next day we drove to Tufts, where I asked the department secretary if she had any Tylenol, and she wisely called the ambulance instead.

One of the little-known side effects of open-heart surgery is ministrokes caused by debris from the operation clogging up the capillaries in the brain, and my cardiologist explicitly warned the surgical team that since my mind was my life, they should strive to avoid turning me into a “pumphead”—the ugly term heart surgeons use in private for those whose brains are damaged by the heart-lung machine. After the operation, before they removed me from the machine, they *reversed the flow of blood to my brain*, sending it into the veins and out of the arteries, hoping to flush out any debris that was about to disable my *res cogitans*, my thinking thing (my brain, not, as Descartes would have it, a distinct and immaterial substance). So I’ve been brainwashed, quite literally. Did it work? As soon as I could sit up in my hospital bed after the operation I got out my trusty laptop and wrote a short piece to see if I still had my marbles. It was put on Edge.org, where it attracted a lot of attention. What do you think?

Thank Goodness! (November 2, 2006)

There are no atheists in foxholes, according to an old but dubious saying, and there is at least a little anecdotal evidence in favor of it in the notorious cases of famous atheists who have emerged from near-death experiences to announce to the world that they have changed their minds. The British philosopher Sir A. J. Ayer, who died in 1989, is a fairly recent example. Here is another anecdote to ponder.

Two weeks ago, I was rushed by ambulance to a hospital where it was determined by c-t scan that I had a “dissection of the aorta”—the lining of the main output vessel carrying blood from my heart had been torn up, creating a two-channel pipe where there should only be one. Fortunately for me, the fact that

I've Been Thinking Hardcover – October 3, 2023

by Daniel C. Dennett (Author)

4.3 ★★★★★ 145 ratings

"How unfair for one man to be blessed with such a torrent of stimulating thoughts. Stimulating is an understatement." —Richard Dawkins

I'VE BEEN THINKING



DANIEL C.
DENNETT



How do you combine Shanghai with -izing? That's what's happening in San Diego. Co-habiting denser and denser. In the future, as long as we still have electricity, you still won't be allowed to hang your laundry out to dry from your apartment's balcony window in San Diego. I don't come to the mall to find people that look like me. Good thing. The man wearing a black t-shirt with white print from the women's collection of a snarling Opossum with a pentacle on its forehead reads, "*Eat Trash, Hail Satan.*" I later will find the t-shirt on the lookhuman.com website in Athletic Gray, Cardinal Red, Natural, Purple Rush and Vibrant Yellow, but to my eye, white on black has the strongest impact. He wasn't a young or small man, had a big beer gut, dower grimace and a scruffy 5-day white grey beard, the color of an Opossum. Ominous figure. One you wouldn't want to mess with. I'll keep my jokey questions to myself. In modern times the Wiccan pentagram is most often associated with Neo-Pagan religions, especially Wicca. It is often depicted enclosed in a circle, a symbol known as a pentacle. In these traditions the five points often represent the five elements of air, fire, water, earth, and spirit. I'd say, a bit of fresh air would pair nicely with "*Hail Satan,*" but, I'm not telling him that, to each their own. I use humor to break the tension. I could be anxious and snippy, like everybody else, but where's the fun in that?

And how was your day?





Why Overnight Oats are better than Regular Cooked Oats

> <https://miheso.in/blogs/listing/why-overnight-oats-are-better-than-regular-cooked-oats>

Soaking the oats overnight reduces the phytic acid content present in the oats better than cooking them. Phytic acid is an antioxidant naturally present in grains, legumes, tubers and certain vegetables. However, it is considered as anti-nutrient because it affects the absorption of minerals such as iron, zinc, manganese from the food. This is also one of the reasons why most pulses, legumes are soaked overnight in water.

Nutrient content is often altered while cooking. While it is great to increase digestibility, cooking Oats or any other food or vegetable reduces nutrition of the food by about 25%. Water soluble vitamins (Vit C, B complex), fat soluble vitamins (Vit A, D, E, K) and minerals such as potassium, magnesium, sodium and calcium are often reduced during cooking. The intensity of heat while cooking is the contributing factor, lower the heat better the nutrient availability. When you soak the oats overnight, it's almost like you're cooking them, but the process is much longer and slower, and it's done without heat. Hence, it is more nutrient rich than cooked version.

Overnight oats contain increased resistant starch. Resistant starch is a natural carb which is resistant to digestion and acts as soluble fiber. It is found in all starchy foods and is present at higher levels in cooled starchy foods instead of cooked ones. Resistant starch helps to improve digestion, aids in weight loss, increases feeling of fullness and decreases insulin spikes.

> <https://www.eatthis.com/what-happens-to-your-body-when-you-eat-overnight-oats/>

Overnight oats are rich in resistant starch, which is a type of prebiotic fiber that the body doesn't digest. As a result, it passes straight through your digestive system until it reaches your gut. Then, gut bacteria ferment the fiber which, simply put, helps to create a healthy gut environment. And a healthy gut, yields a better mood thanks to the gut-brain axis.

Again, thanks to the fiber content in overnight oats, you'll be able to go to the bathroom with ease—so long as there aren't any other underlying issues going on. A half-cup of rolled oats, for example, contains 4 grams of fiber. For context, you should aim to eat anywhere between 28 and 38 grams of fiber each day. By kicking off the morning with overnight oats, you'll already have gotten a head start on achieving that daily fiber goal with 14% of your daily recommended intake.

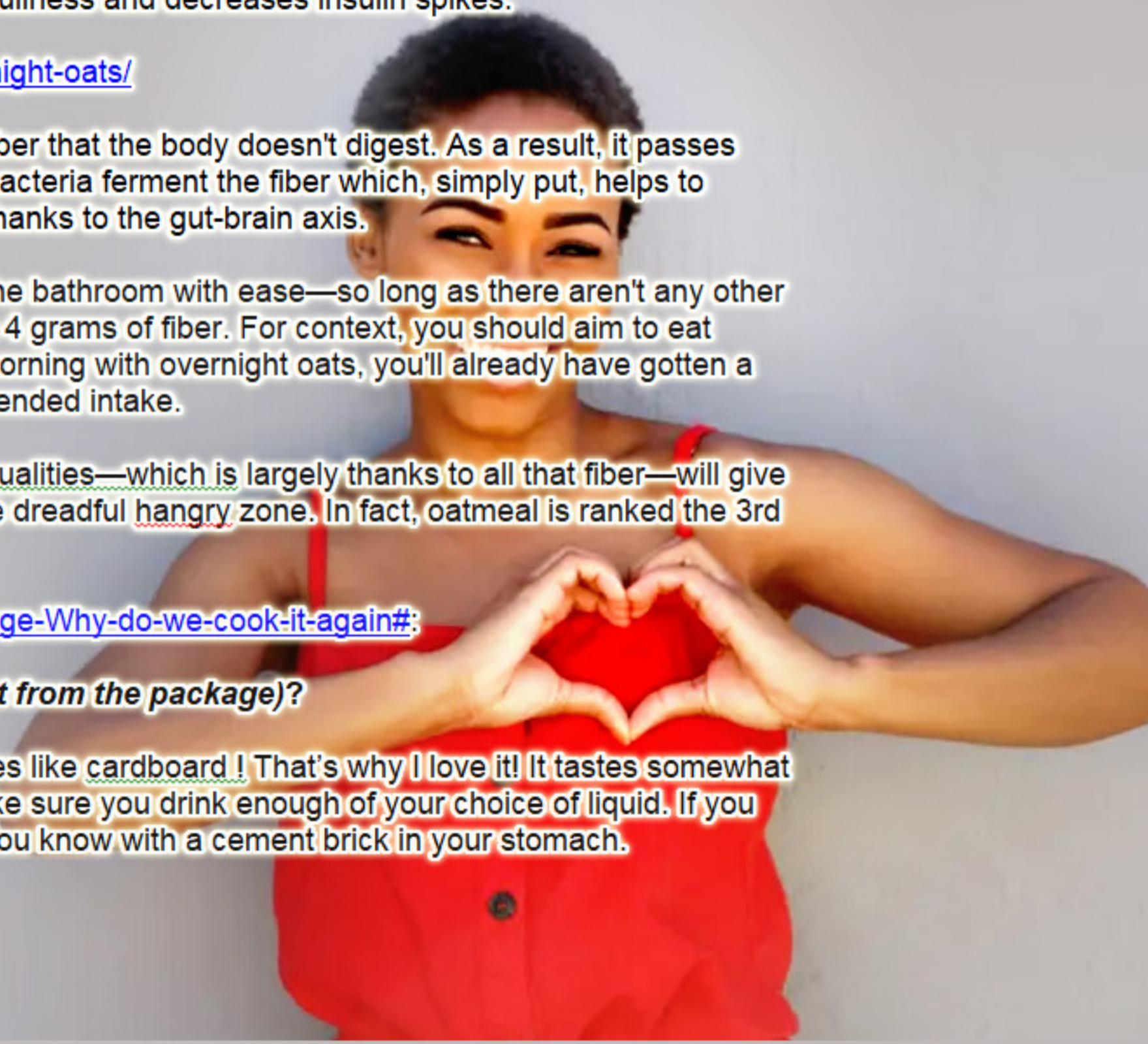
Another way overnight oats can put you in a better mood? Their satiating qualities—which is largely thanks to all that fiber—will give you enough energy to power through your morning so you don't dip into the dreadful hangry zone. In fact, oatmeal is ranked the 3rd most filling food according to the satiety index.

> <https://www.quora.com/Is-oatmeal-already-cooked-when-its-in-the-package-Why-do-we-cook-it-again#>:

Is it safe for me to eat uncooked and unsoaked oats (just oats straight from the package)?

I eat raw oatmeal on a daily basis, if I can. I love the flavor, although it tastes like cardboard ! That's why I love it! It tastes somewhat like the "host" wafer in church. I know, I'm strange. Words of warning...make sure you drink enough of your choice of liquid. If you don't, you could cause a lot of problems with your bowels being blocked. You know with a cement brick in your stomach.

=====|











Saturday, May 11, 2024

Polk at 30th 92104







Tetiana, 82, cries with her daughter as she is evacuated from Vovchansk, Ukraine, Saturday, May 11, 2024. Her husband was killed in their house after a Russian airstrike on the city. (AP Photo/ Evgeniy Maloletka)



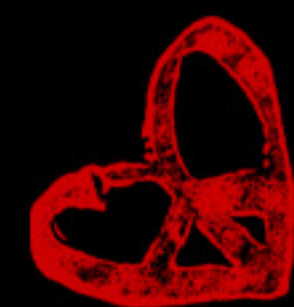
Palestinians mourn their relatives killed in the Israeli bombardments of the Gaza Strip in front of the morgue of the Al Aqsa Hospital in Deir al Balah, Gaza Strip, on Saturday, May 11, 2024. (AP Photo/Abdel Kareem Hana)

<https://apnews.com/article/eurovision-song-contest-final-israel-protests-09e31963ed7db607ea137c9333eabf87>



2 of 15

Eden Golan representing Israel with the song 'Hurricane' is presented before the final dress rehearsal ahead of the Eurovision Song Contest final, at the Malmo Arena, in Malmo, Sweden, Saturday, May 11, 2024. (Andreas Hillergren /TT News Agency via AP)



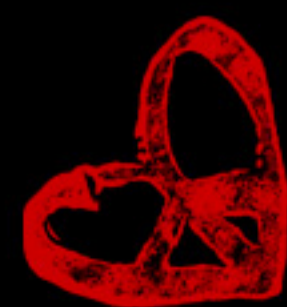
lovepeace



3 of 15

Pro-Palestinian demonstrators gather for a protest against the participation of Israeli contestant Eden Golan ahead of the final of the Eurovision Song Contest in Malmo, Sweden, Saturday, May 11, 2024. Israeli contestant Eden Golan has become a focus for protests by pro-Palestinian demonstrators who want Israel kicked out of Eurovision over the war with Hamas, which has killed almost 35,000 people in Gaza. (AP Photo/Martin Meissner)

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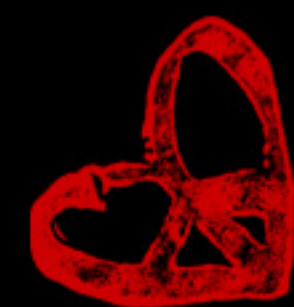
https://apnews.com/article/eurovision-song-contest-final-israel-protests-09e31963ed7db607ea137c9333eabf87



4 of 15

A pro-Palestinian demonstrator protests against the participation of Israeli contestant Eden Golan ahead of the final of the Eurovision Song Contest in Malmo, Sweden, Saturday, May 11, 2024. Israeli contestant Eden Golan has become a focus for protests by pro-Palestinian demonstrators who want Israel kicked out of Eurovision over the war with Hamas. (AP Photo/Martin Meissner)

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12 of 15

Angelina Mango of Italy sings the song Imagine from John Lennon in the media center after the dress rehearsal for the final at the Eurovision Song Contest in Malmo, Sweden, Friday, May 10, 2024. (AP Photo/Martin Meissner)

Share

Imagine there's no countries
 It isn't hard to do
 Nothing to kill or die for
 And no religion, too
 Imagine all the people
 Livin' life in peace
 You
 You may say I'm a dreamer
 But I'm not the only one
 I hope someday you'll join us
 And the world will be as one



FRANKFURT, Germany (AP) — More than 130 countries have agreed on sweeping changes to how big global companies are taxed, including a 15% minimum corporate rate designed to deter multinationals from stashing profits in low-tax countries.



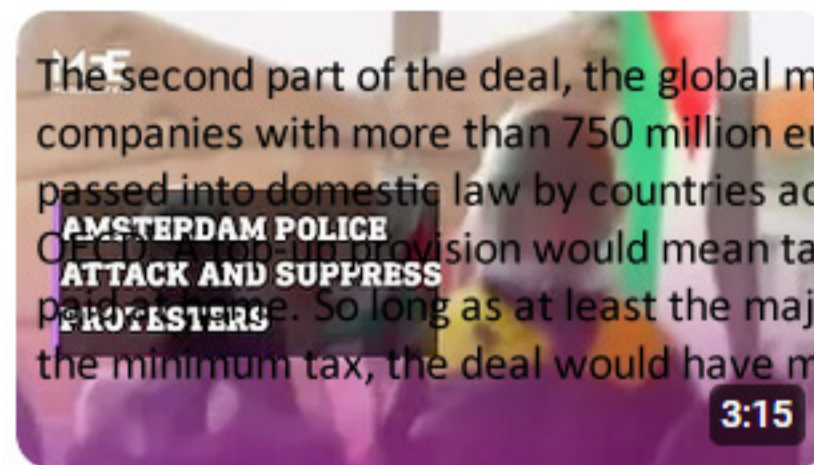
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Palestinians await Israel's invasion of Rafah, with no place to go

3m:30s | Middle East Eye | May 8, 2024

Channel 4 News reported on the dire conditions faced by Palestinians in Rafah, who have no shelter and nowhere to flee as they await Israel's invasion. The report also highlights the humanitarian crisis unfolding in Rafah, as medics are forced to evacuate hospitals.



Palestinians await Israel's invasion of Rafah, with no place to go

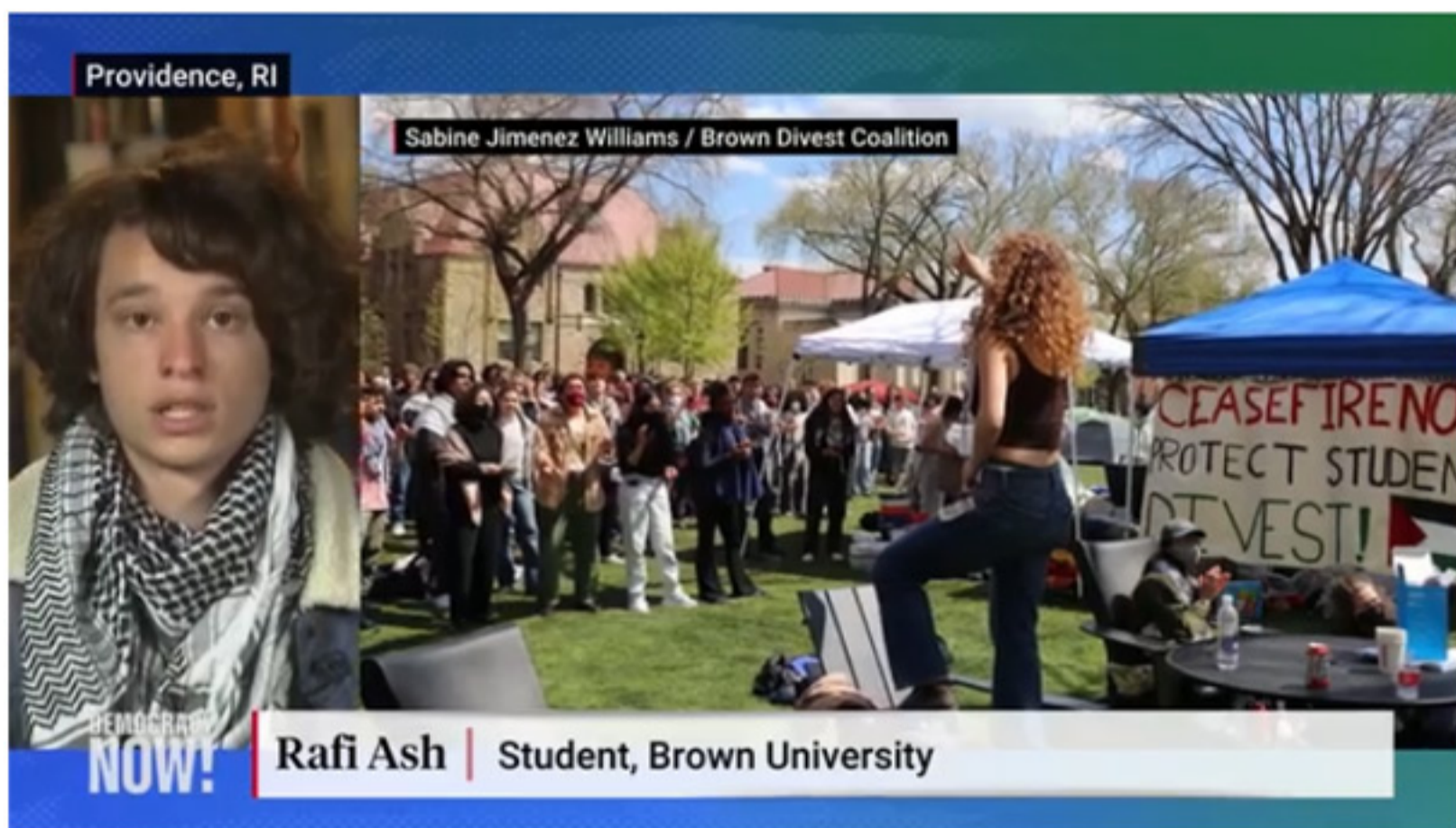
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Palestinians await Israel's invasion of Rafah, with no place to go

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Meet Students at 4 Colleges Where Gaza Protests Win Concessions, Incl. Considering Israel Divestment

STORY MAY 08, 2024



Meet Students at 4 Colleges Where Gaza Protests Win Concessions, Incl. Considering Israel Divestment | May 08, 2024

> https://www.democracynow.org/2024/5/8/student_protests

As students around the country set up Gaza solidarity encampments on their campuses, many universities have called in police who have arrested students and dismantled the sites. But students at a number of colleges have managed to negotiate agreements where administrators have acceded to some of their demands, including considering divestment from Israel. We speak with four students who have been involved in pro-Palestine protests on campuses at Middlebury College in Vermont, Evergreen College in Washington state, Brown University in Rhode Island and Rutgers in New Jersey.

“Being an American complicit in this and being a student at an institution complicit in this genocide directly, I couldn’t imagine standing by and not acting,” says Duncan Kreps, who is graduating from Middlebury.

Aseel, a Palestinian student at Rutgers who is only using her first name out of safety concerns, tells Democracy Now! that nearly 100 of her relatives have been killed in Israel’s assault on Gaza. “The Gaza that I once knew is essentially gone, but I am more than confident, along with my family, that we will return and that we will rebuild it,” she says.

Pulitzer Winner Nathan Thrall on Israel’s “System of Domination” and Biden Pausing Bomb Shipment

STORY MAY 09, 2024



Pulitzer Winner Nathan Thrall on Israel’s “System of Domination” and Biden Pausing Bomb Shipment | May 09, 2024 >

https://www.democracynow.org/2024/5/9/nathan_thrall_west_bank_violence

Jerusalem-based journalist and author Nathan Thrall has been awarded the 2024 Pulitzer Prize for General Nonfiction for his book, *A Day in the Life of Abed Salama: Anatomy of a Jerusalem Tragedy*. It tells the story of Israel’s occupation of the West Bank through one Palestinian father’s quest to seek answers and accountability after his 5-year-old son is involved in a deadly accident. We speak to Thrall about President Biden saying for the first time that he would not supply certain weapons to Israel to be used in an all-out invasion of Rafah. “It is too little, too late,” Thrall says. “It is a step in the right direction, but the administration has said that it has not made a final determination even about these paused weapons.” Thrall also discusses Israel’s ceasefire talks with Hamas, anti-Netanyahu protests led by families of Israeli hostages, Israel’s intensified crackdown in the West Bank, how criticism of Israel is conflated with antisemitism, and why debates over the future of a Palestinian state are an “enormous distraction from the reality on the ground” — Israel’s “system of domination that is extremely bureaucratic and elaborate, [that] has lasted for over half a century and [is] not going anywhere.”



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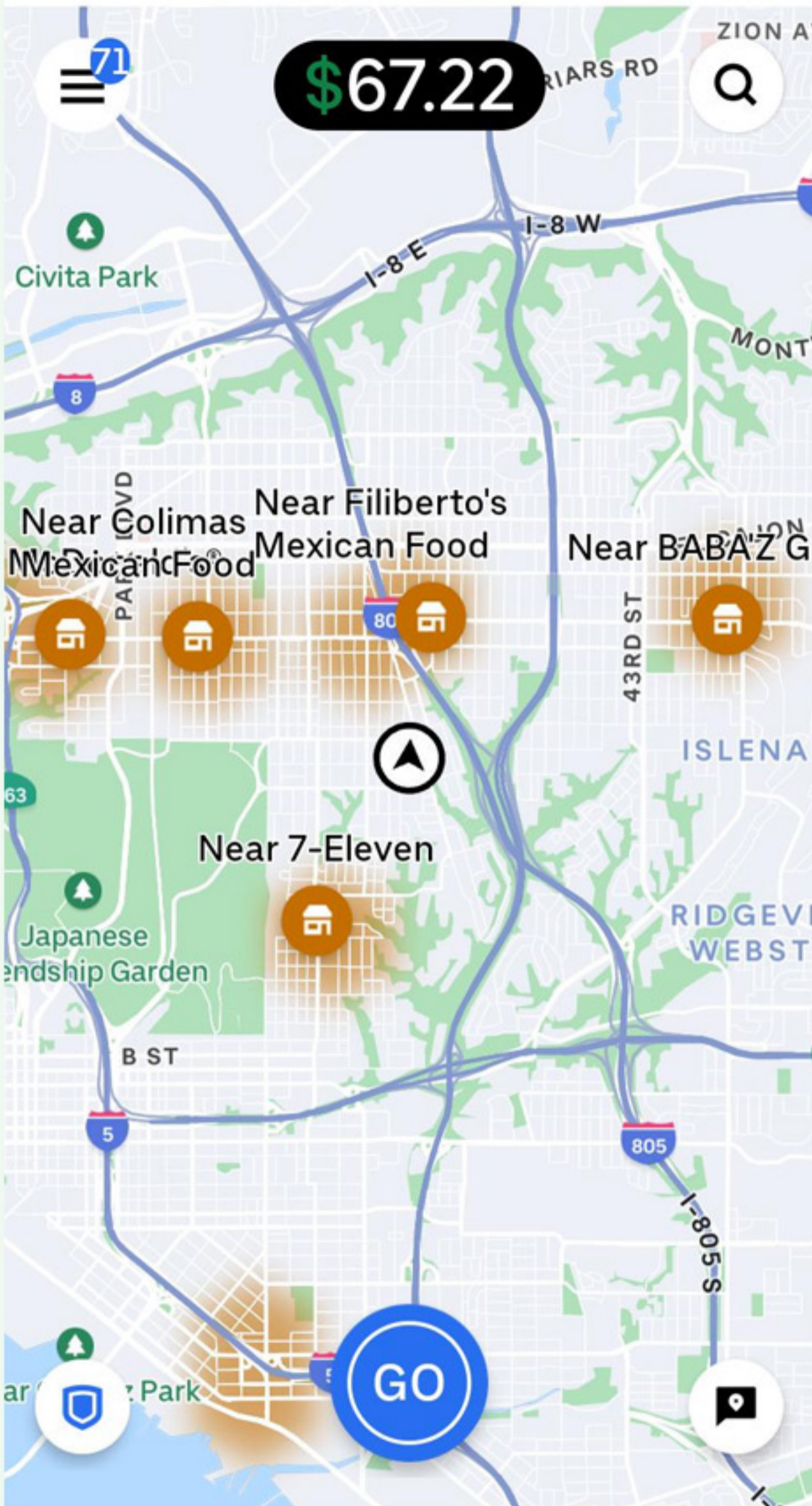



A couple of neighbors have planted their yards like mad with sunflowers. Not sure if it's in solidarity with Ukraine, but just for the overwhelming sense of a bit of the country in the city . . . impressive! And that's the tie-in with Ukraine, overwhelming impressive.



A couple of neighbors have planted their yards like mad with sunflowers. Not sure if it's in solidarity with Ukraine, but just for the overwhelming sense of a bit of the country in the city... impressive! And that's the tie-in with Ukraine, overwhelming impressive.

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Israel's Willing Executioners

Hundreds of thousands of people are being forced to flee, once again, after more than half of Gaza's population took sanctuary in the border town of Rafah. This is part of Israel's sadistic playbook.



CHRIS HEDGES

MAY 13, 2024



When You're Smiling - by Mr. Fish

Run, the Israelis demand, run for your lives. Run from Rafah the way you ran from Gaza City, the way you ran from Jabalia, the way you ran from Deir al-Balah, the way you ran from Beit Hanoun, the way you ran from Bani Suheila, the way you ran from Khan Yunis. Run or we will kill you. We will drop 2,000-pound bunker buster bombs on your tent encampments. We will spray you with bullets from our machine-gun-equipped drones. We will pound you with artillery and tank shells. We will shoot you down with snipers. We will decimate your tents, your refugee camps, your cities and towns, your homes, your schools, your hospitals and your water purification plants. We will rain death from the sky.

Run for your lives. Again and again and again. Pack up the pathetic few belongings you have left. Blankets. A couple of pots. Some clothes. We don't care how exhausted you are, how hungry you are, how terrified you are, how sick you are, how old, or how young you are. Run. Run. Run. And when you run in terror to one part of Gaza we will make you turn around and run to another. Trapped in a labyrinth of death. Back and forth. Up and down. Side to side. Six. Seven. Eight times. We toy with you like mice in a trap. Then we deport you so you can never return. Or we kill you.

Let the world denounce our genocide. What do we care? The billions in military aid flows unchecked from our American ally. The fighter jets. The artillery shells. The tanks. The bombs. An endless supply. We kill children by the thousands. We kill women and the elderly by the thousands. The sick and injured, without medicine and hospitals, die. We poison the water. We cut off the food. We make you starve. We created this hell. We are the masters. Law. Duty. A code of conduct. They do not exist for us.

But first we toy with you. We humiliate you. We terrorize you. We revel in your fear. We are amused by your pathetic attempts to survive. You are not human. You are creatures. Untermensch. We feed our libido dominandi – our lust for domination. Look at our posts on social media. They have gone viral. One shows soldiers grinning in a Palestinian home with the owners tied up and blindfolded in the background. We loot. Rugs. Cosmetics. Motorbikes. Jewelry. Watches. Cash. Gold. Antiquities. We laugh at your misery. We cheer your death. We celebrate our religion, our nation, our identity, our superiority, by negating and erasing yours.

Depravity is moral. Atrocity is heroism. Genocide is redemption. We are the orchestra in this dance of death.

[. . .]

Rafah is the prize at the end of the road. **Rafah is the great killing field where we will slaughter Palestinians on a scale unseen in this genocide. Watch us.** It will be an orgy of blood and death. It will be of Biblical proportions. No one will stop us. We kill in paroxysms of excitement. We are gods.

https://www.democracynow.org/2024/5/9/nathan_thrall_west_bank_violence

Pulitzer Winner Nathan Thrall on Israel's "System of Domination" and Biden Pausing Bomb Shipment

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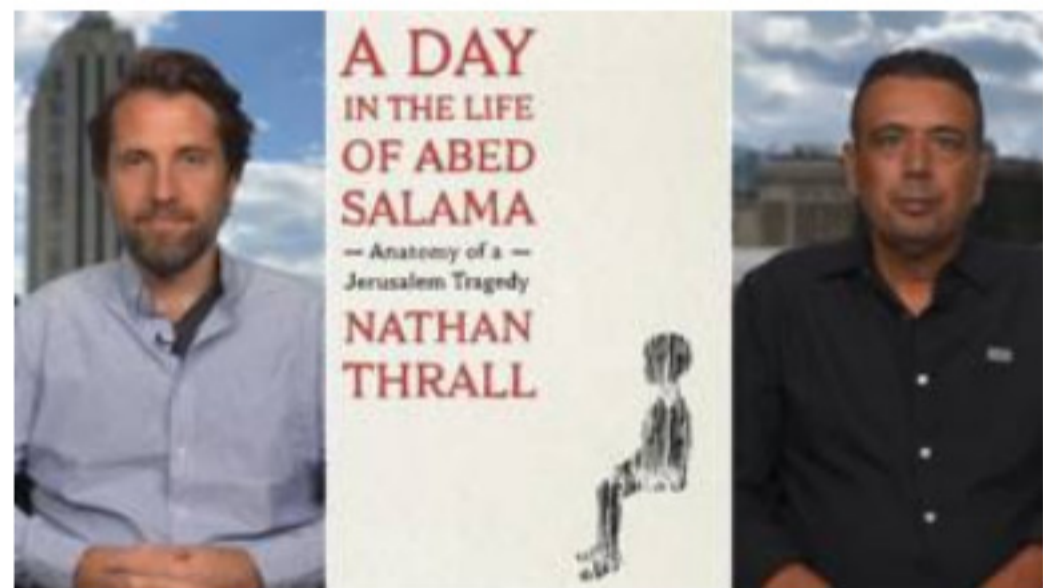
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NATHAN THRALL: So, the fundamental obstacle in all of these ceasefire negotiations has been one central issue, and that is that Hamas has demanded that the hostage exchange be accompanied by an end to the war, and Israel has refused. It says it wants to get the hostages back and to do a prisoner exchange with Hamas, and then to continue pummeling Gaza. Hamas and any other party in its place would be insane to accept such a deal. It is the only leverage they have, and they cannot afford to agree to a ceasefire, a so-called ceasefire, that has them relinquish the only asset that they have that Israel wants without a commitment that this is an end to the war.

NEXT Indian PM Narendra Modi Runs on "Hatred and Demonization" of Muslims in World's Largest Election

Related



STORY OCT 05, 2023

"A Day in the Life of Abed Salama": How the Death of Abed's 5-Year-Old Son Sheds Light on Life Under Israeli Apartheid

And so, the fundamental issue is that Hamas says that the proposal that was given to it does entail an end to the war, a full, sustainable calm, that's guaranteed by the United States and other mediators. And Israel says it rejects that.



Aid trucks loaded with supplies wait in Arish, Egypt, after a border crossing with Gaza was closed on May 8, 2024. Ali Moustafa/Getty Images

I've spent decades overseeing relief operations around the world, and here's what's going wrong in Gaza

Published: May 10, 2024 12:14pm EDT

Raymond Offenheiser, *University of Notre Dame*

Amid persistent calls from the United States and other countries that Israel needs to make it easier for life-saving aid to reach Palestinians in the Gaza Strip, the Israeli military closed two of the region's few operating border crossings in Rafah, a southern Gazan city, on May 7, 2024. Responding to political pressure and alarm, Israel then reopened a different border crossing into Gaza, called Kerem Shalom, on May 8.

These border crossings are crucial for aid workers and deliveries of food, fuel and other supplies, especially as commercial imports have stopped entering Gaza. The amount of aid going into Gaza each day has varied since Hamas' Oct. 7, 2023, attack on Israel, and Israel's subsequent invasion of Gaza. But the overall number of aid trucks flowing through the Rafah and Kerem Shalom crossings is down 75% from before the war, according to the United Nations. Aid workers say they are unable to meet Palestinians' needs in Gaza, even with the aid air drops and boat shipments that the U.S. and other countries are doing.

I spent 20 years as the president of Oxfam America, an international humanitarian organization, and have overseen humanitarian responses to some of the biggest crises of the past three decades, from the war in Kosovo to the conflicts in Iraq and Afghanistan. I know from experience that the major aid organizations know how to run large, well-integrated operational responses to emergencies like Gaza. However, this is not happening, in part because Israel is not giving aid groups what they need to do so.

Possible reforms

I think there are certain things that the U.N. could do to help make it easier for aid deliveries to reach people in Gaza.

First, OCHA could step in to better coordinate all of the relevant U.N. agencies that may need to join or take on a larger role in the Gaza humanitarian crisis.

I also think that the U.N. could insist that Israel help create safe and secure conditions for a well-coordinated and comprehensive U.N. response. This includes guarantees to open additional border crossings as needed, and increase the number of daily aid deliveries – especially food – as well as ensuring more consistent access and supplies.

Professional humanitarians are prepared to sacrifice ourselves to preserve and protect the dignity of all, both Israelis and Palestinians. History has taught that the only lesson from all wars is that no one really wins and millions suffer quietly well into the future.

Humanitarians' job is to find and create safe spaces and save as many lives as we can, with the experience and resources at our disposal. We carry no weapons and rely entirely on respect for international humanitarian law and other rules of war to ensure our safety as we carry out this dangerous mission. But in order to carry out this work, we need access and minimally safe and secure conditions that let us do our jobs.

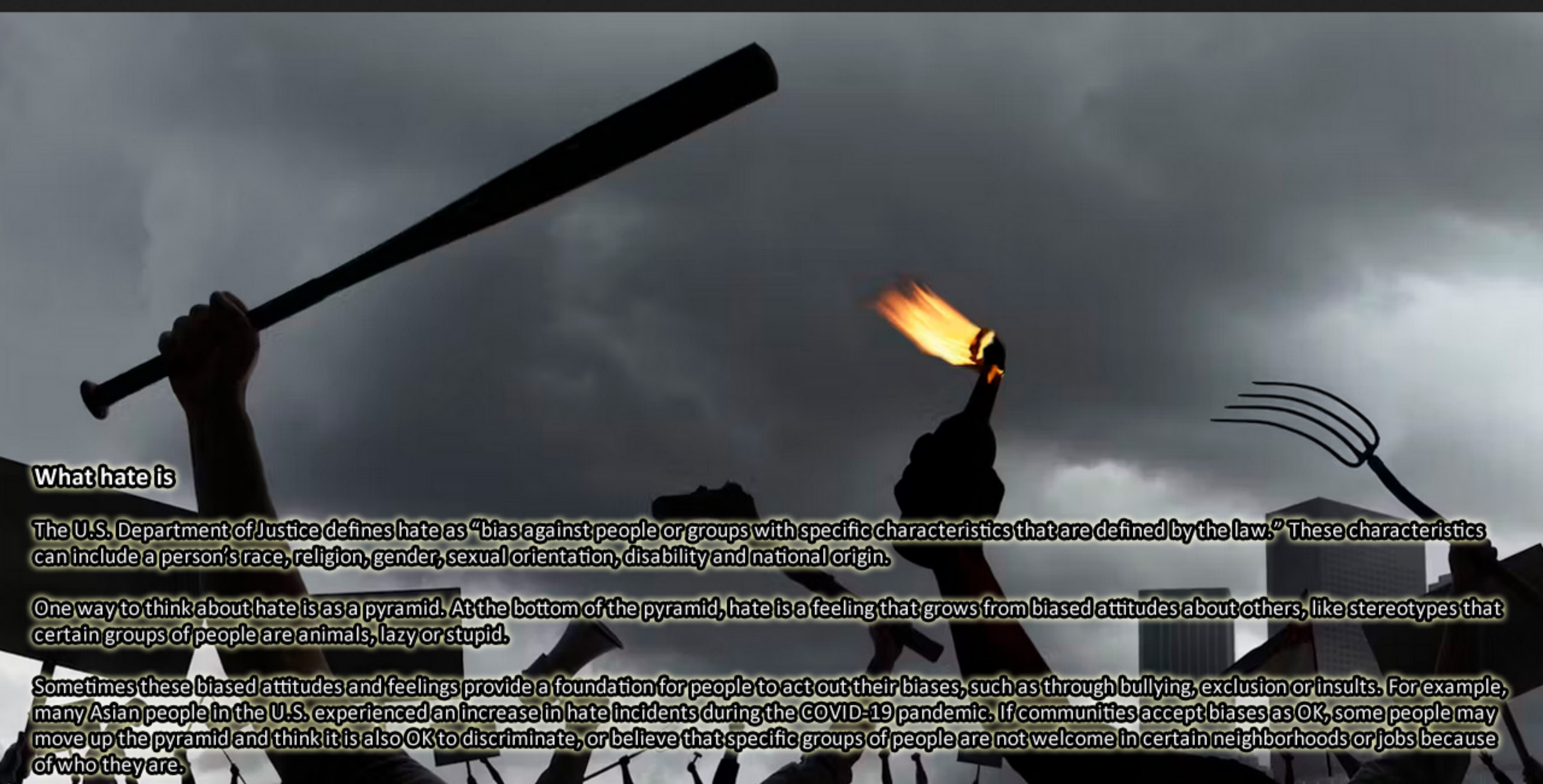
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Why do people hate people?

Hate, according to the U.S. Department of Justice, “does not mean rage, anger or general dislike.”

Published: May 13, 2024 8:16am EDT

▼ [Kristine Hoover](#), [Yolanda Gallardo](#), *Gonzaga University*



What hate is

The U.S. Department of Justice defines hate as “bias against people or groups with specific characteristics that are defined by the law.” These characteristics can include a person’s race, religion, gender, sexual orientation, disability and national origin.

One way to think about hate is as a pyramid. At the bottom of the pyramid, hate is a feeling that grows from biased attitudes about others, like stereotypes that certain groups of people are animals, lazy or stupid.

Sometimes these biased attitudes and feelings provide a foundation for people to act out their biases, such as through bullying, exclusion or insults. For example, many Asian people in the U.S. experienced an increase in hate incidents during the COVID-19 pandemic. If communities accept biases as OK, some people may move up the pyramid and think it is also OK to discriminate, or believe that specific groups of people are not welcome in certain neighborhoods or jobs because of who they are.

Near the top of the pyramid, some people commit violence or hate crimes because they believe their own way of being is better than others’. They may threaten or physically harm others, or destroy property. At the very top of the pyramid is genocide, the intent to destroy a particular group – like what Jewish people experienced during World War II or what Rohingya people are experiencing today in Myanmar, near China.

Hate at the middle and higher levels of the pyramid happens because no one took action to discourage the biased feelings, attitudes and actions at the lower levels of the pyramid.



Surface bubble growth can lift objects upward against gravity. Saverio Spagnolie

‘Dancing’ raisins – a simple kitchen experiment reveals how objects can extract energy from their environment and come to life

Published: May 13, 2024 8:29am EDT

▼ **Saverio Eric Spagnolie**, *University of Wisconsin-Madison*

While raisins in soda water seem fairly simple when compared with microorganisms swimming through biological fluids, they offer an accessible way to study generic features in those more challenging settings. In both cases, bodies extract energy from their complex fluid environment while also affecting it, and fascinating behaviors ensue.

New insights about the physical world, from geophysics to biology, will continue to emerge from tabletop-scale experiments – and perhaps from right in the kitchen.

An accompanying [Twitter thread](#) about our research went viral, amassing over half a million views in just two days. Why did this particular experiment catch the imaginations of so many?



Saverio Spagnolie

@SaverioIV · [Follow](#)



It turns out that sparkling water and raisins are **fascinating**. My daughter and I happened upon this effect playing together in the kitchen a long time ago, and I couldn't help but explore the system more deeply... 1/n arxiv.org/abs/2308.12927



9:29 AM · Sep 13, 2023



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Why protesters in Georgia are opposed to a 'foreign agents' law and why it matters



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Blinken visits Ukraine to tout U.S. support for Kyiv's fight against Russia



GLOBAL HEALTH

Trapped in Rafah, U.S. medical volunteers say they can't save lives and can't evacuate



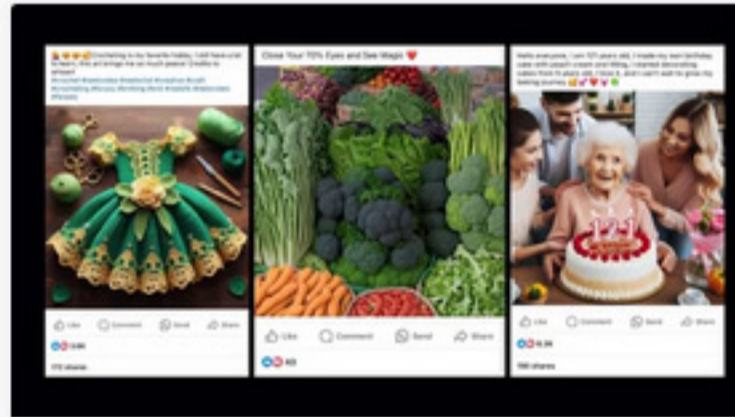
ANIMALS

On this unassuming trail near LA, bird watchers see something spectacular



BUSINESS

Melinda French Gates resigns as co-chair from the Gates Foundation



TECHNOLOGY

AI-generated spam is starting to fill social media. Here's why

Tens of thousands of protesters in the former Soviet republic of Georgia are fighting a controversial law set to be passed by the country's parliament this week. Many people see the battle over the proposed "foreign agents" bill as a tug of war for influence between Russia and the West. Supporters say the law is about transparency and preventing outside influence on Georgian politics, while opponents say the bill is modeled on a Russian law that has been used to clamp down on dissent.

It's early morning in the San Gabriel Mountains and we're standing in an unremarkable dirt parking lot. The hills around us are dotted with chaparral vegetation, and Los Angeles sprawls just south of here. To me, this looks like any other trailhead in the greater LA area. But we're here, at Bear Divide, to witness an incredibly rare spectacle of nature: this is one of the only places in the western United States where you can see bird migration during daylight hours "Lots of different warblers, some buntings, a few orioles. We have counted over 850 birds this morning," Tania Romero, a grad student at Cal State LA, who co-leads the banding station says. "I'm happy with today."

As part of her separation agreement from the foundation, Melinda French Gates says she will receive an additional \$12.5 billion for her charitable work, which she says she plans to use toward her ongoing work supporting women and families. "This is a critical moment for women and girls in the U.S. and around the world — and those fighting to protect and advance equality are in urgent need of support."

Beyond finding AI spam on Facebook annoying, many people NPR spoke with say they're worried about the larger stakes of artificial images showing up everywhere. "It just sort of reinforces people's disbelief and ... makes it harder to see what is real," said Hobe Ford, a puppeteer in North Carolina who has seen AI images pop up in Facebook groups dedicated to science, claiming to depict new discoveries. "And I think that's dangerous in our world right now."



POP CULTURE

Katy Perry's own mom fell for her Met Gala AI photo. Do you know what to look for?



Lauren Hill, a graduate student at Cal State LA, holds a bird at the bird banding site at Bear Divide in the San Gabriel Mountains.

Grace Widyatmadja/NPR

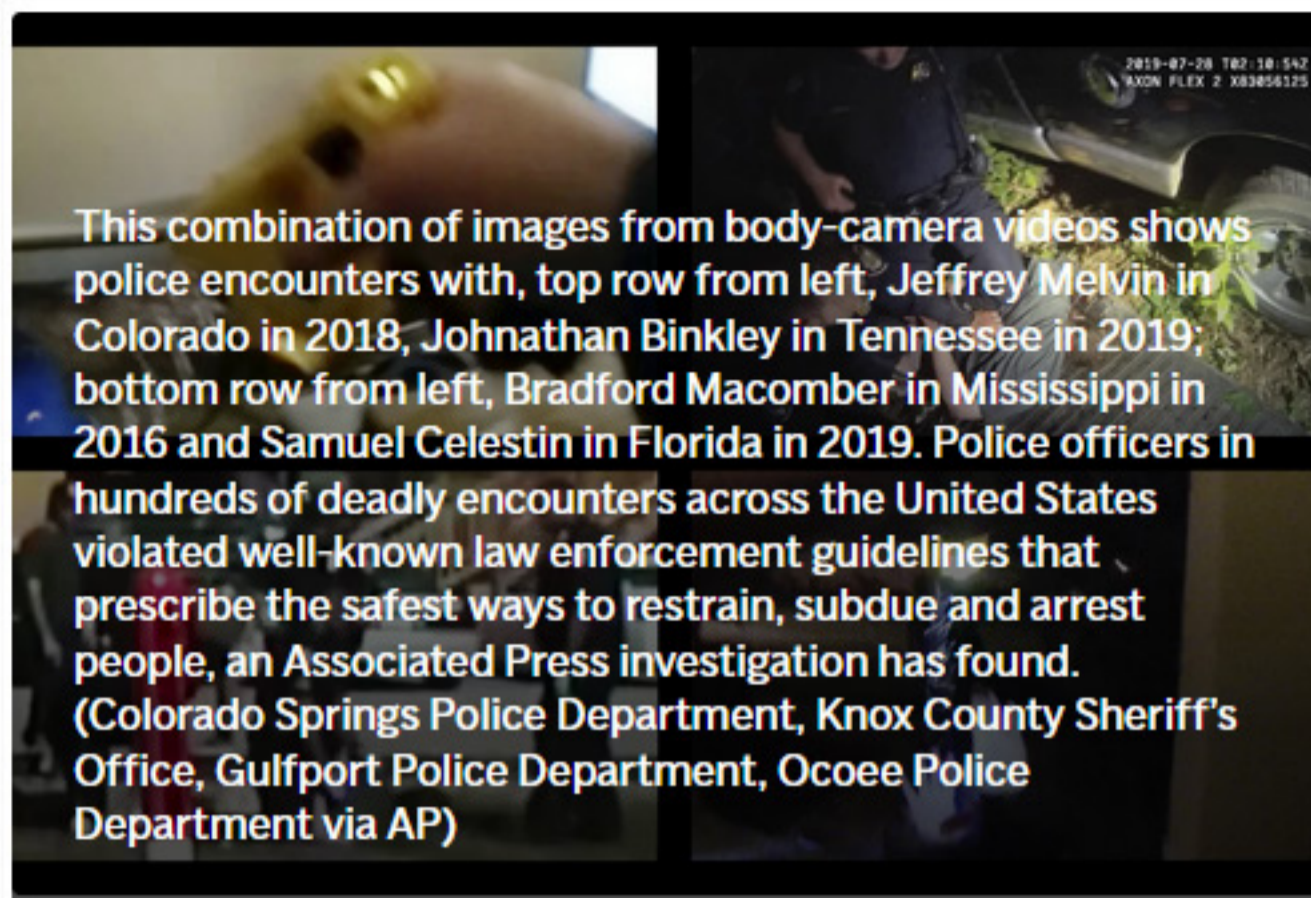
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AP Investigation: In hundreds of deadly police encounters, officers broke multiple safety guidelines

An Associated Press investigation found that police across the U.S. violated well-known guidelines for safely restraining people in hundreds of fatal encounters that didn't involve a firearm.

READ MORE

- Risks of handcuffing someone facedown long known; people die when police training fails to keep up
- Why did more than 1,000 people die after police subdued them with force that isn't meant to kill?
- For years she thought her son had died of an overdose. The police video changed all that
- How a 911 call for trespassing escalated to an injection of a powerful sedative and one man's death



For its investigation, AP catalogued 1,036 deaths over a decade's time after officers had used force not involving their guns. In about half, medical officials ruled that law enforcement caused or contributed to the deaths, but they usually didn't mention whether policing best practices were followed. Counting violations of best practices also was difficult when departments didn't document important details or withheld their files. But based on a review of tens of thousands of pages of police and court records, as well as hundreds of hours of body-camera video footage, AP found:

- Officers breached the guidelines in three or more ways in roughly 440 deaths, or about 45% of the time. In others, a single mistake sometimes fueled life-threatening injuries.
- Many who died were on drugs or alcohol, or had underlying medical conditions, making them more vulnerable to misapplied force, just as best practices forewarned.
- In about 30% of the deaths where police went outside the guidelines multiple times, the officers or bystanders were facing imminent or potential danger. Safety practices may excuse officers under those circumstances.

Because of how policing is set up in the United States, there are no national rules for how officers apply force. Best practices provide some direction but aren't mandatory. In the end, individual departments or states set their own policies and training.

In hundreds of deaths where police used force meant to stop someone without killing them, officers violated well-known guidelines for safely restraining and subduing people — not simply once or twice, but multiple times. Most violations involved pinning people facedown in ways that could restrict their breathing or stunning them repeatedly with Tasers, an Associated Press investigation found. Some officers had little choice but to break policing best practices — safety guidelines that are recommended by government agencies, law enforcement groups and training experts — to save a life or protect someone. Many other violations were harder to explain. Officers at times prematurely resorted to weapons or physical holds during routine calls or misread a person's confusion as defiance in medical emergencies, setting off a string of mistakes. In other cases, they kept applying force even after they had people handcuffed and controlled.

In more than 30 cases, police used Tasers in drive-stun mode or fired darts at someone who was already handcuffed or who had stopped resisting. Police officers in Hazelwood, Missouri, shocked a handcuffed man as many as 13 times and hit him repeatedly with a baton. The man was driving erratically on his way home to celebrate his wedding anniversary and appeared intoxicated. Prosecutors decided police did nothing wrong because he was aggressively resisting. A federal judge, who also sided with the police, said it was clear he fought for eight minutes, and that it took three officers and multiple Taser blasts and baton strikes to subdue him. In a Delaware case, a federal judge wouldn't give a state trooper immunity from an excessive force claim after he fired his Taser at a man who appeared to be secured and no longer resisting. The trooper, a certified Taser instructor, initially took steps to avoid a deadly outcome when he came across the man, who had a gun behind his back. Thinking the man might be mentally ill, the trooper holstered his gun and shocked him, causing him to fall and drop his firearm. The trooper rapidly fired again because he thought the man was rolling over and reaching for the gun. But the third jolt of electricity was unjustified, the judge said, because it came 15 seconds later and after officers had secured the man. An expert hired by the family said the final blast hit the man's chest, something the trooper should have known to avoid.

The Michael Cohen who testified Monday was not the witness anyone expected

Prosecutors need jurors to trust Trump’s former fixer, who was uncharacteristically even-tempered in a marathon day on the witness stand.



By **KYLE CHENEY, ERICA ORDEN** and **BEN FEUERHERD**

05/13/2024 08:12 PM EDT

NEW YORK — The world has long known two Michael Cohens.

There’s the fire-breathing “fixer” who famously bullied Donald Trump’s foes. And there’s the social media resistance hero he became after breaking with his former boss, lobbing insults at Trump with the same expletive-laden fury he used to reserve for Trump’s enemies.

On Monday, the jury in Trump’s Manhattan hush money trial met a third, one who seemed to manifest in real time on the witness stand: mild-mannered, self-deprecating, just-the-facts-ma’am. (In fact, he said ma’am more than 100 times when addressing prosecutor Susan Hoffinger.)

It was a reinvention that could define and even determine the outcome of Trump’s criminal trial, in which the former president is charged with orchestrating a scheme to prevent porn star Stormy Daniels from revealing an extramarital affair on the cusp of his 2016 presidential victory.

That’s because Cohen, while recasting himself, also revealed perhaps the most damaging bit of evidence yet: a meeting just days before Trump assumed the Oval Office, in which, according to Cohen, Trump reviewed and endorsed a plan to reimburse him for paying off Daniels.

For nearly six hours, Michael Cohen displayed uncharacteristic modesty, dispassion and a measured temperament, while acknowledging former bouts of anger, bullying, lying and egotism. | Julia Nihinson/AP



Trump’s Lawyers Are Making Major Mistakes



The Michael Cohen who testified Monday was not the witness anyone expected



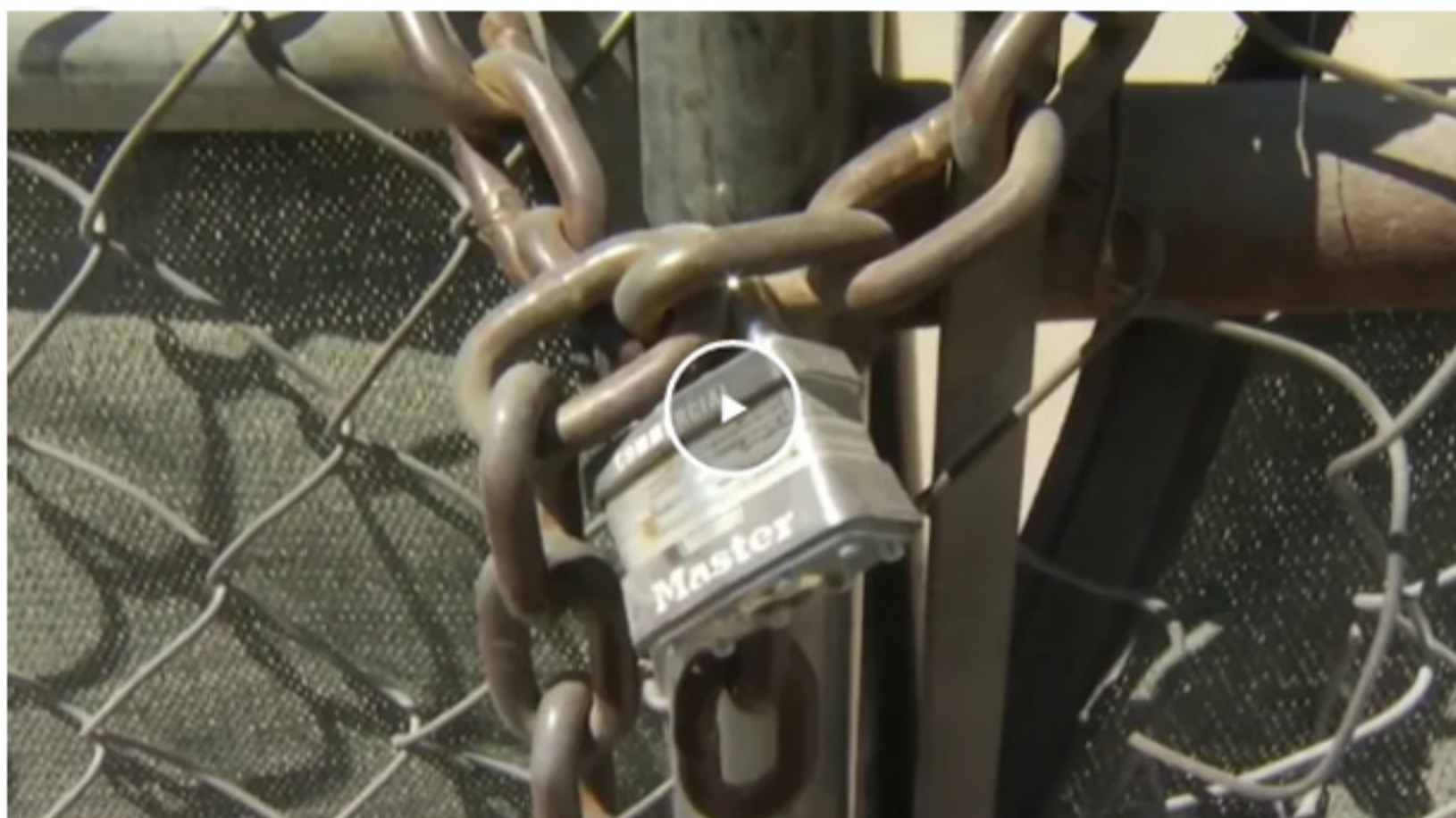
With eyes shut, Trump endures testimony from his nemesis

OTAY MESA

Dozens of businesses evicted in Otay Mesa

The city says occupants can contact city airport staff to arrange for the removal of their property

By Kelvin Henry • Published May 13, 2024 • Updated on May 13, 2024 at 6:20 pm



ALFREDO GARCIA
CO-OWNER OF HERITAGE AUTO GLASS

Friday, May 10th. We were here,

NBCSanDiego 5:14 64°

NBC 7's Kelvin Henry has more details of why it happened and what lies ahead.

Dozens of business owners in the Otay Mesa community of San Diego are looking for new spaces after being evicted to make way for a redevelopment project.

"May 10th, we were here minding our business, doing our installations, and all of a sudden the sheriff came and shut our whole operation down," said Alfredo Garcia, the co-owner of Heritage Auto Glass. Not much time was given for business owners to gather their belongings, according to Garcia. "We did bring out the most important things," Garcia said. "Our forklifts and stuff, and after that our communication systems like phones and a desk and paperwork, and after that they put the chains and that's it."

City of San Diego released the following statement to NBC 7 regarding the matter:

"The city of San Diego has been engaged in a multi-year public-private partnership in the redevelopment of Brown Field Airport, which will include the construction of state-of-the-art commercial and aviation facilities. This project will serve as a gateway for international trade and will provide economic benefits to the community and create sustainable jobs. Moreover, this 331-acre project is expected to be built in phases over 20 years and will include a new Fixed Base Operator terminal building, individual airplane hangars, and new roads to allow for increased connectivity in the Otay Mesa area. Additional development will include more than a million square feet of commercial and industrial buildings and a hotel with a restaurant. "The city previously had a lease agreement with Aero-Abre for part of the property at Brown Field. This leaseholder had subleased to dozens of tenants for storage space on the property. In May 2022, the lease agreement was terminated to allow the redevelopment plans to move forward. However, as early as 2019, the city had notified the leaseholder of the redevelopment plans and the eventual need to vacate the property. The leaseholder stopped responding to the city, prompting the city to pursue legal action with the master lease holder. "After almost two years of legal proceedings, the city of San Diego is now moving forward with the long-anticipated plans to regain possession of the Aero-Abre leasehold. Occupants who had been leasing space from the master leaseholder are being notified directly and noticing will continue over the course of the next six weeks.

"If the occupants are not able to move their property by the date listed on the eviction notices, they can contact city airport staff and arrange for the removal of their property. The phone number is provided with the notices being delivered to the occupants."

In the meantime, Garcia and other business owners are trying to shift their operations to a new location.

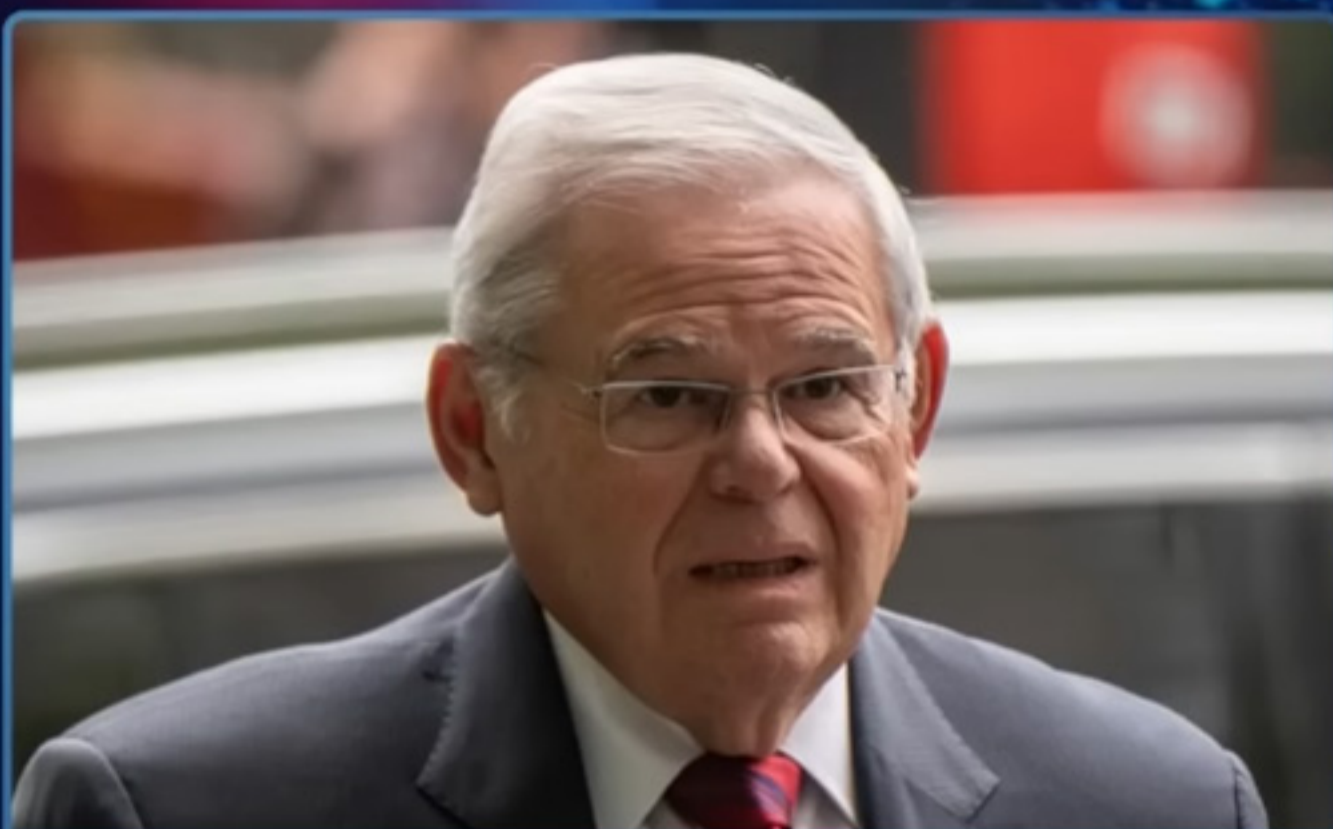
NBC 7 reached to Aero-Abre but it has not responded to our request for comment.

Jon Stewart Exposes Dirty 'Secret' That Lets Your Lawmakers Get Filthy Rich

"The Daily Show" host named and shamed senators and House members engaged in "legal corruption" thanks to D.C. loopholes.

By Ed Mazza

May 14, 2024, 01:00 AM EDT



MENENDEZ CORRUPTION TRIAL BEGINS

Stewart revealed what he called "the secret" to financial success in Washington.

First, lawmakers are allowed to engage in what is essentially insider trading. And second, lobbying groups that normally wouldn't even be allowed to buy a sandwich for a lawmaker can set up PACs with slush funds giving them everything from lucrative vacations to jobs for friends and family.

Stewart called it "corruption in plain sight."

"It's all legal," he said. "And not a gold bar in sight."

Stewart named names — from both sides of the aisle — as he revealed who has been taking what, complete with the whens, wheres and hows.

See it all in his Monday night "Daily Show" monologue:



Jon Stewart Gives Sen. Robert Menendez a Corruption Lesson / 16:57

The Daily Show: 804,650 views May 13, 2024 #corruption

Jon Stewart digs into the trial of comically corrupt Senator Robert Menendez of New Jersey, and in a new segment called "How Dumb Is You?" asks the senator how he got caught engaging in such obvious illegal corruption, while government officials like Nancy Pelosi, Richard Burr, and Roy Blunt have been getting away with legal corruption for years.





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Fallout continues from the Miss USA resignations as a runner-up declines the crown

UPDATED MAY 14, 2024 · 12:14 PM ET

By Rachel Treisman



Noelia Voigt (L) and UmaSofia Srivastava (R) attend a charity event in New York City on May 8, the week that they stepped down as Miss USA and Miss Teen USA.

Rob Kim/Getty Images for Smile Train

Days after a pair of resignations rocked the pageant world, organizers have found a successor for Miss USA but appear to be struggling to do the same for Miss Teen USA. Miss USA Noelia Voigt and Miss Teen USA UmaSofia Srivastava, who were both crowned in 2023, announced their early departures two days apart last week. Srivastava said her "personal values no longer fully align with the direction of the organization," while Voigt cited mental health reasons in a statement whose first letters of every sentence spelled "I AM SILENCED." A longer resignation letter from Voigt, obtained by the New York Times and NBC News, accuses the Miss USA Organization of "a toxic work environment ... that, at best, is poor management and, at worst, is bullying and harassment." Social media director Claudia Michelle also resigned right before the two, disavowing "workplace toxicity and bullying" in a public statement of her own, in which she noted she was not bound by a non-disclosure agreement. Miss Colorado Arianna Lemus resigned in solidarity on Friday, writing that Voigt and Srivastava's "voices have been stifled by the constraints of a contract that undermines their rights and dignity," and calling for urgent reform within Miss USA. The slew of departures and criticisms have refocused a spotlight on the organization, raising questions about its treatment of its two biggest titleholders and practices in general.

The organization wished Voigt and Srivastava well in public Instagram posts, but has not responded to NPR's requests for comment even as the fallout from their resignations has continued. In the latest twist, the runner-up from last year's Miss Teen USA competition says she has turned down the offer to succeed Srivastava.

The new Miss USA will be crowned on Wednesday: Meanwhile, organizers are preparing to inaugurate the new Miss USA 2023, Miss Hawaii Savannah Gankiewicz. They announced on Friday that Gankiewicz, last year's runner-up, will be crowned in a ceremony in her home state on Wednesday.

Questions remain about the August pageant: Many Miss USA 2023 state titleholders, including the now-former Miss Colorado, have expressed public support for Voigt by sharing an Instagram statement that asks the organization to release her from the confidentiality clause of her contract "so that she is free to speak on her experiences and time as Miss USA." The statement, which says it has the support of the majority of members of the 2023 class, also asks for "full transparency for contestants in the class of 2024 and beyond."

States have already begun crowning their respective 2024 titleholders, a process that is slated to continue through early July. The winners from all 50 states and Washington, D.C., will compete at the Miss USA pageant in Los Angeles from July 27 through August 4. The Miss Teen USA pageant will be held on August 1. The Miss USA competition is slated to be broadcast live on the CW Network, which announced in late April that it had entered into an "exclusive multi-year broadcast partnership" with both the adult and teen versions of the pageant for the next three years. It also said the 2023 Miss USA broadcast was the network's #1 new special of the year, with more than 1.1 million total viewers to see Voigt win the crown. But the future of the partnership, touted by executives just weeks ago, is suddenly unclear. "In light of the events of last week, The CW Network is evaluating its relationship with both pageants," the network told NPR in a statement on Tuesday.

Miss USA did nod to the controversy in its statement announcing Gankiewicz last week, as backlash within and beyond the organization continued to grow. It said "it's important to remember that every individual connected to such high-profile events is navigating their own personal journey." "We are committed to fostering a healthy, communicative and supportive environment for all contestants, state titleholders, national titleholders and staff involved with the Miss USA organization, it's our mission," it continued. "We ask for community, empathy and kindness to be restored."

What is the celebrity 'blockout' over the war in Gaza?



Some social media users are calling out celebrities for what they say is inaction in the face of a humanitarian crisis in Gaza — and they've taken to a "blockout" to pressure the stars to take a stand.



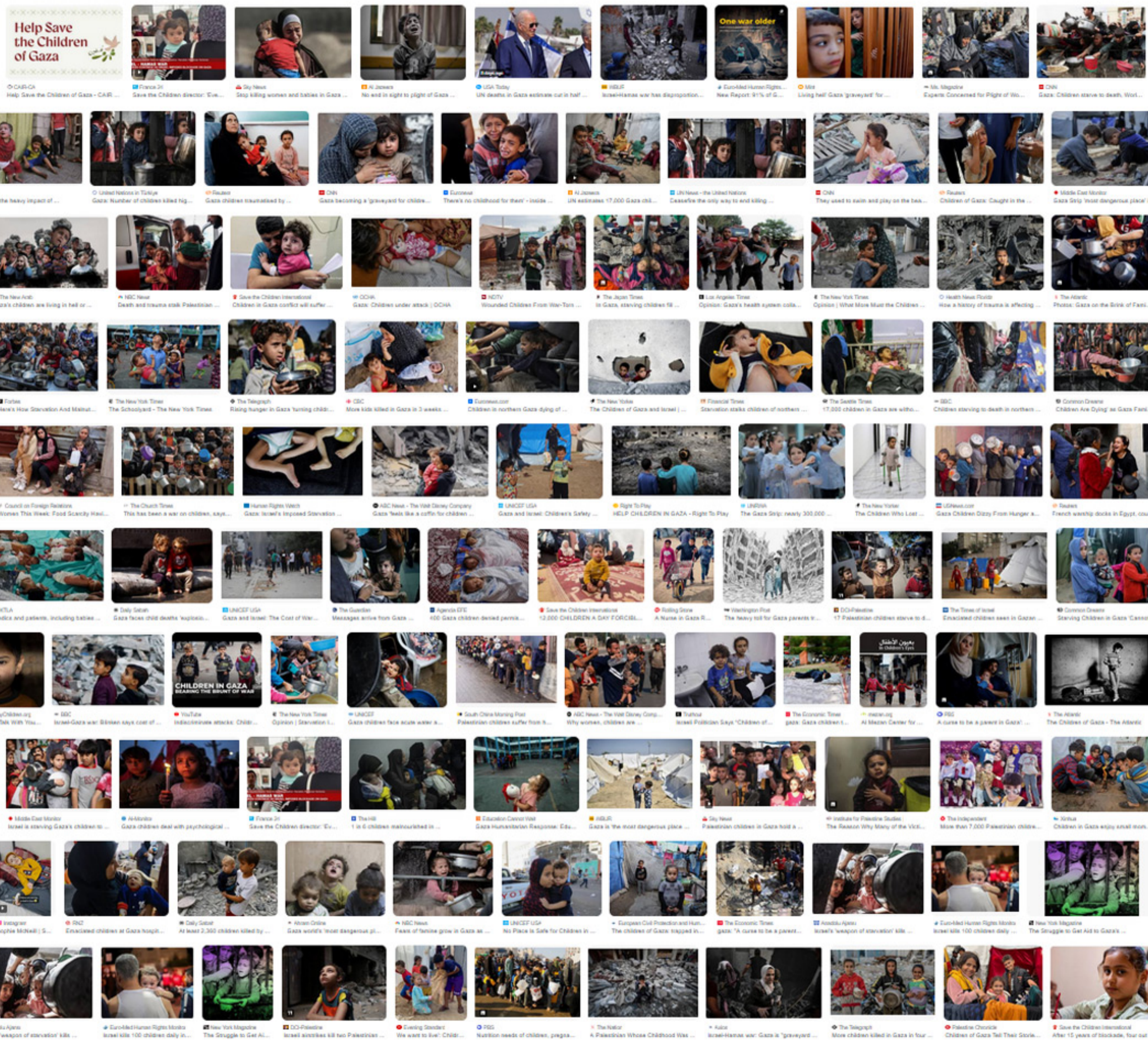
BY DEEPTI HAJELA

Updated 2:11 AM PDT, May 15, 2024



FILE - Pro-Palestinian protesters march in between traffic near the Metropolitan Museum of Art, where the Met Gala takes place, Monday, May 6, 2024, in New York. Some social media users are calling out celebrities for what they say is inaction in the face of a humanitarian crisis in Gaza — and they've taken to a "blockout" to pressure the stars to take a stand. Some have posted about the celebrities they've blocked, with others have shared posts from users lambasting attendees of high-glamour events like the Met Gala and contrasting it with the situation in Gaza. (AP Photo/Andres Kudacki, File)

Dim bits do fly
when cutting cabbage
the light
before da light
where I turn
Lucy in da sky
my soul ravage
as the chitlans starve —
go boom, right?
in Gaza. Why?
O! why I cry
so?



GAZA: 47.3% CHILDREN
Many of the dead in Gaza are children.

Gene Editing Breakthrough: CRISPR Improves Vision in Clinical Trial

TOPICS: CRISPR Eyes Genetics Massachusetts Eye And Ear Popular Vision

By MASSACHUSETTS EYE AND EAR MAY 13, 2024

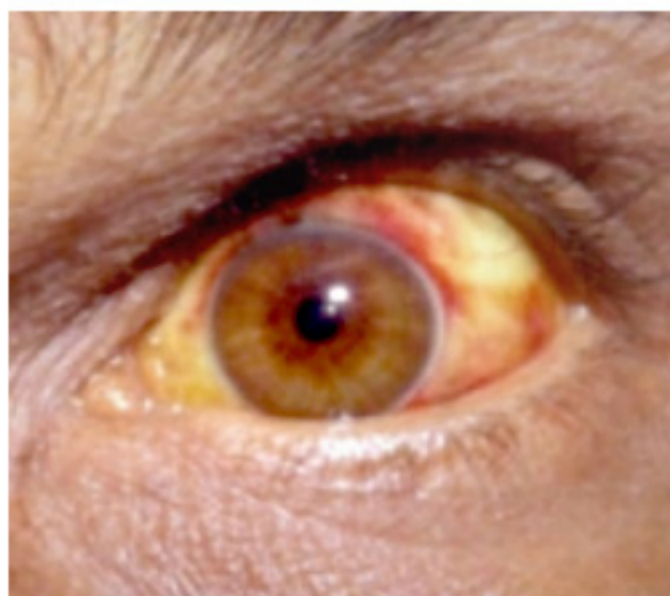
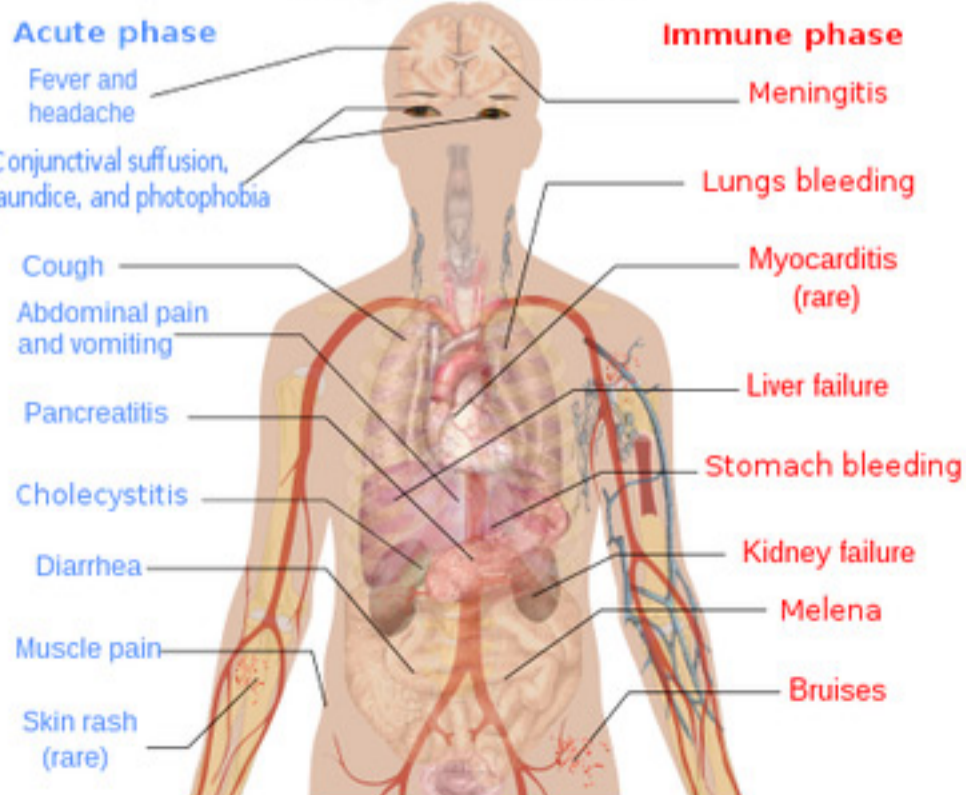


In a recent clinical trial, CRISPR gene editing was applied to 14 patients suffering from a form of inherited blindness. The treatment proved safe and resulted in measurable vision improvements in 11 of the participants. The trial, named BRILLIANCE, signifies a significant step forward in gene therapy for ocular diseases.

<https://scitechdaily.com/gene-editing-breakthrough-crispr-improves-vision-in-clinical-trial/>

Leptospira are found mostly in mammals. In Africa, a number of wildlife hosts have been identified as carriers, including the banded mongoose, Egyptian fox, Rusa deer, and shrews. The disease is observed persistently in parts of Asia, Oceania, the Caribbean, Latin America and Africa. It is most common in temperate or tropical climate regions.

Symptoms and signs of **Leptospirosis**



What disease can be transmitted by urine?

<https://en.m.wikipedia.org/wiki/Leptospirosis>

Leptospirosis, a blood infection caused by the bacteria *Leptospira* that can infect humans, dogs, rodents and many other wild and domesticated animals. Signs and symptoms can range from none to mild (headaches, muscle pains, and fevers) to severe (bleeding in the lungs or meningitis). Weil's disease (/ˈvaɪlz/ VILES), the acute, severe form of leptospirosis, causes the infected individual to become jaundiced (skin and eyes become yellow), develop kidney failure, and bleed. Bleeding from the lungs associated with leptospirosis is known as severe pulmonary haemorrhage syndrome.

Other names: Rat fever, field fever, rat catcher's yellows, pretibial fever

Specialty: Infectious disease

Symptoms: None, headaches, muscle pains, fevers

Complications: Bleeding from the lungs, meningitis, kidney failure

Usual onset: One to two weeks

Causes: *Leptospira* typically spread by rodents

Risk factors: Exposure to infected animals, especially their urine, or fresh water or damp soil contaminated with infectious urine

Diagnostic method: Testing blood for antibodies against the bacterium or its DNA

Differential diagnosis: Malaria, enteric fever, rickettsiosis, dengue

Prevention: Personal protective equipment, hygiene measures, doxycycline

Treatment: Doxycycline, penicillin, ceftriaxone

Prognosis: Risk of death ~7.5%

Frequency: One million people per year

Deaths: 58,900 per year

Conjunctival suffusion (red conjunctiva) together with jaundice is a specific feature of leptospirosis.

Leptospira magnified 200-fold with a dark-field microscope





KPBS Events



Music, Outdoor Concerts, Latin, Animals, Family, Arts, KPBS Arts Calendar

Viva La Música at SeaWorld San Diego

Wednesday, May 15, 2024 at 6 PM

Ongoing until May 19, 2024

SeaWorld San Diego

All concerts* are included with guest admission



Music, Jazz, Dance Performances, Arts, KPBS Arts Calendar, Editor's Picks

La Jolla Music Society Presents: Ballets Jazz Montréal

Wednesday, May 15, 2024 at 7:30 PM

San Diego Civic Theatre

\$23.50+



Sports, Health & Wellness

SANDAG Bike Anywhere Day

Thursday, May 16, 2024 from 7 AM to 10 AM

Multiple locations

Free



CULTIVATE FLAVOR
Growing your own herbs and spices

NAN STERMAN

Gardening, Food, Lectures & Classes, Virtual

Cultivate Flavor: Growing Your Own Herbs and Spices with Nan Sterman

Thursday, May 16, 2024 from 7 PM to 8:30 PM

Virtual

\$20



Charity, Family, Outdoors, Sports

Generations On The Move 5K Walk/run For Scholarships

Saturday, May 18, 2024 from 8 AM to 11 AM

Lake Murray Trail Head

\$25.00



Festivals, Music, Outdoor Concerts, Family, Food, Animals

El Cajon Foodie Fest at America on Main Street

Saturday, May 18, 2024 from 3:30 PM to 6:30 PM

Downtown El Cajon

Free - \$25



Outdoor Concerts, Music, Festivals, Family

A Day at the Park: Pepper Park, A Port Experiences Series

Saturday, May 18, 2024 from 12 PM to 5 PM

Pepper Park

Free



Music, Tribute

Material Girls: Tribute to Madonna, Cher, Lady Gaga and Adele

Saturday, May 18, 2024 at 7:30 PM

Poway Center for the Performing Arts

\$45 to \$65

Wednesday, May 15, 2024

Marvin St & Winlow St., San Diego, CA 92105



Wednesday, May 15, 2024

Home: Fortnite Lilies





...ada, shrimp, Guacamole,
sour cream & cheese
CARNE ASADA CHIPS
Beans, sour cream, guacamole and cheese.
CHIPS WITH GUACAMOLE

18.29
17.00
8.75

EXTRAS

GUACAMOLE
BEANS or RICE
CHEESE
SOUR CREAM

3.50
2.50
1.00
2.30
2.30



ALL SALES PLUS TAX. PRICES SUBJECT TO CHANGE WITHOUT NOTICE


**CLOSED CIRCUIT
TELEVISION
AND
AUDIO MONITORING
ON PREMISES**





LITTLE FREE LIBRARY



Take a book
Leave a book





Latest inflation figures are good news – even if they give a lot of people heartburn

Christopher Decker, University of Nebraska Omaha



Join us Thursday for a discussion of toxic stress and what to do about it

Register

Lawson Wulsin, University of Cincinnati in discussion with Amanda Mascarelli, The Conversation

1. The good news: Overall, people are satisfied at work **2. The bad news: Employees are not engaged**
3. Seeking work with a purpose is a noble and understandable goal
4. It is also understandable to care about money **5. It is rare, but not impossible, to find meaningful work that pays.**

5 thoughts for new college grads seeking to find the right balance between meaningful work and making money

Christopher Wong Michaelson, University of St. Thomas and Jennifer Tosti-Kharas, Babson College



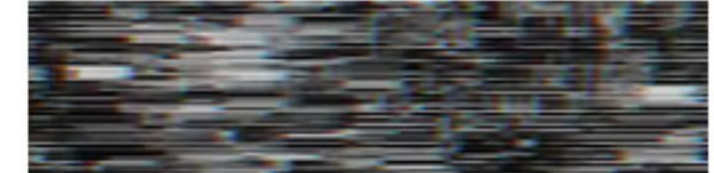
It's OK to mow in May – the best way to help pollinators is by adding native plants

Christina Grozinger, Penn State and Harland Patch, Penn State



Florence Nightingale overcame the limits set on proper Victorian women – and brought modern science and statistics to nursing

Melissa Pritchard, Arizona State University



'Noise' in the machine: Human differences in judgment lead to problems for AI

Mayank Kejriwal, University of Southern California



Term limits aren't the answer

Charlie Hunt, Boise State University



[An obscure provision of Ohio law could keep Biden off the ballot there in November](#)

Jonathan Entin, Case Western Reserve University



Wars cause widespread pollution and environmental damage – here's how to address it in peace accords

Richard Marcantonio, University of Notre Dame and Josefina Echavarria Alvarez, University of Notre Dame

Interior Dept staffer becomes first Jewish Biden appointee to publicly resign over war in Gaza

BY ELLEN KNICKMEYER

Updated 11:45 AM PDT, May 15, 2024

WASHINGTON (AP) — An Interior Department staffer on Wednesday became the first Jewish political appointee to publicly resign in protest of U.S. support for Israel’s war in Gaza.

Lily Greenberg Call, a special assistant to the chief of staff in the Interior Department, accused President Joe Biden of using Jews to justify U.S. policy in the conflict.

Call had worked for the presidential campaigns of both Biden and Vice President Kamala Harris, and was a longtime activist and advocate for Israel in Washington and elsewhere before joining the government.

She is at least the fifth mid- or senior-level administration staffer to make public their resignation in protest of the Biden administration’s military and diplomatic support of the now seven-month Israeli war against Hamas. She is the second political appointee to do so, after an Education Department official of Palestinian heritage resigned in January.

Her resignation letter described her excitement at joining an administration that she believed shared much of her vision for the country. “However, I can no longer in good conscience continue to represent this administration,” she wrote.



Lily Greenberg Call is resigning from the Interior Department to protest President Biden's support for Israel's military campaign in Gaza. (Courtesy of Lily Greenberg Call)

Lily Nikole Greenberg Call

<https://igs.berkeley.edu/people/lily-nikole-greenberg-call>

Placement: DCCC and Amnesty International

Major: Political Science

Lily is a third-year Political Science major and Public Policy minor. She grew up in San Diego and has worked on campaigns in the United States, most notably Hillary for America, as well as refugee work abroad. Lily is passionate about humanitarian relief and its intersection with law and foreign policy. During the spring 2018 term at UCDC, she will be conducting research on International Policy.



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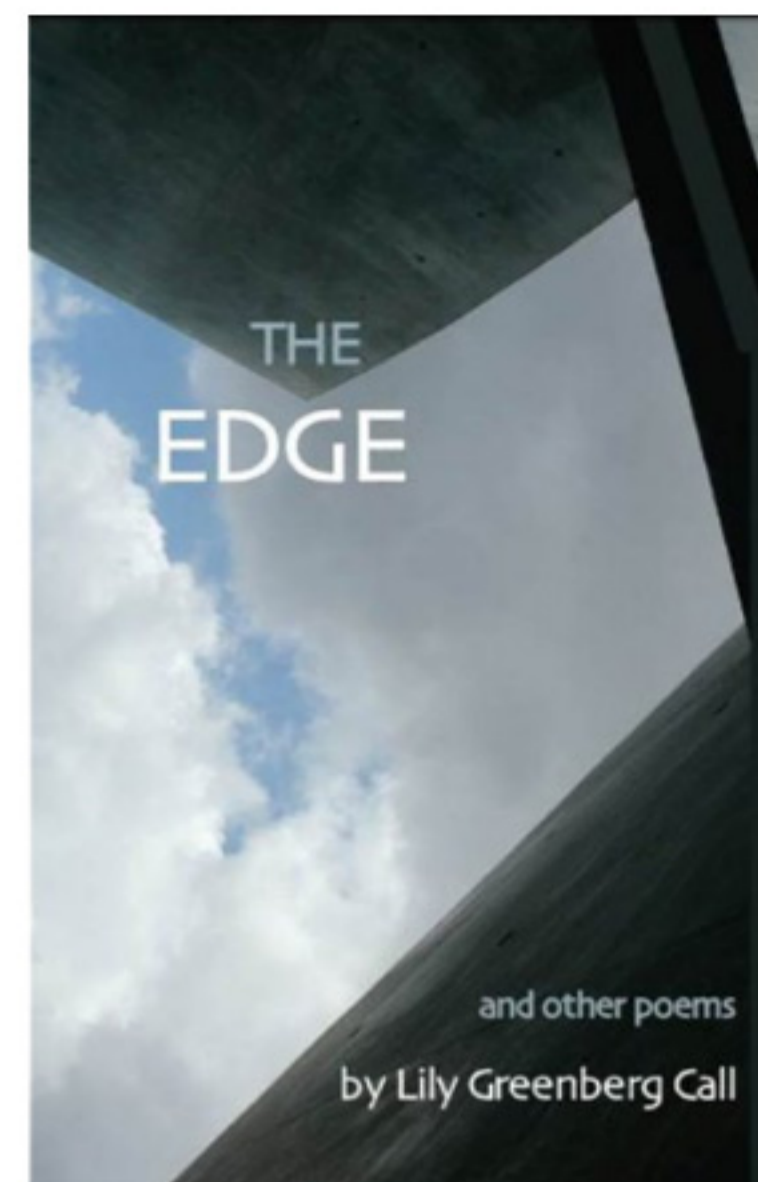
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The Edge and Other Poems

Lily Greenberg Call

Tebot Bach, 2010 - Poetry - 83 pages

<https://www.amazon.com/Edge-Lily-Greenberg-Call/dp/1893670597>

On the edge, Lily totters. She knows there are mysteries to uncover in her future, yet she is equally enthralled with her familial, though unfamiliar, past. Her imagination inhabits mermaids and moon people. She confides that my Lily is too fast for me. For those of us on the other side of the edge, we can only delight.-- Rabbi Shai Cherry.

Lily Greenberg Call is already exhibiting remarkable literary talents at a very young age. She has won several poetry contests sponsored by the Laguna Beach Library and was also one of the featured poets for National Poetry Month in Orange County, CA. She has a lively imagination and a very bright future.--John Gardiner, Poet and Gifted Students Academy, U. of CA, Irvine, Instructor

About the Author

Lily Greenberg Call is twelve years old. She placed first in the Laguna Beach Library Poetry Contest for eight consecutive years. In first grade, Lily won first place in the Capistrano district-wide Reflections contest for her poem and multi-media artwork entitled: "If the Statue of Liberty were a Person."